ourna

me VII, No. 25

Thursday, February 18, 1993

Newsline

deral budget discussion

ablicis invited to a discussion of the "Common ederal budget proposal, as well as a run-down ederal budget proposal, as well as a run-down eders for civilian uses of local military instead of the El Cerrito atic Club on Tuesday, Feb. 23, at 7:30 p.m. rogram will be held at Castro Park Clubhouse, well St. El Cerrito. Two speakers will present was of the proposal: Betty Brown, an ECDC and board member of Northern California freeze, will outline provisions of the "Common of the Common of th

unty buys the paint

ond and San Pablo Graffiti Art and oject has scheduled a graffiti clean-up nd March 27 for the West County area. County is donating 500 gallons of to the project and prizes will be awarded ost volunteers and groups who

es of Supervisor Tom Powers' office, fixed the effort, says local businesses contacted to gauge their interest in

fonth. A committee of community leaders with schools, police departments, and develop the arts during West County's e Family."

ry stand-by reduced

obligations from two weeks to one he first of this month, the court is on Week jury service program.

sly were required to be on stand-by

eviously were required to be on stand-by to weeks. Under the new system, jurors for instructions on whether to report for one week or for the duration of just one ver comes first.

cials say the shorter obligation should es: the court, jurors who have job and digations and employers who must reprize for jury duty.

publican dinner

kensington-El Cerrito Congress of Republisponsoring a dinner on Friday, Feb. 19, at 's restaurant, 1919 Fourth St., Berkeley. The state of the State of California Department Estate. He will be speaking about his job and this responsibilities.

The state of California Department Estate. He will be speaking about his job and this responsibilities.

The state of California by Governor Wilson in May

public is invited to attend. Dinner reservations allable through Betty Sandifur at 526-0940. stis \$14 per person. Social hour begins at 6:30 ad dinner will be served at 7:30 p.m.

eschool open house

El Cerrito Preschool and Daycare Co-Op will is annual open house on Saturday, March 27 10a.m. to 2 p.m. to give prospective members an within to visit the school and sign up for summer

school is located at 7200 Moeser Lane, El

publican luncheon

nsington Area Republican Women's Club their monthly meeting at the Mire Vista untry Club (end of Cutting Boulevard) on

hour will be at noon and luncheon will be

Vations with a check for \$9 (made out to can be made by calling 232-5301.

speaker will be Larry Kummer of Praxis Inc. speak of the effect of the Clinton Administra-

man relations discussion

ablic meeting "Can We All Get Along — Nine
after the Rodney King Trial" will be held on
Feb. 26, at 8 p.m., at the Eastbay Free Methlurch, 5395 Potrero Ave., El Cerrito.
Soored by CARP of the Contra Costa Japanese
an Citizens League, the workshop will focus
activities to improve human relations.

"Ited will be Barbara Davis of the St. Peter
hurch and the West El Cerrito Neighborhood
the Lee Mun Wah, special education teacher:

Lee Mun Wah, special education teacher; had Anderson, the dean's representative at derson, a close associate of Dr. Martin Luther

u liyama is meeting chairperson

Political sign vandalism prompts citywide anger

EL CERRITO - In what some are call-EL CERRITO — In what some are calling the St. Valentine's Day Sign Massacre, someone went all over town late Saturday night or early Sunday morning spraying black paint on signs posted in favor of El Cerrito ballot measures H, J, K and L. Words on the signs, including the dominant Yes, were carefully sprayed over in what appeared to be an intentional defacing of the message. The word No was substituted.

Detective Sean Maples of the El Cerrito
PD said that while he does not know who
was responsible for the defacing, the work
on the signs was not typical of teenage

- 1000

own conclusions.

"These signs represent over 100 hours of volunteerlabor," said Chuck Lewis, who chaired the committee to erect the signs on behalf of Friends of El Cerrito. "To destroy them like this is an act of political terrorism amounting to criminal syndicalism, a felony under state law."

Rich Bartke was a member of the committee that made and distributed the signs originally. Sunday, he helped to take down the worst of the signs within an hour after receiving calls about them.

"We took them down and repaired them; they're ready to go back out again," Bartke said. But he added that the committee had

See VANDALISM, page 12



Sign vandalism looks political to many

Superstores vie for redevelopment space

Bv Dawn Frasieur

EL CERRITO — The El Cerrito Redevelopment Agency, at a joint meeting of the agency and the City Council Tuesday night, directed staff to pursue active negotiations with the owner of the old Pay'n Pak lot to bring a Food-4-Less store to El Cerrito. The store would be an anchor for a small shopping center that will likely include a Long's Drug Store and a Ross store.

'But the decision to negotiate with McMorgan and Company, which manages the parcel, and the Pacific Development Group, which would develop the entire redevelopment target area, wasn't made with a lot of enthusiasm by the council members.

That decision followed presentations by the current property owner and developer and two other major concerns interested in developing redevelopment target areas 3 and 5. EL CERRITO - The El Cerrito Redevel-

5.
The council heard proposals from both K-Mart and Smith's Food and Drug Centers.
Jim Rabe spoke for K-Mart. He told the council that the K-Mart corporation had already studied the site and that the corporation's management had already signed off on the construction of a superstore at the site. He said the site offered sufficient land area for parking and the 163,000 square foot building, freeway visibility and excel-

lent access from San Pablo Avenue.

Rabe urged the agency to consider K-Mart for the site, promising numerous employment opportunities for city residents and large tax revenues.

"Dealing with a major corporate tenant reduces risk to the city," he said, after noting that K-Mart is the second larg-

'This is not what I want to see in the long run in El Cerrito'

-NORMAN LA FORCE

service grocery and full-service merchandise section, he said.

Smith's is a Salt Lake City-based chain, with stores established in eight western states since the 1940s. Hooper Knowlton told agency members that the chain now operates 119 super stores and is one of the fastest-growing food and drug centers in the U.S.

"You have wrestled with this particular site for a number of years," he said, noting

See REDEVELOPMENT, page 12

East Bay ReLeaf falls to continued funding cuts

By Dawn Frasieur

EL CERRITO — The Regional Institute

EL CERRITO — The Regional Institute of the Bay Area will no longer serve as the parent of the East Bay ReLeaf project.

County supervisor Tom Powers, chairman of the board for TRIBA, said that financial reasons were the basis of the decision to let East Bay Releaf go as a project.

It was in 1989, he said, that TRIBA was formed as a non-profit corporation to promote issues of regional significance. Since that time, he said, regional rail use, the East Bay Releaf project, and white papers on issues of regional planning and governance have been the focus of the corporation.

"We undertook East Bay ReLeaf as a funded activity in 1989," said Powers. "It had previously been run by volunteers; now it's going back to (being) a compilation of volunteers, primarily because the funding is running out."

Powers said that the administrative costs of the group had been supported by private donations and were not affected by this year's state revenue cutbacks to county programs. Most of the tree planting programs undertaken, he said, were funded by monies from the Department of Forestry or Cal Trans. Neither, said Powers, provided enough money to supply a full-time employee.

The move puts Kara Goldhammer, head coordinator of the group, out of a job as well as accounting and grant-writing staff personnel. (Powers said about 1-3/4 people were part of the paid staff.) Goldhammer was hired on a part-time basis last year by the city of El Cerrito to help coordinate the city's replanting efforts.

Resident Steve Price, an arborist and active volunteer in El Cerrito's tree-planting efforts, said that East Bay ReLeaf has helped the city in several ways.

The writing of the original tree-funding grant two years ago was a joint project of the city, the organization and volunteers, he said. That effort resulted in a grant designed to mitigate transportation projects.

At that time, he said, the state granted the city funding to plant trees to mitigate increased pollution expected from a multilevel parking garage erected at the El Cerrito Del Norte BART station.

Goldhammer was responsible for recruiting and organizing volunteers for that project, said Price, adding that East Bay ReLeaf also served as the fiscal agent for the city's Santa Fe Greenway newsletter.

According to Powers, nearly 2,000 individuals have been interested in East Bay ReLeaf, making the decision to let the project go a difficult one for the board.

"The Regional Institute founded EBR in 1989, and since that time the project has succeeded in a number of tree planting and care programs, school projects and community activities," he said. "Most importantly, EBR has fostered a partnership between cities, non-profits and individuals to promote urban forestry in the East Bay."

Various groups in the East Bay have expressed an interest in managing the project, Powers said, adding that the institute has volunteer lists available for the project.

In the meantime, he said, volunteer Tom Pherson has offered to coordinate volunteers as interest is expressed, setting up a phone line and keeping material resources available.

AC at-large director likes hands-on-style

Following a sewer repair and street-paving project near Sonoma Avenue in Albany, the city seemed undecided about which style of sign would be "the one" to best complement the area's improved look. Several intersections sported double IDs.

The next time you're riding an AC Transit bus, don't be surprised if new director-at-large Tim Sasaki introduces himself and asks your

Double take

new director-at-large Tim Sasaki introduces himself and asks your opinion of things. He intends to be a very hands-on director.

"We're making decisions that are going to affect transit services" says the 42-year-old Sasaki. "So I want to make sure that I don't get too removed from the ramifications of the decisions I'm going to make."

Sasaki got interested in the director's position, made vacant by now-BART director Roy Nakadagawa, while working with his neighborhood watch and Temescal Neighbors Together groups. A precinct captain in the Clinton campaign, he viewed the position as an excellent opportunity to continue with public service.

Sasaki's a cameraman in the film and video industry, with major credits like Midnight Run and Ghostbusters 2. He openly admits, however, it's a big jump from his field to overseeing the policy of a two-county transit system. To com-

plicate things, he takes on the unenviable task of being the swing vote for a board frequently deadlocked in acrimonious debate.

"We have a polarized board," says director Alice Creason. "The new member is being asked to come in and play Solomon. Asking him to choose sides is difficult."

"My selection and the election of the new board president brought out the schism on the board," says Sasaki. "It's transmitted from the past. We want to put that behind us.

Sasaki. "It's transmitted from the past. We want to put that behind us. If we're gong to have conflicts, I think they should be over policy. Anything else I think is really detrimental to our performance."

But the election of director Michael Winter as new board president has left him waxing optimistic about their future.

"It's up to him to really make the effort and unify the board," says Sasaki. "And as of yesterday's meeting, I think he and the other board members did an excellent job. Everyone is going to have to take a step forward to find some

See AC TRANSIT, page 12

Another lost evening goes down the tube

THE DEPRESSANT OF THE week was a survey showing Americans spend 10 years of their lives watching television. Two of those years go down the tube watching commercials. We've fallen and we can't get up.

How about that pitiful woman who provided David Letterman and the guys with endless "I've fallen and I can't get up" jokes in the infomercial that seemed to last two years all by itself? She's still lying there. Turns out the call-for-help gadget hanging around her neck was grossly overpriced and didn't work. Or so said the judge.

MY CAT FRANK AND I hold a life precept: Absolutely anything you do yourself, including fighting on the garage roof or sleeping at a Planning Commission meeting, is time spent better than watching television. Absolutely anything. Well, yes, but. Precept or no, every day something clicks in our weak brains. I put down the biography of Edgar Allan Poe, Frank quits the porch where he imitates a lion in front of the British Museum and, like sleepwalkers on the edge of a precipice, we take up the remote to monitor the least offensive flashing lights.

OK, THIS WEEK WASN'T A total loss. People who have been wrestling with the enormous financial problems of the Richmond School District must have gotten a thrill seeing their former pal, former superintendent Walter Marks, on MacNeil Lehrer. The old smoothie hustled off to Kansas City two years ago leaving, many aver, a hole too deep to fill.

Everything's up to date in Kansas City now that Walter's there.

He's spent one billion dollars, so far, on 57 of his "magnet" schools, one for dancing, one for classical Greek studies, one for Montessori, etc., built three theaters, an Olympic swimming pool and a lot of beautiful rooms. He spends, they said, \$3 million a year on secretaries, \$900,000 on public relations and

A judge ordered the schools to be racially integrated but, in spite of Walter's KC spree, the student body is still overwhelmingly black. But it's too late to do anything, one Marks critic said. "The bug is out of the bottle."

"A lot of the criticism will disappear when the magnets are up and running," said Marks.

Does that have a familiar ring or what? RUSD operience suggests, if they but knew it, Kansas City

As a long-time resident of El Cerrito, I urge my fellow citizens to vote Yes on all four city ballot

fellow citizens to vote Yes on all four city ballot measures March 2.

Measure K authorizes \$1.3 million in general obligation bonds to replace the 43-year-old fire station on Arlington Boulevard. The living quarters are obsolete. The concrete foundation cannot support today's 19-ton fire trucks. The wiring and plumbing are shot. Two larger bays are needed to house equipment. At \$.011/\$100 assessed value, two thirds of the homeowners will pay less than \$10 per year. It's worth it.

homeowners will pay less than \$10 per year. It's worth it.

Measure L authorizes \$1.6 million in G.O. bonds to renovate the 32-year-old public safety building on San Pablo Avenue. We need adequate restrooms for female employees. We must comply with the Americans with Disabilities Act. Asbestos must be removed. The building must be updated to current seismic standards to be functional in an earthquake. Roof and structural replacements are necessary. The inefficient heating and ventilating system is worn out. At \$.0136/\$100 A.V., two-thirds of the homeowners will pay less than \$14 per year. It's worth it.

Measure J authorizes \$6.3 million in revenue bonds to rebuild the city's deteriorated storm drain system. Little or no major work has been done on some of the system since 1917. Lawsuits from property damage caused by collapsing storm drains are eating our lunch. Today's buzzword is "infrastructure." Let's get started here in El Cerrito. The cost is \$58 per year for a single family home. It's worth it.

Measure H authorizes a special tax to enhance fire protection and prevention services. It will provide money to replace our aging fire engines. It will fund

protection and prevention services. It will provide money to replace our aging fire engines. It will fund a wildfire hazard abatement program to minimize danger of a disaster like the one in 1991. It will restore

Letters

We need the money



By Phyllis Lyon

may have gone about as far as they can go

ANTI-DEPRESSANT OF THE week was the 25th anniversary of Rowan and Martin's Laugh In. The Farkel Family, the robot family, Lily Tomlin's vulgar, tasteful woman and the rest seemed funny as ever.

Seeing Sammy Davis and John Wayne and Peter Sellers and Dan Rowan looking so good reminded me of myself 25 years ago and the remarkable fact that I'm still here in 1993 looking and laughing.

Oh, Richard Nixon in your heyday, if you'd only known then what you know now when you said, "Sock it to me." How about the News of the Future: "1989, the Berlin Wall was torn down ..."?

My personal favorite Laugh In future news item, the one that in 1968 had me rolling around on the floor guffawing, was "1988, President Ronald Reagan ..."

week, the tale of FBI-man Hoover in a red dress comes way too late. Nannygate pales beside The Jedgar and Clyde Story. Where was the National Enquirer when we needed it?

According to Channel 9's thing about the Renaissance, in 1616 the Grand Inquisitor let Galileo off if he promised to say the sun might be at the center of the revolving planets, maybe, maybe not. Just a theory, not a fact. Something there reminded me of Charles Darwin and then Bill Honig, who is going to jail.

Flipping to another channel, the woman stranded on the floor pushing a worthless button came to mind again when a talking head said the upside of the increasing suicide rate among the elderly is that it reduces health care costs.

JUST BEFORE THE SCREEN went black on the teevee of the week, I heard that "somewhere around the Admiralty Islands there are one-and-a-half black bears per acre." So I shuffled off to bed to dream of half-a-bear gaily frisking wherever the Admiralty Islands are.

two firefighter positions eliminated this year to balance the budget. These positions are needed since medical emergencies alone have quadrupled in the last decade. The proposed tax runs for only four years. It cannot be extended without a two-thirds vote of the people. The cost is \$57 per year for a single family home. It's worth it.

These measures are needed because the state slashed Prop 134 "bailout" assistance to the city in half this year and will eliminate the remainder next year. For the first time we must live with the real effect of Prop 13.

Inst time we must he with the real circuit of Fig. 18.

In former days the city may have funded the above expenses out of general revenue, but no more. This is not a shell game. To provide these urgently needed capital improvements and fire protection services, vote

The Journal received a copy of this letter sent to bany Mayor Cain, City Council members and Albany

I am concerned about the proposed curfew (final vote Tuesday, Feb. 16). I hope you will vote against this curfew and will, instead, vote that there be no curfew in Albany.

this currew and with instead, the currew in Albany.

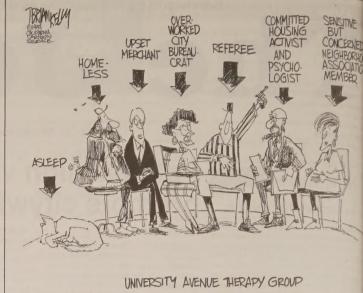
If people of any age are doing wrong, there are already laws enough to stop them. Albany is a small town. I don't understand why it is not possible in such an environment to establish positive relationships between our police and our youth. PALS or other efforts where police and youths can come together, seem to me much healthier than currew laws that pit police against

My primary concern is that curfews can be used to allow police officers to stop young people of color specifically. I have heard many stories from friends I

See LETTERS, page 12

n March 2

Avoid discrimination



Police Reports

Burglar prowls through 12 professional office

By Dawn Frasieur

ALBANY - Several commer-

ALBAN1 — Several commercial burglaries were reported.

Someone broke into a professional building in the 400 block of Evelyn during the night of Feb. 8, then cheated the locks on 12 different office doors. The burglar(s) searched the offices, taking numerous items merous items.

merous items.
The same night, someone made a forced entry into I Love Ice Cream. Miscellaneous items were reported

At Mason McDuffie the next night, a burglar opened the door, conducted a prowl of the premises, disconnected the FAX machine and

e An Oakland resident turned

An Oakland resident turned himself into the police Feb. 10 in connection with the robbery of the Mechanics Bank.
 A woman reported that when she was in the 800 block of Curtis on the afternoon of Dec. 12, a man approached her from behind, then grabbed her purse. The thief was described as a black male adult in his 30s between five footseeven.

described as a black male adult in his 30s, between five-foot-seven and six-feet, wearing dark clothing. The suspect vehicle was an American-made, dark blue car.

• Three residential burglaries were reported. In the 600 block of Kains Avenue, a burglar opened a partially-opened window, conducted a messy prowl in the home, then took a television, an answering machine, a telephone, and three lamps. The incident occurred Feb.

The burglar who entered a

The burglar who entered another home through a window (after breaking the screen) dumped a purse on the sofa but left without stealing anything.

On the afternoon of Feb. 13, someone conducted a messy prowl of a car after entering a private garage in the 1200 block of Solano. The thief then removed a garage door opener, fleeing with it.

• After someone reported a suspicious character at Zarri's Deli on the morning of Dec. 12, the responding officer found that the man had outstanding warrants from the UCPD. The suspect was booked at the Albany PD.

• There were two auto burglar-

• There were two auto burglar-

• There were two auto burglaries reported.

A jacket was taken from a vehicle in the 900 block of Hillside during the night of Feb. 8. The next night, someone broke a vehicle window in the 900 block of San Pablo Avenue, entered the car and took \$3 in currency, a flash lite, and miscellaneous items.

Someone attempted entry into

Someone attempted entry into a vehicle in the 900 block of Peralta

avenice in the 900 block of Peralia during the daytime on Feb. 11 but was unsuccessful.

• A car was reported vandalized in a security parking garage in the 500 block of Pierce Street.

Someone punctured a tire, inserting a screw in it.

Non-injury vehicle accidents
were reported on Marin and Santa
Fe (two Albany women), Solano
and Evelyn (a Richmond woman

and a Berkeley woman), and Brighton (an Alba and a Concord man), Cle Buchanan (a Berkeley w Berkeley PD officer), Dar San Pablo Avenue (ar woman and an Albanyw at Key Route and (Kensington and Sono a bike collided with a by a Berkeley resident.

by a Berkeley resident.
no injury reported.
On Feb. 9, a drivery

of the the stopped for violation on an outstan warrant from the Alams Sheriff's Office. That is curred at 10:35 a.m. At that night, a Hercules warrested on a warrant from Costa County Sheriff's \$3,500; the Richmond

in the car. ...
The officer had resp suspicious vehicle parkeda end of Buchanan Street.

end of Buchanan Street.

An Oakland resident with Feb. 11 after he was stop officer for a vehicle viol was found to have an Oa warrant. Another Oakland arrested the next afternoon cutstanding. warrants

outstanding warrants
Oakland PD and the
County Sheriff's Office.

Albany officers as
zens with four vehicle le
two instances, small chi
locked in the cars.

Two knife-wielding males get Subway store ca

By Dawn Frasieur

EL CERRITO - Two males pects robbed Subway at 9:10 p.m., on Feb. 5. The suspects brandished a knife at the employee and stole cash from the register.

Someone took cash from the business office of St. Jerome's Church during the daytime on Jan.

A teacher at Portola Junior
High reported Feb. 2 that she had
been hit above her eye by a metal
screw thrown by a student.
 Safeway reported the receipt
of a \$20 counterfeit bill. Several of
the bills have been received by local businesses in recent weeks.

 Attempted residential bus-

• Attempted residential burglaries were reported in the 2000 block of Tamalpais Avenue and the 3200 block of Belmont Avenue. In the first instance, the burglar attempted unsuccessfully to kick in the front door of the home on Jan. damage repair is estimated at \$500.

In the second case, the burglar cut off the garage padlock at about 4:10 a.m. on Feb. 6 but was scared

off by the resident of the home.

On the afternoon of Feb. 4, a burglar entered the rear door of a home in the 7600 block of Stockton

home in the 7600 block of Stockton
Avenue, then removed two bikes.
A second suspect stood lookout,
then both departed on the two bikes.

Locks were cut on three Examiner machines during the night
of Jan. 29. Cash was taken from
machines at El Cerrito Plaza, and
the 10600 and 11700 blocks of San
Pablo Avenue

Pablo Avenue.

• Two vehicles were reported stolen: a 1986 Toyota pickup from

the 7100 block of C Street at 12:31 a.m. on Feb. 3 and a 1989 Ford Mustang from the 1700 block of Liberty Street during the daytime on Feb. 5.

• Two property thefts from vehicles were reported on the 700 block of Balra Drive during the night of Feb. 6. In one case, the car was ransacked, and coins were stolen. In the other case, maps, tools and shoes were taken.

Someone entered a vehicle in the 1700 block of Ganges Avenue during the night of Dec. 31, taking miscellaneous property from the vehicle. • Two property thefts from v

During the night of Feb. 6, someone took an ATM card and one dollar's worth of coins from a car in the 7200 block of Blake

Street.

Acts of vehicle vandalism were reported on the 800 block of Lexington Avenue between Feb. 3 and 5 (scratches on the car), on the 3400 block of Santa Clara Avenue on Feb. 7 (smashed window) and on the 6500 block of Moeser

and on the 6500 block of Moeser
Lane on Feb. 8 (kicked by a group
of vandals).

• A purse was taken from a
shopping cart at Lucky Store, San
Pablo Avenue on the evening of

Jan. 24; someone took awa a counter at Capwell's while per was making a purchase evening of Feb. 6.

Two juveniles were

for grabbing a purse from the an 83-year-old El Cerritow an 83-year-old El Cerritow the BART path south of M Feb. 10

violations. At 3:35 a.m. Feb. 7, a dri

At 3:35 a.m. Feb. /, aum found with a loaded, of handgun when he was sto State Avenue and South 49 in Richmond.
A driver stopped on the noon of Feb. 4 at South 5 Potrero was found to be in

sion of a controlled substa a man who gave a false date of birth to the offic Pablo and Manila on F found to have four ou

Two Richmond residents

Two Richmond loss
 There were four a driving without a license driving with a suspender and three for driving under

Six cars were tagged at

Suspected "Hemingway robber" in custo

Oakland police say a man suspected of committing 12 bank robberies in December and January turned himself in last Friday.

Known to investigators as "Hemingway" because of the literate and lengthy notes he handed to tellers, Melvin Wickware, 26, confessed the eight of the robberies confessed to eight of the robberies after an anonymous tip led police

to a mug photo, said Sgt. with the Oakland Police

Although Wickware ad eight heists, officials beli linked to 12, some in Albai Wickware earned his I

among the officers for the o paragraphs

The Journal

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Editorial Office: (510) 236-9243

Display Advertising: (510) 339-4030, Classified Advertising: (510) 339-8777, Circulation: (510) 339-4040

Home delivery subscriptions are available for \$20/year.

AUSD file

leet the Albany Unified School District board

Albany Unified School
s Board of Education
le second and fourth
of the month. For the
school year, this means then meeting since July d they will finish June and what will they have this time? A lot. ng this time? A lot.
nost recent meeting was
fier a closed session, they
the Cornell School
at a few minutes past the
ltime of 7:30 p.m.
individual desks, pushed
form a semi-circle. outward, so that any f the audience could

board is comprised have been elected by nity. The fifth and nber, Robert Meyer, nember, Robert Meyer,
ntly selected by the
pard to replace the late
orley. The five voting
s are joined by two student
latives from the high
triel Myers and Gary

something as simple as a donation to the erintendent, and

manager.
All of these people sit at the front of the room, identified by name plaques in front of them, an politely conduct a private meeting

politely conduct a private meeting in public.

Their faces are turned to the front, but their conversation is among themselves. Going to a school board meeting is like going to a play; and speaking at these meetings is almost like interrupting the actors. interrupting the actors — it's allowed, but with no warmth or

This meeting was unusual, though, because instead of an audience of two, they had a crowd audience of two, they had a crowd of nine. Besides the core two, the president of the Albany Teacher's Association, David De Hart, and myself, an Albany parent. There were four Albany parent. There were four Albany parent. There were four Albany parents, one Albany High teacher, and two Albany parents.

A quick glance at the agenda made it clear why most of these people were there:

Larry Hughes, the principal of the Albany Adult School, was there to ask for a raise for his teachers. He got it.

Craig Boyan, the principal of Cornell School, was there to give an overview of the new California Assessment Program, commonly known as CAP scores. The other principals were there to listen to Mr. Boyan.

The Albany High School teacher, Fred Brill, was required to

teacher, Fred Brill, was required to attend one school board meeting as part of a course he was taking. The parents were there to listen to

Down to Business

Highlights of the Feb. 9 were: The California Assessment Program, the adopting of Sexual

Harassment Policies, BP4021 and BP5611, and a statement read by David De Hart. The California Assessment

The California Assessment
Program is used to assess students
in school districts all over the
state. Tests are sent to Sacramento
to be scored, and the scores are
published for all to see.
Controversy over these tests as
being inaccurate reflections of
student progress has led to current
experiments in other ways of

experiments in other ways of

Last spring, fifth, eighth and tenth grade classes in Albany schools piloted a science investigation. This spring, there will be no traditional CAP testing, but instead "Component One" of what is known as "California's Emerging student Assessment System." This testing, which will take place the last three weeks of April and the first week of May, will include integrated English and Language Arts, multiple choice questions and open-ended problems.

duestions and open-ended problems.

Grades 4, 8 and 10 will participate, and there will be no individual scores. How these tests will ultimately be constructed and graded has yet to be decided. But the research is going on now.

The board policies on sexual harassment had their second readings at this meeting. Some changes had been made and the Policies were passed without much discussion. A parent asked the distinction between a policy and a regulation. A regulation is the rule, the policy is the belief. The policy must be passed by the school board, but the regulation, which governs the policy, is decided by the superintendent.

The Sexual Harassment Regulation for the district has not been completed yet. Copies of the

Regulation for the district has not been completed yet. Copies of the policy are available at the district

See AUSD, page 9

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CLASSES

Our Winter classes are now in full swing. Come in and check out the class samples on display in the front of New Pieces and don't miss the quilt show by the *Quilt Explorations* group from Colorado, up through February.

El Cerrito Newsline

Plenty of info found in city's Recreation brochure

By Beth Bartke

Within a week, residents of El Cerrito, Kensington and the Richmond Annex will be receiving El Cerrito's Recreation Brochure. While the main focus of the brochure is the classes and programs offered through our Recreation Division, there are many other pages you'll want to read!

The brochure opens with a frank letter from our City Council regarding the challenges our city is currently facing. Information about the measures on the March 2 ballot is also included so we may vote intelligently. There is also news from other city departments including Police,

F i r c ,
Redevelopment

including Police,
Fire,
Redevelopment,
Engineering,
Recycling, and
Senior Services.
Residents of El
Cerrito will want to
keep their copy of the brochure as a reminder of the
Spring Cleanup provided by East Bay Sanitary
Service. This year the dates will be Saturday, May 1,
through Saturday, May 8. The brochure gives the
date for each area of El Cerrito, as well as a guide to
preparing materials to be picked up.
As spring and summer approach, our Recreation
staff is gearing up for new classes and programs for
every age and interest. New and exciting program
titles include: Step Aerobics, Funk Fitness,

Computers for Kids, Wearable Art, Weekend Baseball, and Soccer Clinics, and Self-Defense. If you do not regularly receive a El Cerrito Recreation Brochure, you may pick one up at the Community Center on Moeser Lane or at City Hall.

The Buddy Club

A special program for families, the Buddy Club, is now being held each Sunday morning at the Community Center. Boys and girls will enjoy singers, clowns, jugglers, magicians, storytellers and other great entertainment on Sunday at 11 a.m. in the Center's Social Hall. Parents are welcome too! The cost is \$5 per person (under 2 years — free). Children's birthday parties can also be arranged by calling (415) 431-3965.

Pasta Dinner Fundraiser

During the past year, the Recreation Division has had to make cuts in its programs in an effort to be self-supporting. Our staff would like to continue to provide the quality programs and facilities that we have offered in the past.

To help achieve that goal, we are planning a pasta dinner fundament.

dinner fundraiser.

The dinner will be held on Friday, March 26, 5:30 p.m. to 8:30 p.m. at the Community Center, 7007 Moeser Lane.

Tickets are \$6 in advance, or \$8 at the door and are available at the Community Center. Plan to bring your whole family for this special community event. For more information, call the Community Center at

EBMUD will reconsider rationing plan next week

East Bay Municipal Utility Dis-East Bay Municipal Utility District directors have set up a process which could end the district's 15 percent mandatory rationing program for its 1.2 million customers in Alameda and Contra Costa counties as early as April 1.

Directors decided last week that at their meeting next week they will set a public hearing for early March at which they will discuss ending the rationing program because of the heavy rain and snow

NEW PIECES

- Carlberg Jones

this winter.

EBMUD spokesman Gayle Montgomery said staff members gave directors a report which said that even if there isn't any more rain the rest of the winter the district would have close to a normal year of precipitation.

Montgomery said that according to the report, if there is normal precipitation the rest of the winter, the district's total precipitation for the year would be "quite a bit above normal."

He said there have been 42 inches of precipitation already this winter in the Mokelumne River basin, which provides EBMUD's water supply, and 48 inches is the normal total for the entire winter.

Recycling guide out

Nearly 40 percent of the municipal waste stream, and well over 60 percent of all office waste, is an item that can easily be recycled —

paper.

Many companies, large and small, have discovered the benefits of recycling office paper.

To aid in that effort, The Alameda County Waste Management Authority has produced an easy-to-use guide entitled Your Office Paper Recycling Guide. This informative booklet offers tips on how to set up a profitable and successful office paper recycling program.

gram.

To obtain a free copy of Your Office Paper Recycling Guide, contact Wendy Sommer at the Waste Management Authority at 639-2481.

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More water bound for east county El Cerrito Chamber

Contra Costa County residents who weathered storms and floods this winter were rewarded with the news this week that the heavy rains will boost their water supply beyond the drought ration announced this time last year.

Officials of the U.S. Bureau of Reclamation said they will release at least 75 percent of the normal annual water supply to urban contractors like the Contra Costa Water District, and that level may be increased later if favorable weather conditions continue.

The district which receives all

Valley Project, serves 400,000 customers in eastern and central

Valley Project, serves 400,000 customers in eastern and central Contra Costa.

District spokesman Al Donner said the conservative water estimates announced Monday guarantee his customers at least as much water as they received last very and rossibly more.

much water as they received last year, and possibly more. In February 1992, the Bureau of Reclamation said it would release only 50 percent of the district's historical use because of the continuing drought. But later last year the federal agency was able to supply 100,000 acre-feet, or 75 percent of the district's normal water supply.

The district supplemented that water last year with 10,000 acrefeet purchased from the state water bank and asked its customers for a 15 percent voluntary cutback in water use.

Donner said the district is main-Donner said the district is maintaining the voluntary conservation program for now, but may review that policy by late March or early April if the Bureau of Reclamation decides to release more water to Contra Costa.

District customers have been cutting back their water use by 23 percent under the voluntary con-

percent under the voluntary conervation plan.

By Del Wisenor

The El Cerrito Chamber of Commerce is welcoming new member Don Wylie of the Blue and Gold Market, a long-time Berkeley establishment, now in the site of our former Angelo's Market, 10979 San Pablo Avenue, telephone, 236-3663. A feature of the grocery firm is home delivery: he grocery firm is home delivery; all 236-FOOD for that service.

- . The Feb. 22 Chamber • The Feb. 22 Chamber luncheon meeting will feature a guest from AC Transit speaking on the new technologies to better meet the mobility needs in today' traffic-choked corridors. The luncheon is at the Cerrito City Club at noon with the cost of \$9.50 per person, and a require RSVP by Feb. 19 to 233-7040.
- March 2 is Election Day in El Cerrito with the chamber urging you to get out and vote on the four very important measures on the ballot.
- Marge and Marvin Collins presented the chamber with a beautiful plaque of recognition for all who were involved with the renovation of the former nursery into the chamber offices at 10848 San Pablo Avenue.

 This project was spearheaded by Marvin, who with the major help of Marsha and Joe Conwill of Tradeway Stores, the Rotary Club of El Cerrito and many, many hands made the project a reality.

 The presentation took place at the recent installation dinner.

 Many thanks to the Collins for their continued support of our chamber. The plaque graces the walls of the chamber office, and all are invited to drop in and see it.

State of the State address exerpts

El Cerrito welcomes Berkeley landmark market

By Gov. Pete Wilson

We must shape our future, not

One way our generation is failing to keep its promise to the next relates to shelter, and has two profound impacts. The first is to deny the prospect of affordable housing to our children — many will not live in homes as good as those they grew up in. The second is to deny construction workers jobs in building homes. I refuse to accept either.

To assist both first-time homebuyers throughout California and the residential construction industry, I have asked the industry, I have asked the California Housing Finance Agency to initiate and insure home loans at 97 percent of the purchase price. Present FHA mortgage limits fail to reflect the reality of California's much higher home prices. This effectively denies too many young California families the chance for home ownership.

I've also asked this agency to address the critical need for housing construction financing, to become a housing partner. Government could stand to be more of a partner in almost every arena. It's time to remember that government is meant to serve the people, not the other way around. To make government more responsive to the people, I will issue an executive order establishing a Task Force on

Quality Government

We've got to streamline government, eliminate bureaucratic delay and begin treating the taxpayer like a customer, to focus on resulig process. It's our job to make government fit the people make the people fit the government.

I've talked this afternoon how we can get the job don California. There are many Californians who are impat

They've already tr get the job done by underta the arduous task of bringing initiatives to the ballot. To blunt, these folks are more skeptical. Based on year evidence, they just don't that we are capable of en even the most obviously

Well, friends, there's aw prove the skeptics wrong: We enact the reforms the people

"I'll put California emp and California workers up anybody. California can hi magnificent future — pro you and I, in this chamber, other chambers work loget undo and cure all the costs burdens, regulations, taxi lawsuits...that kill jobs in California. Quite a deal to and accomplish. We can't stepping stones and not st blocks."

Aquatic exercise workshops slated

Leadership workshops on Sunday, Feb. 28 at the Albany Pool, 904

Talbot, Albany.
Registration fee is \$145 for the certification workshop and \$124 for the water Walk and Jog and Leadership Techniques work-

s. ere are discounts for Aquatic cise Association members.

Additional discounts are available on group registrations and for a weekend package.

The Leadership Techniques workshop will focus on good leadership characteristics, skills, student motivation and retention, goal setting and instructional cuing will be covered.

Water Walk and Jog will cover topics on class format, muscle balance, major muscle movements, recommended water depths,

strides and patterns for major muscles in the upper and lower body, and music beats per minute.

The Certification Seminar topics include aquatic environmental considerations, exercise physiology, anatomy, kinesiology, injury prevention, exercise programming and an evaluation of a sample aquatic workout. Certification testing includes a practical and written examination with study materials provided upon registration.

Spray paint may get tougher to reach

The state Supreme Court ruled in San Francisco recently that California cities can require stores to keep paint spray cans that could be used for graffiti out of the public's

The decision was made in two paint companies' challenge to a Los Angeles law that requires aer-

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osol paint cans and broad-tipped markers to be displayed where they are visible but not accessible without a salesperson's help.

The purpose of the 1990 law was to support what it called "the battle to control graffiti" by guarding against thefts of the paint and markers.

The Sherwin-Williams Co. and

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ALBANY UNIFIED SCHOOL DISTRICT

Plasti-Kote Inc. argued unsucessfully that the city ordinance was pre-empted by a separate antigraffiti state law that bars the sale of aerosol paint to youths under the age of 18.

But the high court ruled by a 6-1 vote that the state legislature did not mean to forbid local laws such as the Los Angeles one that did not conflict with the state measure.

Carjacking bill clears Rules committee

The state Assembly Rules Committee has approved a bill that makes carjacking a crime. Offenders face a six-year maximum state prison se fines of up to \$10,000. sentence and

"This legislation will put car-jackers behind bars and out of business," said Assemblyman John Burton, D-San Francisco. "It identifies carjacking as a specific crime and enhances the penalties

for this type of senseless criminal activity."

Carjackers also face additional prison time if the victim is threatened with a weapon. "The violent nature of this type of crime dictates the need for stronger penalties and sentence enhancements." Button said alties and sentend ments," Burton said.

The number of carjackings is on the rise in California and many motorists have been injured or killed during attempted heists.

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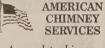
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Tilden Park does well in wet weather

To the joy of people who use gliden Park, the recent downpours ave caused no significant dam-ge, despite ground saturation and oncern that trees may not be en-

riely stable.

"We haven't had any serious

yolems, no prominent floods or

lides," said Ned MacKay, East Bay

tegional Parks public information

uppervisor. Best of all, Lake Anza

d problems to the "de ements" in which the large unts of rain fell with "time (in veen rain storms) to dry out."

so far there is nothing out of the ordinary'

-NED MACKAY

This was unlike the heavy rain ing winter 1982-3 which caused ous flooding damage and many es in the East Bay Regional

ris.
To inhibit mudslides, especially the areas burned by the 1991 fire, ybales were placed on the charred lis, which were also seeded. At the end of Lake the chark also helped prevent mud

and Claremont Canyon ed areas) look good and

burned areas) look good and holding up well." The trees in Tilden are in no licular danger as a result of und saturation either. The ber of downed trees is not out



Small slides created only minor problems along Tilden roads

"If a tree is dangerous, if it has a rotten limb or is falling and it is near a trail or public facility, we will cut it or the dangerous part down. Otherwise we let nature take its course," said MacKay. "We have a routine tree maintenance program and so far there is nothing out of the ordinary."

The real danger which could eventually arise from the rain is fire. Grass and brush growth induced by the heavy rain will dry out as the weather becomes warm and dry. This leaves a heavier fuel load for summer and fall fires.

Two programs, grazing and the fuel break area, address this problem in the parks.

The grazing program allows cattle on 30,000 acres of park land. This reduces growth of brush and keeps the grass down and, says MacKay "Without grazing meadows revert to brush land."

In the fuel break area there are trees, but the underbrush is cleared and the vegetation is thinned. The line is a fire retardant and inhibits spreading, especially from park to urban areas and vice versa, MacKay said.

El Cerrito woman headed for Phoenix to fight baseball bias

Alameda County Supervisor Mary King said Tuesday she is traveling to a major league baseball owners meeting in Phoenix because she thinks it's time that America's favorite pasttime addressed bias and discrimination.

King is accompanying Sharon Jones, an El Cerrito woman and former Oakland A's executive assistant who has been one of the key witnesses against Marge Schott, the Cincinnati Reds Owner who has been suspended because who has been suspended because of racist remarks.

of racist remarks.

King said Jones will be the first speaker at the owners meeting tomorrow morning and has been assured by National League Commissioner Bill White that

'she can have as much time as she

"she can have as much time as she wants."

Also accompanying Jones on a flight to Phoenix tonight are the Rev. J. Alfred Smith Sr., pastor of the Allen Temple Baptist Church in Oakland, and Bill Patterson, president of the Oakland Chapter of the National Association for the Advancement of Colored People.

King said of Jones, "We must add our voices to hers and call for an institutional reform or bear the consequences of our cowardice."

King said Jones came forward in 1987 with allegations against Schott, but "nobody paid attention" until late last year, when another person came forward with allegations against the Reds' owner.

She said "society remained silent in between" and she besilent in between" and she besilent in service of the said "society remained silent in between" and she besilent in services and she was a she

lieves Jones' story carries "an uncomfortable similarity to that of Anita Hill," the law professor who alleged that she was sexually harassed by Supreme Court Justice Clarence Thomas.

King said, "No one listened soon enough, no one acted soon enough, and pain and damage has ensued as a result of our inaction."

King said Major League Base King said Major League Base-ball enjoys many public benefits, such as stadiums built with public money and tax benefits, so it therefore must be "inclusive" of all Americans.

King said Schott herself "is not the issue for me" but instead sees Schott as "a symptom" of a larger problem with racism in baseball.

Eye leads police to assault suspect

By Dawn Frasleur

EL CERRITO — An arrest warrant for \$85,000 has been issued by the Bay Municipal Court on a suspect wanted in connection with the shooting which occurred in an apartment in the 10900 block of San Pablo Avenue Jan. 16.

Aaron L. Harris has been charged with five felony accounts in connection with the shooting, including burglary, assault with a deadly weapon and possession of an assault weapon.

It was the discovery of a glass eye near footprints at the building that eventually led to the identification of Harris as a suspect in the crime.

It was about 4:45 a.m. on Jan. 6 when a neighboring resident alled police reporting shots fired.

When police arrived, a man was found shot in his apartment and was taken to John Muir Hospital in critical condition.

The victim has since recovered. He told police that he had encountered two men searching his apartment and had started a fight with one.

apartment and had started a fight with one.

The victim told the police he remembered one man knocking him down, one asking, "Where's the money?" He remembered being held to the ground and being told not to look up. He remembered hearing one shot.

It was when the burglars heard police arriving that they escaped by jumping out the bedroom window, he said.

Since that time, Detective Shawn Maples has spent hours on

the phone tracing down the origin of the glass eye, which had a name imprinted in red on the edge.

"About 50 phone calls" led him to an oculist for the state prison system who had manufactured the eye. It was traced to Harris, who was released from prison in August 1991 and discharged from parole in September 1992.

According to Maples, Harris is known to be involved in gang activity. According to information received from the San Francisco PD, said Maples, both Harris and the victim and his brother are from "rival areas of town."

The victim and his brother, however, deny that they know either of the suspects.

The second suspect is yet to be identified.

The second suspect is yet to be identified.

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paintings and drawings from the Munch Museum in Norway and we think you should come see them. If you don't like crowds, come on Thursday night. But don't wait too long the exhibition closes March 21.



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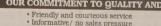
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Dark political comedy, "Crimes in Hot buntries," plays weekends through March at St. John's Presbyterian Church, 2727 Illege Ave, Berkeley, 8 p.m. Fridays and turdays; 7 p.m. Sundays. \$10/\$8. 549-

., \$1,\$2.

"The Arsenal at Springfield", a can-by Robbie Dunbar, will be performed day, Feb. 21, 4 p.m. at Berkeley Fel-ship of Unitarian Universalists. \$5-\$10.

vship of Unitarian Universalists, \$5-\$10.
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d the African-Chinese Sextet are at
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lirays tonight; Feb. 19-20: Future Perfect;
bb. 23: Lucy Lee and All Business; Feb.
b. 23: Lucy Lee and All Business; Feb.
b. 23: Lucy Lee and All Business; Feb.
teta Bill Trio; Feb. 25: Pamela Rose/
tate Glinsberg Trio; Feb. 25-27: Latin Fireusic begins at 9 p.m. Tuesday through
turday. Call 549-8576 for more inforation.

Vocalist Lauren Pomerantz sings wels of the Sephardim —Songs of Meval Spain" Saturday, Feb. 27 at 9 p.m. at st Congregational Church, Dana and rant streets, Berkeley. \$14/\$12/\$7.

Chamber Music Sundaes at Julia rgan Theater Feb. 21 features music of ohr, Wilder, Shearer and Dvorak. 3 p.m., 2,89. For tickets call BASS or 84–JULIA. 40 College Ave., Berkeley.

40 College Ave., Berkeley.

"Mozart's Women," atheater piece by
Ila Lossy, is at MusicSources Sunday,
b. 21 at 5 p.m. \$15/\$12. 1000 The
meda, Borkeley, 528-1685,
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Singer Melanie De More is at La Pena on Saturday, Feb. 20, 8:30 p.m., \$7-\$10; dances from Chile Feb. 19, with Grupo Araucaria, 8 p.m., \$6; Michael Litsky and Ariel Grey do songs and stories for children Saturday, Feb. 20 at 10:30 a.m. \$3/\$2. 3105 Shattuck Ave., Berkeley. 849-9397. "You Can't Take it With You" is at Contra Costa Civic Theatre Fridays and Saturdays through Feb. 27; matinee Feb. 21, 524-9132. Actors Ensemble of Berkeley's pro-duction of the humorous drama."Uncommon

BTP.

At Berkeley Rep: Volpone \$23-\$31.

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Subteranean Shakespeare performs Hamlet at La Val's Subterranean Cabaret, 1834 Euclid, Berkeley. Thursday through Sundays through March 27. Cabaret opens at 3.00 p.m. for dinner seating, performance at 7 p.m. Sunday shows at 1 p.m. \$8/\$6.

540-7743.

Meetings, Classes, Lectures and other events

Meetings, Classes, Lectures and other events

Best of the Banff Festival of Mountain Films will be screened Friday, Feb. 26 at UC-Berkeley's Duhnelle Hall, Room 155, from 7-10 p.m. Hosted by REI. Tickets \$8; \$6 in advance at REI, 1338 San Pablo Ave., Berkeley. 527-4140.

Two-day study skills workshop with UC Professor Charles Woodsen for 9th-10th grade students will be held Saturday, Feb. 20 and 27 on the UC Berkeley campus. 643-6614.

Archery lessons in the classic Old English style of drawing bow are taught by Michael Lang on weekends in Berkeley. Call 841-7749 for Information.

Healing of Racism Institute sponsored by the Bahafis of Berkeley, will be held 55:30 p.m. Saturday, Feb. 20, at the Berkeley Main Library, 2090 Kittredge; story room, third floor. Everyone welcome.

Clothing aritlat Ana Lisa Hedstrom will sign slides of traditional Japanes shibor and talk about her work for the East Bay Heritage Quilters on Feb. 22, 7:30 p.m. at First Unitarian Church, One Lawson Road, Kensington. \$2 for non-members.

Interfaith service sponsored by the Berkeley Interfaith Council, Berkeley Buddhist Temple and Buddhist Peace Fellowship will be held Friday, Feb. 19 at 7:30 p.m. at Berkeley Buddhist Temple, 2121 Channing. Everyone welcome; refreshments follow, 841-1356.

OAKLAND

POTLUCT

It's Cajun Swing at Albany YMCA Friday folkdance on Feb. 27. Lesson 7:30; dancing 8:30, \$5, 921 Kains, Albany, 525-1130.

UCB Center for Asia Studies presents and evening of "Ancient Stories, Asian Rhythms" on Friday, Feb. 19 at International House, 229 Piedmont Ave. \$10/\$8/\$5. \$24-3951.

BEI Inosts "Evyloring the National Parks."

60.

Berkeley Hiking Club Feb. 21: Briones seervoir, 9 a.m., Hans Franke (845-4363); nl-hike: Mount Tam, 9 .m., Rex Thomas 25-6895).

Town Meeting on National Health Inrance sponsored by the Gray Parithers (Saturday, Feb. 27, 10 a.m. 560 20th St., akland, 527-3790.

on Saturday, Feb. 27, 10 a.m. 560 20th St., Oakland. 527-3790.
City Commons Club Friday luncheon speaker, Feb. 19, Is Bonnie D. Long, speaking on "Humanitrain Endeavour and Its Military and Political Implications." Reserve at 848-3533.

National Association of Retired Federal Employees, Chapter 1282, meets Feb. 23 at 1 p.m. at Albany United Methodist Church, 980 Stannage. PG&E's Larry Preston speaks.

Graduate Theological Union present a series on sacred texts. Feb. 25: "What Makes a Text Sacred?" with John Palman Brown. 7:30 p.m. 2400 Ridge Road, Berkeley, The public is invited.

"Cancer Quackery" Is the topic for East Bay Skeptics on Friday, Feb. 26, 159 Mulford Hall, UC-Berkeley, Free. 420-0702.

Young People's lecture series at UCB's Earth Sciences Building on Saturday, Deb. 20, 10 a.m.: "Killer bugs from lost worlds beyond time. 642-1807.

Birthways classes Feb. 20, 9:30 a.m.:

beyond time." 642-1607.

Birthways classes Feb. 20, 9:30 a.m.:
Crash/refresher birth class, 9:30-12:30
p.m.; 1:30-3:30 p.m.: I'm Afraid of Pain —
Trusting Yourself; Feb. 22: 7-9:30 p.m.;
Labor Coaching for Family and Friends.
869-2797.

869-2797.

Carolyn Beth Well owner of the Bakeshop in Berkeley, will teach a class on apple pie, devil's food cake and sugar cookles at Pamela Grove's Regent Street

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dren. 642-3352.
Truning Point Career Center offers
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Business* on Feb. 23, noon to 1 p.m. \$3;
Feb. 23, 6330-830 p.m.; Workshop on
"Researching the Hidden Job Market" 848-

2-11) and "Music Theory and instrumental Playing" (ages 2-11) at 1606 Bonita, Berkeley, with ongoing registration. 841-4824. Afta Bates Medical Center: Ongoing older adult services: Free blood pressure checks first and third Wednesdays from 1-2:30 p.m.; cholesterol checks, third Wednesdays, 10 a.m. to noon; hearing checks, third Wednesdays, 2:15 p.m. to 4 wednesdays, 1-3 p.m. 20-4475. International House screens Chan Berry's My Father's Music...Jazz, featuring musicians from Dizzy Gillespie to Carlos Santana on Thursday, Feb. 18. Reception follows. 2299 Piedmont Ave., Barkeley, 94720. Center for Psychological Studies hosts a lecture by Israeli family therapist Varda Dascal on Friday, Feb. 19, noon to 1:30 p.m. 1398 Solano Ave., Albamy. 524-0291.

UC Botanical Garden, Strawberry Carlyon, Berkeley, presents Garden tours Saturdays and Sundays at 1:30 p.m. Dino Days garden tour daily through May 24, 642-3343.

La Leche Lesgue groups in South Berkeley meets 10 a.m., March 17, April 21 and May 19 at San Pablo Rark Rec Center, 2800 Park St., Berkeley, 849-4572.
Learn to ski with an REI day trip to either Bear Valley, Royal Gorge or Tahoe Donner. Dates are Feb. 20 and 27; and March 13, \$50 for REI members, \$60 others; rentals \$40/\$50. Introduction to snow campling, but skiling and backbowl touring weekend trips are Feb. 20-21 and March 3-4. \$110. For Information call Polly Bolling at 273-9886.

East Bay Employer Advisory Council and EDD present "Training...Quality Standay Park Standay Standay

13-14. \$110. For information call Polly Bolling at 273-9986.

East Bay Employer Advisory Council and EDD present "Training...Quality Workforce in the '90s' on Thursday, Feb. 25, 11:30 a.m. to 2 p.m. at Hs Lordship's restaurant, Berkeley Marina. \$18. Reserve by Feb. 23 by calling 262-7282.

Sklers meet first and third Tuesdays in Oakland, Berkeley and Albany to socialize, share food and plan; weekend meetings \$10/night at \$kl lodge near Squaw. For information call Ron, membership chairman, Berkeley Ski Club, at (415) 868-2215.

528-4964. Berkeley City Club: tours of its land-mark building designed by architect Julia Morgan are the fourth Sunday of every month, noon to 4 p.m. \$1.50. 2315 Durant Ave., Berkeley. 848-7800.

"East Bay Women Artists — Youth to Maturity" features paintings a sculpture by 11 artists through March 28. 2911 Claremont Ave, Berkeley, 849-4967. New Pieces shows "Quilt Explorations," works by the Colorado group, through March 3. 1597 Solano Ave., Berkeley, 527-

at the National Institute of Art and Disabilities. Through Feb. 28. 551 23rd S., Richmond. 620-0326.

Lawrence Hall of Science: "Dinosaur Park," through June 6. "Within the Human Brain," ongoing. "DNA Model," ongoing exhibit—LIS Piaza." 1492: Two Worlds of Science." This permanent exhibit marks the 500th anniversary of Columbus' first voyage. "Preparing for Earthquakes: Home Safety," ongoing exhibit. CHILDREN'S THEATRE — through June 6. Performed Saturdays and Sundays, 12:30 p.m., 1:45 p.m. and 3 p.m. For all ages. Shows alternate throughout the season. Free with museum admission. "Dino Doesn't Live Here Arymore," a live musical bringing together a singing Stegosaurus and a paleontologist to solve some mysteries of prehistory. "DinoProx," fun improvisational performances for the whole family, DINO-SAUR FACTS AND TRACKS — Monday through Friday, 103 a.m. to 2:30 p.m.; Saturday and Sunday, 10:30 a.m. to 3:30 p.m. Live demonstrations, fossils to touch and answers to dinosaur questions. BIOLOGY DISCOVERY LABORATORY — Saturday and Sunday, 10:30 a.m. to 3:30 p.m. Laternate and sunday, 10:30 p.m. to 4 p.m. Observe and handle gentle mammals and reptiles and learn more about the modern descendants of dinosaurs. \$5 general; \$4 seniors, students and youths ages 7 to 18; \$2 children ages 3 to 6. Monday through Friday, 10 a.m. to 4:30 p.m.; Saturday and Sunday, 1:30 p.m. to 4 p.m. Observe and handle gentle mammals and curday, 10 a.m. to 5 p.m. Centennial Drive, University of California, Berkeley, 462-5132. Judah L. Magnes Museum: "Medita-

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women approaching ale smoking rate

nenumber one cause of cancer dedeaths among women is no or breast cancer, but lung r, according to the Surgeon ral. This alarming statistic is no more piece of ammunition h care professionals are using at in the war against tobacco

he Alameda County Public th Department sponsored an ay conference recently in and to focus attention on the ds faced by women who use

than 200 health care workers.
Iding to Sylvia Jimenez, prospecialist for the County ToControl Program, it's the first

men are itting, women e lighting up

—RUTH SHANE

aining the need to bring atmwomen and tobacco, Ruth director of the Tobacco
Program, told attendees
to have been successful in
tobacco health campaigns
affluent, with the educated, rly males, more specifi-ite males. We have failed of color and a group that is test to us today, women."

the United States, 37 percent the united States, 37 percent the samong middle age women gattributed to smoking," said . "As men are quitting, o are lighting up and now women are dead or dying."

rence speakers stressed tobacco industry has e tobacco industry has d its advertising strategy eyears to capture the atten-women and teen girls. Says mee organizer Jimenez, neally go for us by saying be sexier. You'll be slim-w'll be more successful.'"

are approximately 50 mil-kers in the U.S., of which mare women. In Alameda there are slightly more than

smokers still outnumber smokers, but by 1995 the

opposite will be true, according to the California Tobacco Report.

"Once women start to smoke, studies show, they find it more dif-ficult to quit than men," said key-note speaker, Professor Dorothy Rice of the University of California

"The fastest growing sector of "The fastest growing sector of smokers in our country are women under age 23. Some 2,000 of them smoke their first cigarette everyday," said Dr. Rice. "The Virginia Slims Woman has just about caught up with the Marlboro Man, and it's a national disgrace. I don't think this is the kind of equality that we females want." females want.'

Rice estimates that in 1990 to-bacco killed about 140,000 Ameri-can women, mostly through ciga-rette induced heart disease, lung disease, and respiratory diseases. In Alameda County alone, 5,000 women died from smoking related illnesses.

Non-smoking women who are married to smokers are also at risk. "They can have the effects of lung cancer, the heart disease and other respiratory problems as a result of the secondhand smoke," Jimenez said

Pregnant women smokers have the added risk of harming their un-born baby. Children of women who smoke often have a low birth weight. Smoking can lead to premature labor and delivery. It has also been linked to Sudden Infant Death Syndrome.

Jimenez hopes the conference will draw attention to the need for more research and education on the hazardous effects of tobacco on women. "There's not a lot of research out there for women," she rold.

One fact for certain is that quit-ting is a sure fire way to reduce the risk of getting a smoking-related

"There is absolutely no question, the day you really quit your life expectancy improves," emphasized Dr. Rice.

Group therapy, one-on-one counseling, and nicotine patches are just a few cessation methods recommended at the conference.

Women or men seeking more information on how to quit smoking can contact Alexis Soule at the Alameda County Tobacco Control Program at 268-GASP or the State Cessation Hotline at (800) 7-NO-BUTTS.

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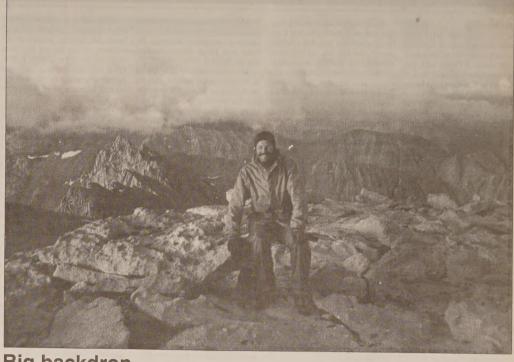
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Big backdrop

"Bill Hurkman and his Konica Big Mini in the Mountains" is the current photo exhibit at Refractions Exhibition Space, 600 San Pablo Ave., No. 105, Albany. The exhibit chronicles a trip to Mt. Whitney Hurkman took with his son. Gallery hours are noon to 6 p.m. Monday through Friday, noon to 5 p.m. Saturday. Through Feb. 27.

Teachers invited to work with UC scientists

Barney Howard of Walnut Creek

Sharon Ungerleider of Menlo Park learned enough to outline a brand-new teaching unit on fire

Sally Scholl of San Ramon re-members feeling as though she was living in a National Geographic magazine. Her fellow rainforest explorers came from New Jersey and Colorado for a recent reunion

party.

All three are teachers who as volunteers participated in the University of California's University Research Expeditions Program, headquartered at Berkeley.

headquartered at Berkeley.

Teachers and the general public can meet the three of them at 7:30 p.m. Tuesday, Feb. 23 for an informal slide presentation at 2223 Fulton St., sixth floor, in Berkeley.

UREP, now in its 17th year, offers summer opportunities for virtually anyone (not just teachers) to help scientists — social scientists too—in far-flume fieldwork around scientists — social scientists
—in far-flung fieldwork around

the globe.

This summer's project include folkways in Scotland, fossil digging in Russia and in California, "alien" plants in Hawaii, recycling surveys in Kenya, and bee, beetle and ant behavior in Costa Rica. That's just the beginning.

The avoaditions typically two to

The expeditions, typically two to three weeks long, cost from \$990 to about \$1,800, and volunteers foot the bill in addition for their own travel to the site. Fees are considered donations to the University of California and normally are tax-deductible.

But in a special program to im-prove education, teachers can ap-ply for grants to cover part of their

Howard, Ungerleider and Scholl, whose specialties are college prep, junior high science, and sixth grade, respectively, all found they reaped—professionally and personally—vastly more than they shelled out.

They liked the near-endless inspiration for lesson plans, close contact with expert scientists, eye

witness exposure to the methodology and hard labor of field work, the new ability to tell and show students "I was there," and the feeling of doing some good for a corner of the world.

That's on top of the usual benefits of travel — new scenery and cultures and the chance to make

Club Med it's not. These are

Club Med it's not. These alworking vacations.

"You learn what actual field research is — and how tedious it can be, as well as exciting," said Ungerleider, who worked on the Big Island of Hawaii with UC-Berkeley biologist Carla

Berkeley biologist Carla d'Antonio.

Berkeley research paleontologist J. Howard Hutchison said his field team will spend daytimes scanning and digging for dinosaurs in the hot southern San Joaquin Valley, evenings summarizing notes and planning the next day.

Hutchison wants 15 participants "with a good eye for detail. There's a lot of ground to cover," he said, in the team's search for plesiosaur and ancient turtle fossils.

Sally Scholl said her two archaeology expeditions, "give me ammo to get me going as a teacher" with hands-on projects instead of textbooks for her sixth graders.

She devised an archeology unit where students submitted obscure "artifacts" from their own lives and fellow students had to make guesses about them. "We were actually learning what is an artifact? And why it is important?" Scholl said.

Ungerleider, veteran of an expedition in Ecuador as well as in

Ungerleider, veteran of an expedition in Ecuador as well as in Hawaii, was pleased she could "balance our kids' perception of scientists — they think of them in

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a white lab coat."

"It fosters a trust when you can show them you went out in the field and learned what you are teaching them," she noted.

Barney Howard worked in Costa Rica observing bees, collecting spiders, and beetles, and watching birds in an ongoing ecology study. Recounting this and showing his specimens to high school students, he said, "I get all excited."

"I brought back lots of slides of deforestation. Showing the kids slides of the jungle and how it's been cut—that made a difference to them, although they still like McDonald's."

"It's a great program for teach—"

McDonald's."

"It's a great program for teachers," Howard said. "People can go who aren't necessarily field researchers. I'm trying to figure a way to go there next year."

Teachers must apply by March 12 for special financial grants.

For non-teachers, project teams tend to be small so it is best to apply early in spring.

tend to be small so it is best to apply early in spring.

To request an application and catalog of expeditions, write Uni-versity Research Expeditions Pro-gram, Dept. F-11, University of California, Berkeley 94720, or call

Clean-air clubs

Americans for Nonsmokers' Rights has launched a national project promoting smokefree music halls and clubs.

The Berkeley organization says its Smokefree Music Project has the support of such musicians as Boyz II Men, En Vogue, Linda Ronstadt, John Lee Hooker, Bobby McFerrin and Tuck & Patti. Honorary chairman of the project is selectic quitar. man of the project is eclectic gist Henry Kaiser.

Project director Mark Pertschuk says millions of Americans have been sickened by smoke at concerts and many others no longer attend music events because of second-

ARE YOU THINKING ABOUT ADOPTION?

ACCEPT, an adoption and counseling cent, is sponsoring an evening of information about international adoption. Find out about doption programs in Russia, China, Central and South America. Talk to a family who as adopted internationally. This informative event will take place in Oakland on Friday, February 26 at 7:30 p.m.

Call (415) 323-1377 for directions.



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New Perspectives

By Lisa Wendell
Q: I'm familiar with the harmful side effects of steroids taken for bodybuilding. Recently though, some friends told me about two other "natural" drugs that help you to achieve the same results safely. What are these drugs and where can they be purchased?
A: The two drugs your friends are probably referring to are a synthetic form of HGH, human growth hormone, and GHB, gamma hydroxybutyrate. Contrary to what they may have told you however, these substances are not at all safe and should never be taken in the mistaken belief that they will help you to bulk up before a meet or competition.

HGH is an injectable form of the

hormone sometimes used by doc-tors to increase the size of extremely short children. When prescribed in this manner, the dosage is regulated and treatment is carefully super-

Injected subcutaneously to spur the growth of muscle and bones in anticipation of achieving superior athletic ability can be quite dan-gerous, particularly considering the risk for contracting AIDS or hepa-titis from sharing needles.

Preliminary studies about a year ago indicated that HGH may help build weakened muscles in older people, but this has not yet been scientifically proven. Authorities are also concerned that because the drug is sold illegally, kids may be buying the real thing or something equally as dangerous.

buying the real thing or something equally as dangerous.

Parents who are worried about what signs to look for in a potentially abusing teen should note any sudden increase in weight or size, an unusual number of bruises on legs or arms (from the injections) and behavior changes associated with steroid use (aggression and

and behavior changes associated with steroid use (aggression and extreme irritability).

These drugs are most popular among teens who participate in weightlifting, football, bodybuilding, track and field and wrestling.

Until quite recently limited in its popularity to the East Coast, GHB has made it's way to the West and is now, according to authorities, turning up in the San Francisco underground bodybuilding network. A neurotransmitter found naturally in the central nervous system, GHB was initially marketed and sold in health food stores as a safe, new growth hormone releaser designed to build muscle and eliminate fat.

But, because of subsequent abuse and poisonings by users who were unable to purchase steroids, the Food and Drug Administration banned GHB in 1991.

Though it continues to be touted as a performance booster, the experts disagree and say it's reputation for building muscle is based upon one Japanese study which attempted to define the drug's anesthetic properties. When sleeping patients were examined, slightly elevated blood levels of growth hormone were noted.

Rather than the effect of GHB however, scientists believe either

Rather than the effect of GHB however, scientists believe either the surgery or the deep sleep itself was responsible for the higher hormone levels. Beyond these speculations, no proof currently exists that increased growth hermone improves muscle mass.

GHB is used by physicians in the treatment of narcolepsy, an unusual and rare sleep disorder, with minimal side effects. When used to enhance muscular perfor-

used to enhance muscular perfor-mance, the side effects can range from sudden sleepiness to short-

mance, the state enteres can range from sudden sleepiness to short-term coma.

People have been treated in emergency rooms this past year as a result of having taken GHB, and not necessarily in large amounts.

Other harmful side effects include dizziness, a mild "high," headache, nausea, vomiting and seizures. No one has yet died from an overdose. The danger is that GHB acts differently in different people. Apparantely, there is no way of knowing in advance how one will respond.

These drugs, and steroids, tend to be used by young men who are determined to compete and win in their event at any cost of their health and well being. Bodybuilders and weightlifters in particular seem willing to ignore warnings about the dangers of any type of synthetic performance enhancers.

In light of the recent death of Lyle Alzado, who blamed his terminal brain cancer on years of steroid abuse, it seems prudent to warn both parents and their teens about the real risks associated with this form of drug abuse.

Questions in this column were asked by students, parents and other clients of New Perspectives, a nonprofit drug counseling service based in Larkspur and serving schools in Berkeley and West Contra Costa County. Physicians or therapists should be consulted before acting on any recommendations in this column.

People

Local nurse wins recognition

The National Council of State Boards of Nursing, headquartered in Chicago, recently selected Victoria S. Jeung of El Cerrito to participate in an NCLEX item reviewer held in Monterey. Jeung was one of 25 nurses selected from across the nation. She was nominated by the California Board of Nursing on the basis of her background and nursing expertise.

Jeung received her BSN from University of San Francisco, her masters degree in education and gerontology from Holy Names College. She teaches medical-sur-

gical and pediatric nursing at Costa College, and works pa in the Emergency Departs Kaiser Richmond.

The National Counci sponsible for developing ministering the National Licensure Examination nurses in the United Sates territories.

The examination identificandidates who designed

candidates who dem mal competence to prace Passing NCLEX is on quirements necessary a nursing license.

Albany student wins scholars

Rachel Hitchock, a senior at California Lutheran University, Thousand Oaks, has been awarded a \$1,000 scholarship from Aid Association for Lutherans.
Hitchock is the daughter of Stephen and Janice Hitchock, 1102 Stannage Ave., Albany.
Hitchock is participating in AAL's Lutheran Campus Scholarship Program which awards scholarships to AAL members attending Lutheran institutions of higher

Recipients are selected nancial aid offices at partischools.

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Sometimes the neighborhood restaurants are the jewels of WoM's world. Four or five curvy blocks up Colusa off Solano Avenue the Kensington township is home to Cafe Select (1568 Oakview Ave., Colusa Circle, Kensington; 525-1350). At the edge of the commercial district the stately multi-level restaurant provides a crowd pleasing menu in a casual atmosphere. The Grilled Prawn and Curry Garlic Sauce dinner is very special.

Just a block away is Ali's Restaurant (385 Colusa Ave., Kensington; parking; 526-1500) where Chef Antowan Sometimes the neighbor-

Restaurant (385 Colusa Ave., Kensington; parking; 526-1500) where Chef Antowan Daoud, a veteran head chef of one of the finest Beirut hotel kitchens in more peaceful times, prepares Moroccan and Middle Eastern specialties that have won area-wide praise. An evening spent here is unlike any other, except perhaps in the Middle East. The former site of Narsai's has a wonderful new identity.

perhaps in the Middle East. The former site of Narsai's has a wonderful new identity.

On Solano Avenue is a bright and cleanly decorated Chinese restaurant which has been open just six or seven months. Dragon House (1647 Solano Ave., Berkeley; 528-1299) restaurant serves a bargain priced lunch and dinner daily from 11:30 a.m. The takeout orders are discounted even more. Try the Chef's Special Orange Peel Beef, a house specialty.

A relaxing brunch on Sunday in the dining rooms of Piemonte Ovest (3909 Grand Ave., Oakland; 601-0500) or the garden court section there

will give a weekend special elan vital. Precede or follow your meal (perhaps Poached Eggs with Smoked Salmon or an Omelette made with roast peppers, goat cheese and herbs) with a hike at Lake Merritt.

No need to bring your own carryalls to Colors Cafe-Rotisserie (5900 Hollis St., Emeryville, near Chalkers; parking; 655-7100). Sure, kids are welcome to pack a set, but everyone is invited to express themselves. There are crayons at each table. The paper-covered tables are your easel and the first diversion is the fresh baked bread which accompanies your lunch or dinner. Lots of people cannot eat and draw at the same time. In fact, WoM recommends abstaining from "coloring" until after dessert to avoid that stall after dessert to avoid that waxy taste. Eat the Calzone Woods (tomato, spicy sausage, spinach, mushrooms, mozzarella and Jack cheese). This richly flavorful and a fine value. Chef Alan Carlson has established a delightful new menu for brunch, too.

Opening this week and replacing Norman's Restaurant, a 25 year corner landmark, is The Cafe on College (3204 College Ave. at Alcatraz, Berkeley; 655-5291). Owner and general manager Leslie Gallagher, who managed Fourth Street Grill for six years, has kept most of Norman's excellent and personable staff Gallagher promises upscale casual dining with an inviting ambience. There will be three special entrees daily and an inventive menu. Moderate prices, cocktails, coffee specialties are among the current offerings, and brunch is coming soon. A must-visit for eager food fans.



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oni Littlestone

Dag Hammarskjold

1993 gets rolling, many are ready to gear up and get again. It's time to organize k, revise the resume, practice ewing, and start job hunting est. Or apply for grad school, ew business, make the move herstate, or tackle the thorny in, "What do I want to do e rest of my life?" these activities require readimplementing, paying

hese activities require and implementing, paying it to hiring trends, and with dozens of other ex-ctors and obstacles. It is become focused on trying out "what the world wants" arget that the sharpest in-the clearest corporate vi-and the best career decie from the core of you

ntic self.

aple, one of my clients,

(not her real name, of

becently went through

interviewing. At first,

sell herself according to

in the book. "My last

crifici" (He was a inch.) on the book. Wy last rific!" (He was a jerk.) conto find even greater (All I did was shuffle

(I couldn't find a job.) "I that about my former em-(The whole company was inctional, I thought I'd

ily again.)
/erything you need."
on't know Lotus or
but maybe I can fake ne? No problem!" (I'm velop a life, but if I tell

e ec meeting

emaking will meet on ay, Feb. 24, at 7:30 p.m. me of Claudine Read of co-hostess is Eve

will get the job.)

Marianne was really angry, hurt, and frustrated, which came through subliminally. In every interview, she was the runner-up — well qualified, but not chosen.

As Marianne and I worked through the layers of fear, insecurity, and danger, her authentic self re-emerged. A different Marianne began going to interviews, one who was calmer, more centered, willing to express her real self to others, and willing to turn down a job that was not right for her.

Without complaining, she was able to realistically describe what she wanted and needed in a job, what had been lacking in the former position, and what she could contribute. In some instances, both she and the interviewer agreed that there was not a fit. Eventually however

and the interviewer agreed that there was not a fit. Eventually, however, Marianne found her spot — with people she liked and respected, and at a salary that exceeded her expectations.

The person she presented to her new company was her best and truest self, not a false shell that she truest self, not a false shell that she had to live up to — or down to, for that matter. Now, she says "I've learned that my outer goals are achieved through understanding my inner world. If I hadn't finally taken the time to pay attention to that self within. I might still be stuck and unhappy today."

Toni Littlestone, director of Career Strategies. speaks to organize

Toni Littlestone, director of Career Strategies, speaks to organizations and civic groups, holds "brown bag" seminars, teaches adult education classes, facilitates career support groups, and counsels individuals and couples in her East Bay and San Francisco offices.



■ The New York Times Magazine Crossword Puzzle

BLACK/EDITED BY EUGENE T. MALESKA

- CROSS

- 11 Tennis stratagem
 14 This may lead to lead
 18 Reserves for future use
 19 Cape fox
 20 Zhivago's love
 21 Put on board
 22 "Love —"
 1952 film
 25 Lascivious look
 26 Brai's rebuted

- 25 Lascivious look
 26 Brat's rebuttal
 27 Estuary
 28 Grenoble's
 department
 29 Robin's
 companion
 31 deck
 (ducks)

- (ducks)
 34 Copperfield's first wife
 36 Students' ponies
 37 "Love —":
 Prov. 10:12
 41 Crescent-shaped figure
 42 Rosaceous plant
 43 Deg. for a thespian

- thespian

 44 Heating vesse
 46 Clark's
 girlfriend

 47 Lovelorn
 person's
 problem

 50 U.S.N. officer

- Gershwin
 61 "Sweet Swan of
 —!":Jonson
 62 Skid
 64 Authenticator
 65 Nigerian group
 66 Statute
 66 Statute
 67 Ecol. watchdog
 68 Jackie's second
 70 "You Love,
 1927 song
 71 Embarrass
 74 African fish
 76 Authorizes
 81 Business
 82 association
 82 ".. Love —"
 Dickinson
 84 Old hand
 85 Treaty site: 1925
 87 It's love-love at the start
 88 Omaha Beach
 craft
 88 Love seat, e.g.
 90 Clarinetist
 Jimmie
 92 "— in Love"
 1972 song
 94 Aweigh
 95 Yucatec
 97 "Love —"
 Song of
 Solomon
 103 Medieval

- Song of Solomon 103 Medieval underclass 104 Civil-rights 105 A Romance language 106 Nullify 108 Havens for bactrians?

- Ibert op 23 Formeri
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- form
 55 Seoul G.I.
 56 Off. outrankii
 50 Across
 58 Restless yen
 59 Make possibl
 60 Testers
 63 "Love —,"
 1965 film
 65 Mischievous
 bowman

weakling
32 Govt. collection
agency
33 Nobelist in
Chemistry: 1918
35 Off the beaten
track

37 Islamic leader from the Golde

St.?
38 Convex moldings
39 Salome's septet
40 Milk: Comb. form
45 Duke of Elchingen
47 Kind of S.D.I. weapon

- weapon
 48 Its symbol is X
 49 Sainted mothe
 of Constantine
 51 Dead Sea
- 71 Gompers's org.
 72 Double this for a Chilean river
 73 Bridge between electrodes
 74 Tone deafnes
 75 Pathogen
 92 Rescuer o
 Odysseus
 88 Electronic

- 95 One having a 107 Republic of tryst Ireland
 96 Greek 98 An anagram for nails 112 Blackthorn fruit 99 Extended walrus 113 Christian tooth Chief ore of lead 101 Styptic-pencil ingredient 117 Neighbor of Isr. 1102 Appraisal 118 Bowler or boate 103 Quick shot 119 One, in Ayr

UC prof: Environment not race link to crime

A sociologist at the University of California at Berkeley says some studies linking violent crime and heredity are political, racist

and erroneous.

Troy Duster, an expert in antisocial behavior, spoke this week at the annual meeting of the American Association for the Advancement of Science in Boston.

"To study violence-prone individuals without reference to their social context is to misunderstand violence. It is politics rather than science," he said.

Duster's remarks refer to Bush

Duster's remarks refer to Bush administration plans to federally fund research on violent crime and

genetics, as well as to comments by Frederick Goodwin, director of the National Institute of Mental Health

Health.

Pointing to results of studies on aggression in male monkeys, Goodwin has been quoted as saying, "Maybe it isn't just careless use of the word when people call certain areas of certain cities 'jungles.'"

Duster said studies of criminal Duster said studies of criminal behavior that only look at genetics of people in prison will incorrectly find a correlation between race and crime, because the criminal justice system is politically driven. He also discussed the dangers of

studies on "attention deficit dis-orders" in which school children could be given drug treatments after being classified as hy-peractive or aggressive.

Duster — who does not oppose

studying genes and crime — said behavior in inner cities.

that social context must be considered when such research in individuals is undertaken. He said social and education programs, such as Head Start, have a signifi-

Computers teach prof about how kids learn

A Stanford University psychology professor says a computer model responded in almost the same way as young children do when learning the English language.

'Up until adulthood, we often don't know linguistic rules but follow them anyway'

Professor David Rumelhart's findings, which he is presenting this week at a meeting of the American Association for the Advancement of Science in Boston, challenge the theory that children learn through rules and memorization

'We were able to produce pat-

terns of errors in our model that we had seen in children, just by training the network," Rumelhart

training the network," Rumelhart said.

In the experiment, he created a computer network to simulate the workings of the brain and taught the machines by offering examples of verbs and their past tense forms.

When he presented new verbs to the network and asked it to predict the past tense, he found that the computer made errors called "overregularization," the attaching of regular verb past tense suffixes to irregular verbs.

"Eventually, the network was able to get it right again," Rumelhart said. "This pattern was very similar to that of young children."

His study concluded that a child learns mostly by listening rather than by being taught rules.

"In practical fact, parents rarely correct their child and introduce a rule. Up until adulthood, we often don't know linguistic rules but follow them anyway," he said.

AUSD-

Continued from page 3

office. BP4021 deals with personnel and BP5611 with students.

David De Hart's reading of a prepared statement caused a tense moment. After giving a copy to Board President McNenny, he

Board President McNenny, he read it aloud:

"The Albany Teacher's
Association Executive Board has asked me to inform you that we condemn this district's decision to instruct Paula Barber to provide to the Vallejo Unified School District the list of substitute teachers registered to work here in Albany. The purpose of this exchange of names was to provide Vallejo with strikebreakers in the even the teachers were forced to go on strike." strike."

De Hart went onto explain the

De Hart went onto explain the union's dismay at providing "scab" teachers and the invasion of privacy of the substitute teachers. He asked that the "School Board instruct this district to never again release its liet."

De Hart's statement was greeted

by silence. The next words were

by silence. The next words were spoken by McNenny, who asked, "Any other persons to address the board?"

Other business included a student representative report, given by Ariel Myers, a review of the district budget, discussion of nominations for the 1993

California School Board

Association, and reports from board members and the superintendent. By the time the final reports were given, the audience was down to two again, this time two parents.

And what had been discussed?

A lot. And who was there? Hardly a soul.

Next school board meeting:

Feb. 23, 7:30 p.m., at the Cornell School cafeteria.

Julie Winkelstein is the Journal's Albany Unified School District columnist. To contact her with comments, questions or concerns, write The Journal, P.O. Box 1624, El Cerrito 94530; or

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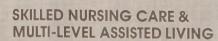




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hany High School's library left behind by continuing cutbacks

e library at Albany High has not yet joined the 20th y, much less being ready c21st century, according to Wallman, who was the

man points out the m covering the library which was originally dwhen the library opened, Linoleum, in this day of That, she says, is only the site of district treally got he says with a wry

en she points out other ems which stem from the with no upgrading. "It is so "she remembers. There is eable when there are

ayer. And the shelves are 1/2 inches wide, which is upigh to hold any books that a little larger than the old ds. She says the fact that re windows and colorful make it livable, but only

up and does things, there
up few electrical plugs in
hary. As a result there are
sion cords everywhere.
me plugs were added
dher desk for the typewriter
hold computer system, but
were warned that no more

cense plate tions offered

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icense plates and funds to ey might provide revenue

leesing or a decal will raise the California Arts Fund; ag designed by the Calists Council. Cost of the plate will be \$20.

piate will be \$20.
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cting Angie Dickson, (916)
7, at the Arts Council.
c veteran's organization
uld raise funds to benefit
ran's Service Office Fund.

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sons interested in applying plate should contact the life Fund at (415) 434-1782. Or this original plate will be

had license plates are above lal registration and vehicle

could be added. So the library at Albany High School does not have the computer system that all modern libraries have for finding

modern libraries have for finding books, locating numbers, and all of the library aids that modern technology has added.

Mary Wallman says she went to conferences and meetings and came away almost sick with longing that her library and her students might have at least some of the advantage that other libraries enjoyed.

of the advantage that other libraries enjoyed.

Oh, and one last problem. The 1934 library is much too small for today's school. After one conference some experts she had met there came to look at the library. "Your space is absolutely inadequate," they told her. "You don't even have enough room to remodel."

These were made in the San Quentin Prison woodshop in 1942. Sturdy? Oh, indeed they

are sturdy. They will live forever. But the way they are made, if you are over 5 feet tall you cannot fit your legs under the tables. "The kids tilt their chairs back in order to work at the tables," she says. She remembers a time when, while she was at a faculty meeting, the youngsters went to the woodshop, found pieces of wood, and put them under the legs of one of the tables so they could sit at them comfortably.

She also points out the lack of audio visual equipment, because there are no plugs to accommodate it and no space for it. And, of course, no money. The budget for the library was out \$4,000 one year and \$2,000 the next.

This was all in response to my question about the needs of the

This was all in response to my question about the needs of the schools and of the bond issues which come before the voters on March 2. Since the libraries are my great interest, I wanted to explore that aspect. Yes, I would

say the need is great. In a school district known widely for its excellence, the library at Albany High School is a shame.

Mary Wallman is a wonderful advocate for the Albany Building Campaign for Schools. She is a product of the Albany schools, having started in Marin School and graduating from Albany High in 1945. She finished her education at UC, getting her bachelors degree in 1949, and her library degree in 1950.

She became librarian for

She became librarian for Albany High School in 1966 after the death of her husban "The librarian I replaced had been my French teacher," she

Mary's love of the Albany Mary's love of the Albany schools is very deep. She feels the needs of the school and of the students are great. And she feels the bonds are the way to go. "The bond issue is not to be for supplies," she points out. In

Community Folk

By Clara-Rae Gense



the past most of the money has gone for books and magazines. But the need for room, for equipment and for computers is desperate. "The kids go on to schools that do have the computers are a way the computity."

ers — even the community colleges — and they do not have the knowledge and experience they need for them."

Her wish list for the library Her wish list for the library doesn't sound unreasonable. A place where media equipment can be kept, and counter tops to work on. A sink. A place for the staff to work. A chest for art prints. A space where classes or other groups can meet and

Remodeling the library and the science lab would cost more than a new building, and would still not include the necessary wheelchair a access, covered walks, etc.

Thank you, Ronnie Davis, for finding Mary Wallman for me. I knew you would point me in the right direction when I asked about the library. And, again, I invite all of you to give me your ideas: interest-you to give me your ideas: interest-ing people, events, organizations, travel, etc. Please write me at 355 Pierce St., No. 443, Albany 94706 or call 525-4585.



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Letters -

Continued from page 2

respect that this is indeed what currently happens in Albany. When I have raised issues of racism to some council members and to Chief Murdo, I have been told: "Document these claims." I understand the bureaucratic need to go through procedure, but I also suggest — if there are consistent claims of racism, and you are not receiving the documentation you need, ask why not. Do people feel unsafe sharing their stories of discrimination here in our town?

people feel unsate sharing their stories of discrimination, here in our town?

I love living in Albany and am glad I feel safe walking here. I appreciate the work each of you, and our police force does. I do not, however, want my pleasant Albany life to be at the expense of the rights of and respect due our young people of color.

Judith Tannenbau

A good return

Editor:
On Jan. 26 members of the El Cerrito Democratic Club met and reviewed the four propositions the March 2 ballot in El Cerrito, discussed the needs and the costs and voted to endorse each of the four measures.
The outcome of the vote on March 2 is of importance to everyone who lives in El Cerrito or does business here. Funds raised by the four measures will make possible the rebuilding of our deteriorating and failing systems on storm drains and will assure maintenance of adequate fire protection and critical emergency services.

Failure to pass proposition J will ensure continued drain on public funds to pay claims for drainage to private property caused by failure of the drains. At the

same time valuable community services cannot be funded and the storm drain continue to fail.

Proposition H, if passed, will enable the fire department to provide the level of services we need. Firefighters provide both fire protection and emergency services. To do this the fire department must be fully staffed and equipment must be dependable.

Fire line fire protection is fire prevention. A fire storm in the hills could devastate the entire city.

In areas not burned, smoke damage to property and health problems due to smoke inhalation could be extensive. The drain on the city resources would be great. The clean-up of hazards in the hills and other prevention measures must be continued.

Well over half of calls to the fire department are for assistance in medical emergencies. These occur all over the city but much less often in the hill areas. We all need to have these services available. Rapid response and skilled help may be life saving.

Passage of proposition K and L, will fund essential renovation of the Public Safety building on San Pablo Avenue and rebuilding of the Arlington firehouse. Renovation of the public safety building will stop deterioration, provide better use of spaces, eliminate health hazards and make changes necessary to meet standards for services to the disabled. The Arlington Firehouse is so deteriorated and so inadequate that unless it is rebuilt it may have to be closed, leaving El Cerrito with only one firehouse.

None of us likes to pay taxes, even when they pay for essential services. For some of us payment may mean a real sacrifice. However, low-income seniors can defer their payments. Renters pay their share with their rent.

For home owners the tax will average \$173 for the first four years and \$116 per year for the 16 years until the bonds are retired. This amounts to about \$14.50 and \$9.67 per month. This is not a large amount compared to what we get for it.

Jean Flores

No smoke no money

The Journal received a copy of the following letter to the Albany mayor and City Council members.
This is a letter to you to let you know that I will no longer spend any of my money in the city of Albany. My reasons for this decision are disturbing to me and a great

reasons for this decision are disturbing to me and a great many other people.

I have lived in and around Albany since early 1962, and spent a great deal of money in this "city." I used to spend a great deal of time at the City Council meetings. (Mostly they were and are a joke.) Inow live in Kensington but was still spending money in Albany. Since Feb. 3, I will no longer be doing so.

The merchants where I have shopped for all these years will be getting a copy of this letter so they know how I feel.

The interest years will be getting a copy of this letter so they know I feel.

I and a great many of my friends have had it with a few do-gooders who have taken away our freedom of choice, want to dictate our lifestyles and tell us what is good for us, when they can't do things they were elected to do. You cannot spend the time and money on things that people should choose on their own; do what you are supposed to do. Do something about our schools, drugs, education, seniors, homeless, streets, children abuse.

There are things you can do something about and should.

The reason for my decision of no more Albany is this:

I am a smoker; with your "ordinance" (people decided on) I will spend no money at Albany. If we cannot now smoke in Albap propose that cigarettes can no longer be sold at your so called great city of Albany so you can any sales tax revenue from the cale.

will not allow us to enectate will be very will merchants who sell this product will be very witheir objections.

Merchants that will be sent a copy are as fa Liquor Barn, Super Stop Market, Max's Lia Safeway Stores, Jay Vee Liquors, Albany I Sizzler, Round Table Pizza, Winchells Donust smaller businesses.

I also have a proposal that maybe we smokers should take up. That is to get up a pet all usage, selling of alcoholic beverages for t good for your health or anyone that is around greatly opposed to drinking and do not like to people who drink for they can become monste are a menace to others. Because I am opposhould I be able to dictate to you council mem drink and sometimes to extremes? I think no I will be talking to a good many people of are registered voters, and I will help them to in this city who can speak for all citizens and mouthier ones, who have nothing better to dictate lifestyles. But if we try to dictate to the habits) that's a different story.

Redevelopment

Continued from front page

that his company — like the others represented — had studied the El Cerrito market and had determined

Cerrito market and had determined that there was "a crying demand for retail grocery opportunities."

Smith's, he said, would offer many services, including a complete pharmacy, dry cleaning, video rentals, a nutritional center, full-service banking and a complete grocery line, including an in-house bakery and full deli, with 24 departments under one roof.

Knowlton displayed sketches of the proposed project, complete with landscaping and the note that the company was concerned about both the aesthetics of the center as it bordered San Pablo Avenue and the need for adequate parking and generous ingress and egress to the site.

The store would bring two co-

site.
The store would bring two coanchors with it, he said, adding that
a letter of intent had already been
received from Marshalls.
Both K-Mart and Smiths would
have funded their operations themselves and would have prepared the

entire site in one phase of construc-tion.

David Howard of the McMorgan

David Howard of the McMorgan investment management firm said that the bankruptcy of Pay'N Pak was "the worst scenario we could have" but that the firm was still "very positive about the site and committed to El Cerrito."

Howard told the agency members that a 50-year lease had been signed with Food-4-Less as an anchor for the old Pay'N Pak site. It would serve as an anchor, he said,

chor for the old Pay'N Pak site. It would serve as an anchor, he said, to a development proposed by the Pacific Development Group.

Steve Bowie, a group partner, said his company was a developer of "neighborhood and community shopping centers," one that has developed about 200 in California in the last 25 years, with one currently under construction in Concord.

cord.

Bowie said three users would maximize utility of the site, noting that the company has already received letters of intent from Ross, Long's and Burger King, along with

the Food-4-Less commitment. He added that the organization had taken into consideration the visibility of San Pablo Avenue, the scale of the buildings, the parking situation — without wanting a "sea of parking," and future expansion possibilities.

Bowie said he believed the combined revenues for El Cerrito would be in excess of \$300,000 per year from the site after the first year.

A Food-4-Less representative, George Tucker, described the store, stressing that it carries major name brands, no dented or distressed merchandise, and looks like a regular grocery store, only with more items.

"We're not a club store; we don't "We're not a club store, we don't sell club packaging," he said. "You don't have to buy a year's supply of 409...you get our same low price if you buy one tomato or a box of tomators."

Tucker also said the store did not "produce a glossy weekly ad" and that those savings would be passed on to the consumer.

Representing Long's real estate division, Michael Anderson said the company is entering its 35th year at the El Cerrito Plaza location and that neither that store nor the San Pablo store would be closed as a result of the new venture.

But the bottom line, according to Fowie, was that neither K-Mart or Smith's had come to agreement with McMorgan on using the site as had Food-4-Less. To move ahead with those projects, he said, would require an expensive land acquisition by the redevelopment agency of the McMorgan property.

That reality pretty much locked in the decision of the agency members, though other considerations were mentioned.

Agency member Cathie Kosel said that while she would like to see a K-Mart at the site, the strong possibility that it would mean the closure of the San Pablo K-Mart store was morally wrong to her. She said she didn't want to offer "a further insult to the City of San Pablo in losing more retail."

Jane Bartke referred positively to the "wider mix" of shopping opportunities the center would pro-vide, adding her desire for a nice restaurant at the site.

restaurant at the site.

But those considerations aside, agency members all made comments that indicated they really had no choice in the matter. Most of the comments came after Norman La Force cast the only No vote in the decision to negotiate with McMorgan.

La Force spoke against the idea of "these monster, car-driven" centers.

of "these monser, suctors.

"I think we should go back and think about how to integrate this site into the BART complex, the Target complex, the Del Norte development...even the ACTransit (system)," he said.

"I think we hae to look at the long term."

La Force said he had a very dif-ferent vision of what the redevel-opment of those target areas would look like and what they would mean

"This is not what I wa the long run in El Cerrite Jellison with La For ments but said that th was market-driven.

was market-driven.

"We can't afford to areas 3 and 5," she said to be content with what is bringing us, and I don't hat had."

that bad."

Jellison had said that the felt "constrained by the forces that are at work is forward and work with M and the Pacific Developm (not to say that we would otherwise). "We are financapable of working with proposals for this site."

Sometimes, she said, not always like what (F ment) looks like."

AC Transit

Continued from front page

common terrain. It may be some common terrain. It may be some small terrain, but we're going to have to search it out. Nobody on this board is going to get everything they really want."

The common terrain may be the massive fiscal crisis that AC Transit faces in the near future.

Cuts in federal and state funding have led to cuts in service. According the service of the control of the control

Cuts in federal and state funding have led to cuts in service. According to director John Woodbury, the state will probably take away more money next year. While cities and municipalities can make up for some losses by implementing taxes and assessment districts, the AC Transit has no such authority, says Woodbury.

Transit has no such authority, says Woodbury.
Woodbury says the district was able to delay the effect momentarily by not funding its retirement or capital fund last year, saving a total of \$7.5 million. However, they cannot avoid paying into these funds this year.

this year.

"There's a certain logic to capitalism that's irrepressible here," said Sasaki.

He explains that the recession (he calls it a depression) has killed sales at stores, cutting tax revenues and depleting ACTransit's coffers. Cuts in service versus raises in rates remain controversial issues for riders. As he prepares to meet with an Oakland senior citizens group the next night about service cuts there, he admits that the system will probably cut even more

cuts there, he admits that the system will probably cut even more service in the future,

Although he doesn't necessarily agree, he sees cutting routes as the more logical step right now; he thinks most people on fixed incomes would oppose rate raises.

He's also concerning himself with problems on the horizon, like meeting the cost of the Paratransit Program that will require the district to provide super shuttle services for disabled people. The program, mandated by the 1990 Americans With Disabilities Act, must be in place by 1995 and is estimated to cost\$15 million a year.

"It's written in concrete," says Sasaki. "If you don't allocate the

money you can piead nardsinp, (our) they're going to take it from some other part of your budget. This is a present from George Bush. They wrote the law without providing the finances. Hopefully, the new administration can help provide the money for us."

money for us."

Meanwhile, several directors on

money for us."

Meanwhile, several directors on the board have spoken positively about Sasaki's membership.

"I think he's a really intelligent person and committed toward making sure the board works together which I think is critical," saysboard president Winter. "Ihope that this starts to break up this voting based on personality and moves toward voting based on issues. (At the election for board president) he showed a great deal of independence and fairness."

"When someone is thrown into a new subculture like this, it has its own vocabulary, its own nomenclature. I have to get to know the other directors. They're all very nice people and have been very helpful," says Sasaki.



Tim Sasaki, AC Transit's newest director, plans to ride the busses to maintain his persp

Vandalism

Continued from front page decided to leave one of the signs

decided to leave one of the signs up.

"We want people to see it, to appreciate this dramatic demonstration of the people who are for El Cerrito and those who are against El Cerrito," said Bartke. "We want to focus a spotlight on this so it won't happen again."

But in some ways, according to Bartke, whoever was responsible did the campaign a favor.

Bartke feels, for example, that the new look on the signs — now with a red border around the blackened letters, not only create a dramatic effect but, with their "sooty look" are a reminder of the purpose behind at least one of the measures — the desire to "rescue our fire service."

But the most important result is a backlash, he said: "The act spurred our campaign; we've gotten calls of support and donations from

people we haven't heard from be-fore."

Steering committee member

Steering committee member Gina Brusatori agrees.

"We've had an incredible outpouring of community spirit," she said. "The phone has been ringing off the hook with citizens calling to express their outrage at this undemocratic act.

"As a community we can only be saddened by this act of violence which is outside the democratic process."

"It's a sad day for El Cerrito."

"It's a sad day for El Cerrito," said City Councilmember Norma Jellison, who was particularly up-set that the signs were defaced on people's private property. "Some-one stole the sign from my yard," she said, attributing the act to "people unwilling to engage in pub-lic debate."

Councilmember Jane Bartke compared the act to her own political campaign, which she described

as friendly. Bartke said, for example, that one of her opponents, Roy Mespelt, had called her once to let her know that one of her signs had fallen down but that he had put it back up for her.

That campaign was the way it should be, said Bartke. "You try to go out and win fair and square."

In this case, she said, "I think that the issues are clear. People should be able to choose simply based on the issues."

Friends member Bill

Friends member Bill Commerford attributes the vandalism to a lack of confidence in arguments against the measures and in the judgement of El Cerrito's voters, while the committee's chair, Julie Rogers, called the whole incident an outrage.

"We invite open discussion on the merits of these ballot measures," she said. "But to destroy signs because you don't agree with them is cowardly and criminal."

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of available homes.

The Journal BERKELEY VOICE



Peter Mentor

the way up

Il start with Berkeley girls' Yes, the Yellowjackets are ig for their third undefeated in four years. It isn't like me players are on the team thether from the start. This

so optimistic that where ing will be good.

Athletic League play is the competition is sthe tradition of good d by hard work and rings the honor and he team every year, is a buzz word at use days. Regardless of is with the Berkeley rquest for a share of the pie tomorrow night.

ter head coach Jesse
has molded the team into
This is not to take away
met coach Stelton
I, who brought the team far
is tenure. But a change
the and Gossett has gotten ckto life.

Ta said it wasn't just the
girls' teams doing well

it was the entire

boosts the whole
said Nakamura.
ut alk about the
digh program, you have
at boys' and girls
We're proud of what
me and they are proud of
Gossett has done a real

shead coach Restelli ague for the best record is like Bishop O'Dowd

inals, the go on to offs. His second be so good.

o boys' and girls'
have shots at the NCS
de Gaucho boys are
Division II and the
ls Division III. Playing
with the likes of De La keley is tough for a chool, but the e held their own this

er. The Berkeley d second under second oach Ann Kletz and the g for the playoffs to din the ESAL at 10-1-1 Eric Ballon can't ask

Jackets square off against Spartans for league lead

The big game is here, the one Berkeley boys' basketballfans have been waiting for all season and for a few years. Berkeley is playing for the Bay Valley Athletic League championship at 7 tomorrow night in Donahue Gym with the mighty De La Salle Spartans coming to town.

town.

The school is getting ready for the showdown with a spirit day and hopefully a packed house to help the Yellowjackets with some downhome home-court advantage.

"I don't see any reason why Friday night that place shouldn't be packed," said Berkeley first-year head coach Jesse Gossett. "De La Salle had flags waving and people crowded into the bleachers. Their sym's full and their fans cert with it gym's full and their fans get with it.

We have a pep rally on Friday. They are starting to believe and that's going to make a difference."

There are no BVAL playoffs and the team with the best record wins the league. Berkeley entered the week at 10-2 in league, 16-6 overall, one game behind league-leader De La Salle at 11-1 league, 18-3 overall. Both teams had games scheduled on Tuesday, the Yellowjackets at home against Clayton Valley and the Spartans at El Cerrito, but it is Friday night's game that has an implied playoff championship built into it.

The Yellowjackets first loss came against De La Salle in the last game of the first half of the season in Concord. Berkeley fell 76-60 after allowing the Spartans a 16-2 lead from the start against the Yellowjackets' full press.

At the time De La Salle head coach George Nessman said his team was more focused in that game than they had been all season. A week later the Spartans lost 66-63 to Pittsburg in overtime, exposing a weak spot in their armor and ending a 36-game wining streak in league.

ending a 36-game wining streak in league.

The Yellowjackets had another setback that week, falling to El Cerrito for their second consecutive loss. Berkeley made up for it by winning the next five games including a 64-60 overtime victory at home against Pittsburg, the only league team to beat De La Salle in the leaf three years.

league team to beat De La Salle in the last three years. De La Salle is the three-time defending league champion. The overtime loss to Pittsburg came despite a 22-point performance from 6-5 forward Kevin Groves

Jackets win, Gauchos lose

Tuesday night was basket-ball night for a lot of teams finishing up the last week of regular-season play. In the Bay Valley Athletic League, Berkeley boys' basket-ball was hoping El Cerrito would knock off De La Salle in Con-cord, but the Gauchos couldn't

De La Salle beat El Cerrito 75-48, so Berkeley will have its

work cut out trying to win a share of the league championship. Only a victory over the Spartans to-morrow night will give the Yellowjackets that league pen-

Berkeley beat Clayton Valley Berkeley beat Clayton Valley to bring its league record to 11-2 league, 16-6 overall and stay one game behind De La Salle. The Spartans are 12-1 league, 19-3 overall after beating the Gauchos. El Cerrito has one game re-

See WIN, next page

and 20 points from 6-8 center Brent

Yellowjackets must contain in order to win the league.

Berkeley beat Pittsburg by four points in overtime, so on paper the Yellowjackets should be able to play even with the Spartans. Gossett feels his team has what it takes to win, but he doesn't see this as the climax of the season.

"I don't want this to be the end-all game," said Gossett. "Pittsburg won that game (against De La Salle) and lost to us and El Cerrito. It's a big week for us. We feel good be-cause this is what we play for, to go against De La Salle for the champi-onshin."

onship."
Friday's game will mark the end See JACKETS, next page



St. Mary's Sebou Gibson shoots a jump in an early contest

Berkeley girls almost perfect in league play

By Peter Mentor

When it comes to playing in the Bay Valley Athletic League, Ber-keley girls' basketball rules. Only one team in the last four years has taken a game from the Yellowjackets in league play, and Berkeley entered this week at 11-0 in league for this season, and a phenomenal 52-1 over the four-

phenomenal 22-1 over the four-year span.

Last year Berkeley got Alexis
Hunter and Lynda Robinson back
from the injured list and the
Yellowjackets lost 64-60 in over-time to Clayton Valley. Nicole
McAlister had a career game for
the Eagles, scoring 37 points in the
upset to ruin the return of the
Yellowjackets' two starters.

That game also spoiled
Berkeley's long-running winning
skein, but the Yellowjackets are
back on track to compete for their
third undefeated league season in
four years and get ready for an

assault on another state title.

Berkeley is 'the three-time defending North Coast Section Division I champion and the fending North Coast Section Division I champion and the Yellowjackets won two consecutive Northern California titles on their way to a state championship in the 1990-91 season. A 56-50 loss to Monte Vista in the NorCal finals last year left Berkeley out of the running for a third consecutive trip to the state title game.

Berkeley head coach Gene Nakamura said he's been scouting the opposition out of the league to see what there is in the Division I

the opposition out of the league to see what there is in the Division I pool in Northern California to avoid an early exit this year.

"There's Montgomery, Monte Vista of Danville and Monte Vista of Cupertino," said Nakamura.
"I've scouted them already. We've been. scouting them the last few weeks. Montgomery of Santa Rosa was 22-0, but they lost to Ursuline.

See BERKELEY GIRLS, next page

Panthers post winning stats

O'Dowd's loss to St. Joe's clinches top ESAL spot

St. Mary's won 82-47 over Salesian in Richmond on Saturday, but it was St. Joseph's 48-39 victory over Bishop O'Dowd the same night at Cal State Hayward that clinched the regular season East Shore Athletic League boys' basketball championship for the Panthers.

thers.

While the league does not dis-

league.

The Panthers have consistently won the Shore Division of the league and did have the best overall league record once before in 1989 when they finished 14-0 and St. Joseph was 14-1, while O'Dowd was third at 12-3.

The win over Salesian brought the Panthers' record this season to 12-1 league, 17-8 overall. St. Mary's was tied with O'Dowd for first place coming into Saturday's game and the Dragons actually had an advantage because of their earlier win over the Panthers.

St. Joseph handed O'Dowd its

St. Joseph handed O'Dowd its second loss of the season and pulled the Dragons into a second place tie with the Pilots at 10-2 in league. So with one game left against Albany on Tuesday night the Panthers knew they would be

in the ESAL finals next Saturday at Cal State Hayward.
St. Mary's first-year head coach Restelli Brown was ecstatic about the news when he found out Saturday night after the game that his team would finish with the best

"The first year and we win the thing," said a joyful Brown. "I can quit now and go out a winner. I don't believe this, we're going to be league

champions."

Brown said there was a point in the preseason when his team had lost some tight games that it felt like they were hitting the wall, but his team rebounded out of the experience. The high point was beating defending state champions St. Joseph by four points at St. Mary's and it was the win that helped St. Mary's

See PANTHERS, next page

Gauchos eye playoff season

El Cerrito got a big lift after beating Berkeley in January to start the second half of the season and the Gauchos were trying to give something back to the Yellowjackets when they faced De La Salle at home on Tuesday.

Not that it's pure altruism on the Gauchos' part to help out their crosstown rivals, but every win inches El Cerrito closer to a Division II berth in the North Coast Section playoffs.

Section playoffs.

sion II berth in the North Coast Section playoffs.

There is also incentive to beat De La Salle and have a say in helping another team win the league, even if that other team is Berkeley.

De La Salle has dominated the Bay Valley Athletic League the past few years, winning every league game in the last three years until Pittsburg ended the Spartans' winning streak at 36.

"I'd really like to see someone else win the league," said El Cerrito head coach Chris Huber, whose team is playing their last league games in the BVAL before switching to the East Shore Athletic League next season. "That's a big

task. If we're going to get to the sections, this is the game. That will do it for us."

The Gauchos have won six

will do it for us."

The Gauchos have won six games in a row (including the win over Berkeley) since losing by 24 points to De La Salle in January. El Cerrito was 8-4 in league, 18-6 overall before meeting the Spartans in Concord on Tuesday.

Tomorrow night marks the Gauchos last ever BVAL game, a home match against Pinole Valley at 7 in El Cerrito.

Huber said his team is on the bubble among the Division II teams heading into the NCS playoffs. The magic number of 20 wins would be a sure entry; a split this week could leave the Gauchos post-season hopes in doubt.

"Nineteen (wins) should get us in, but you never know," said Huber. "We'll have a week off before the seedings on Feb. 25. It might be good. We'll take a couple of days off and play a full intersquad game."

El Cerrito got its 18th win by

of days off and play a full inter-squad game."

El Cerrito got its 18th win by beating Pittsburg 68-57 in El Cerrito on Friday. It was a close game at the start with the two teams playing to an even 16-16 tie

through the first quarter, but the Gauchos jumped ahead in the second quarter and led by six points at the half at 33-27.

The Pirates pulled to within four points by the end of the third quarter, then Pitsburg scored the first two baskets of the fourth quarter to tie the game 52-52.

two baskets of the fourth quarter to tie the game 52-52.

"Then we went on a big surge," said Huber. "We outscored them 16-5 in the final six minutes. We scored a couple inside and went to a delay. They fouled us and we went 10-for-13 from the line. We shot 32 free throws and Pittsburg had 11. That was the difference. We were very patient on offense."

That was the difference. We were very patient on offense."
Raymond King paced the Gaucho offense scoring 26 points, while Josh Myers notched 16 points and grabbed 21 rebounds. Maceo Thomas added 10 points in the win.
In an earlier game, El Cerrito topped Clayton Valley 55-43 with Myers leading the way on 20 points and 18 boards. King and Thomas scored 10 points apiece.
"We were in control of that game the entire way," said Huber. "We led by nine after one quarter, 12 after two, 18 after three and substituted in the fourth."

Akbar looks forward to UCB football play

Player happy to be close to home

Jihad Akbar, a 5-11, 185-pound defensive back from Berkeley High, signed his letter of intent to play football at UC-Berkeley for the Golden Bears next season.

Akbar was among four players committing to Division I schools during a signing party at Skyline last week. Former Berkeley players Khalid Shabazz and Ayyub Rahmaan and fellow Skyline teammate Will Blackwell also signed letters of intent.

See SIGN, next page



Jihad Akbar, far right, with school administrators and Skyline players Khalid Shabazz, Ayyub Rahmaan and Will Blackwell, prepares to sign a letter-of-intent

Jackets .

Continued from previous page

ust wait almost two weeks before st round of the North Coast Sec-on playoffs, while other leagues through their playoff system. ossett didn't see the down time as

a problem.
"I don't think it will hurt us,"

"I don't think it will hurt us," said Gossett. "It will give us time to know who we'll play and we'll get tapes. We'll call around, scouting like the Cowboys."

Berkeley was in a funk after losing two games in a row at midseason, but Pittsburg's win over the Spartans reshaped the Yellowjackets' chances of winning the league. Since then the team has been on a roll with all the incentive provided from within.

"The kids have been in an imaginary playoff," said Gossett of the league race. "We started with Pinole."

Berkeley played at Ygnacio Valley last Friday and came home from 51-36 winners. It was a big victory for the Yellowjackets because they had only won by one

point when they played at home against the Warriors. Jahari Tracy penetrated the inside on offense, scoring a game-high 16 points and Kenyatta Rowed added 10 in the

Berkeley was down by one point after the first quarter, but the Yellowjackets used a 12-4 run in the second quarter to go up 23-16 at the half. The lead went to 12 in the third quarter and Berkeley held Ygnacio Valley to just seven points in the fourth quarter for the win.

"We got past Ygnacio," said Gossett. "At Berkeley we only won by one point. Our kids played better defense. We just caused problems for them all night. We played tough man-to-man and half court and all of a sudden we slapped a press on them and they couldn't handle it. I told my players if we were going to be champions we've got to play defense."

Gossett said he was happy to get out of Ygnacio Valley with a win, since Berkeley had lost there the last two years.

"Going up to Ygnacio Valley. I

last two years.

"Going up to Ygnacio Valley, I

just said I want to get it played and get out of there," said Gossett. "In the last two years they have beaten us there. This is the first time in two years we've swept them."

Can Berkeley beat De La Salle? The question for Berkeley is in their heads. "I really believe we can get past De La Salle," said Gossett. "It's a mental state. The thing we don't want to do is make it 'the' game."

don't want to do is make it the game."

Notes on Tuesday's matchups:
Berkeley beat Clayton Valley easily the first time at Clayton Valley and De La Salle was a 24-point winner over El Cerrito in their first patch is El Cerrito.

winner over El Cerrito in their first match in El Cerrito.

The Yellowjackets have not lost a home game in league this season and expected to beat the Eagles.

El Cerrito was on a six-game winning streak coming into the game against De La Salle on Tuesday and a win by the Gauchos would drop the Spartans into a tie with Berkeley, allowing the Yellowjackets the opportunity to take the league championship outright.

No forecast for ESAL soccer fina a loss would hand the Shore Division crown to St. Mary's and the Panthers would have a game at home today against Alameda. A tie would make St. Mary's and Richmond co-champions of the division and a coin toss would decide who got home field advantage and who would travel. "You'd only flip a coin over scheduling for playoffs," said league commissioner Bob Roberts. "They would both be co- champions."

Who is going to win the East Shore Athletic League boys' soccer title may have to do with which teams ended up winning their divisions. That was murky at best at the start of this week.

St. Mary's had a slight edge over Richmond in the race for the Shore Division crown and home field advantage in the league playoffs, which is the prize for winning the

which is the prize for winning the

division.

The Panthers were undefeated in the regular season at 10-1-1, splitting with Richmond during the season and tying Alameda once. The league gives a team two points for a win and one for a tie, so St. Mary's had 21 points.

Richmond was 10-1 coming into this week and trailed St. Mary's by one point with 20 in the Shore race, but the Oilers had an unscheduled makeup game at home against Alameda of the East Division to play.

A win over the Hornets would give the Oilers first place in the Shore Division and they would play Alameda in the first round of the playoffs today in Richmond, while

"They would both be co- champions."

On the flip side of the league in the East Division, Bishop O'Dowd captured that crown with 22 points at 11-3, while Alameda trailed with 18 points at 8-2-2, but had two games remaining.

If Alameda won its final two games the Hornets would tie O'Dowd in points, but the Dragons would remain division winners on head-to-head matches.

The league held a special coaches' meeting at Piedmont High on Monday to decide when Alameda would play its remaining games against Richmond and Piedmont. The decision was to have Alameda play at Richmond on Wednesday and skip the Piedmont match, because that game would not change the outcome of the playoff seedings.

No matter what happened in the

Richmond-Alameda gaday, St. Mary's is playin nal game today. It's eith against Alameda or O'Dowd at 3:30. The way play tomorrow at a in Alameda for the leage onebin.

in Nameda for the league onship.

The two teams that me the ESAL finals auto qualify for the North Coa playoffs, so today's games are the most imp all four teams to contin-post-season.

against the four player season. In division games, St. Mary's beto early in the season thers tied Alameda 2: matchup with the Ho the Shore Division Ri

Berkeley girls

Continued from previous page

Monte Vista of Cupertino lost to
Mitty. Monte Vista of Danville was
18-4 and they were in a close game
with San Ramon when we left in
the third quarter. They all have great
records, but everything is relative."
Berkeley had a 7-5 preseason
this year, but Nakamura notes an
asterisk that must accompany those
games with the absence of starting
guards Jenny Tom and Tasha
Henneman, who are both back from
inuries.

"We have five losses without Jenny and Tasha," said Nakamura, "Since they've come back we haven'tlost We haven'tlost a game

in which they've played."
Berkeley beat Pinole Valley 80-Berkeley beat Pinole Valley 80-39 last Friday and part of the reason is Henneman, who has worked her way back into the starting lineup after playing off the bench since her return from a knee injury. "My starting lineup varies," said Nakamura. "Tasha Henneman is playing real well. She's won back

her starting position. She's shown me in practice and in games (she deserves to start) by making better decisions and hustling on the court. She's working the ball well and shooting better. She's had time to think about it and take in whatever we tell her."

Henneman was forcing things

we tell her."

Henneman was forcing things and making bad decision upon her return, so Nakamura relegated her to the bench. She took the time to see what was going on in the game and corrected her playing to the point where her contributions from the bench were showing maturity.

Against Pinole, Henneman saw an opportunity and took it, driving the baseline and scoring a game-

an opportunity and took it, driving the baseline and scoring a gamehigh 16 points. "They were leaving our baseline open," said Nakamura.
"She slipped in there and hit three or four shots in a row. We had too much manpower for them."

Amber Lacey scored 14 points before fouling out, Tom added 12 points and Bambi Bowling went for 10 points. Berkeley went out to

a 24-7 lead in the first quarter and brought a 41-18 advantage into the locker room at halftime. The Yellowjackets matched Ygnacio's point total for the game with 39 points in the second half alone.

Berkeley was poised to play at home in a rare triple header on Tuesday against Clayton Valley. The Eagles had a power failure in their gym that wasn't resolved this week, so Clayton Valley's athletic director asked Berkeley to play the game in Berkeley.

Berkeley said yes and the Yellowjackets scheduled a minijamboree. The boys' junior varsity plays in the afternoon game, the girls' varsity next and the boys' varsity in the third game.

The Berkeley and Clayton Valley freshmen teams and girls' junior varsity would play on Wednesday in Berkeley for another threegame day. It was an opportunity for the fans from the school to see all three teams in one day and get revved up for Friday's big match.

Sign-

Continued from previous page

Shabazz, a star running back at Berkeley his junior year, played at Skyline High last season. He will accompany Akbar in his choice of playing at Cal. Rahmaan also transferred from Berkeley to Skyline last year and is heading to the University of Colorado.

Blackwell, a Parade All-American, almost went to Colorado but instead chose San Diego State for its warmer weather.

Akbar said Washington State was after him, but he picked Cal for its location and reputation.

"The most part is being at home," said Akbar. "I didn't really like it up there at Washington State. It's really cool being here. Cal is home and it's the number one public institution in the world. Cal is in the PAC-10, it's Division I, plus being at home it has all the advantages."

Akbar is planning to major in mass communications and psychology. He will keep fit by running with the Berkeley track team this season and playing rugby. Akbar runs the 100-meter and 200-meter races and will be part of the 400-meter relay and mile relay for the Yellowjackets.

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Panthers

tinued from previous page

continued from previous page get to the top.

"At a certain point in the race, like in a marathon, you hit the wall," said Brown. "Then you continue on and win the race. There was Fremont, St. Mary's of Stockton and Reardon, they were tough. We were trying to keep the guys motivated. We're coming together for the second season."

The team had come a long way since the preseason and part of that is taking their time to find the right shot. Against Salesian Yusef Moore-Mobley scored 25 points to pace the Panthers, while John Page scored 16 and Bill Chavarin had 16

"We're patient on offense," said Brown. "That's the issue. If we were patient when we don't have the fast break we'll get the points. (Rah-mu) Brown scored six point

Win

Continued from previous page

maining against Pinole Valley and

maining against Pinole Valley and it is a must win as far as the post-season plans are concerned.

The Gauchos fell to 8-5 league, 18-7 overall. El Cerrito head coach Chris Huber stressed the importance of winning at least 19 games overall to make it into the North Coast Section Division II playoffs. Fortunately the game is at home for El Cerrito and fan support should help the Gauchos win should the game be close.

help the Gauchos win should the game be close.

In the ESAL, St. Mary's and Albany locked horns Tuesday at St. Mary's and the result was a 64-51 win for the Panthers.

Panther senior forward Billy Chavrin scored a game-high 28 points, Rah-mu Brown chipped in 13 points and Abby Hussein added eight points in the victory.

St. Mary's finished the regular season at 13-1 league, 18-8 overall and now the Panthers wait for the ESAL Power Division final, tentatively scheduled a week from tomorrow at Sunset High in Hayward. St. Mary's finished with the best record in the league, the first time the Panthers have done it since 1989. They must now must wait for the semifinal winner between Bishop O'Dowd and St. Joseph.

tonight, but he's been making the

At the seedings meeting for the North Coast Section playoffs St. Mary's will officially be the co-

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champion of the league with whichever team wins the East Di-vision, but a win over St. Joseph or O'Dowd in the ESAL finals would



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SCENE

eviving a 1920s peratic spellbinder

this English 'Ring' is illy as Wagner'srly as sublime.

on McConnell

on McConneil

arkeley Opera has turned its
ion to one of the strangest
itic artifacts, presenting two
ert performances of The
ortal Hour by the English
poser Rutland Boughton
8,1960). (The first perfore was Saturday; the second
coming Saturday.)

Opera

pt performed in 1914, the has the distinction of having and more consecutive perfors than any other opera. That ecutive" is an important ication; no major opera

ication; no major opera hat mainly because it takes a two for a voice to recover nging Siegfried or Otello. Immortal Hour, though, e a fad in London in the running at Regent's Theot, I assume, normally an ouse) for 216 consecutive pages beginning in 1922. nances beginning in 1922, ed by 160 more in a revival

ges facts come from press
gials provided by Berkeley
g; I personally had never
of the piece or its composer,
ger the same is true of 99
nt of those in Saturday's



Conductor Ernest Knell

Michael Hurd, in notes accompanying the first full recording of the work a few years ago, says that during its long runs in the '20s, "People went again and again, spellbound by the music, the story, and (the performance of the soprano)."

Berkeley Opera decided to go to extraordinary lengths to present the piece, as general director Richard Goodman explained earlier last week. They expanded their usual forces (though that still meant only 17 strings for a Wagnerian score).

The usual chorus was augmented by the Sacred & Profane Chamber Chorus plus members of other local choruses. Goodman was particularly impressed by the

or.
"Maybe, more importantly, I'm interested in what happens when you get people together and you learn somebody's music," he says.
"Each one of these composers has See IMMORTAL on page 21 uperb performances

Ben Goldberg showcases jazz composers

■ The clarinetist is using his NEA performance grant to focus attention on jazz composers.

By Charles Levin

Clarinetist-composer Ben Goldberg would like more atten-tion paid to jazz composers.

Jazz

"At an orchestra concert, people are more aware of who the composer is," says the 33-year-old Oakland resident. "(Yet), when you go to hear jazz, the music isn't always being presented in (those) terms."

So when Goldberg received a 1993 National Endowment for the Arts grant for music performance (his second NEA grant in as many years), he decided to present five concerts showcasing the works of six jazz composer-performers: clarinetist John Carter, cornetist Bobby Bradford, soprano saxophonist Steve Lacy, pianists Herie Nichols and Andrew Hill, and bassist Charles Mingus.

bie Nichols and Andrew Hill, and bassist Charles Mingus.

The performances, to be presented as a series, begin Monday at Keystone Korner/Yoshi's in Oakland with an evening of works penned by the late Carter and his long-time partner Bradford. The concert begins at 8 p.m.; admission is \$8.

Is Goldberg interested in cele brating compositional skill? Sort

For the concerts, Goldberg has enlisted drummer Kenny Wollesen



This Monday Ben Goldberg leads a tribute to John Carter and Bobby Bradford.

and bassist Bill Douglass.

Bradford, who will join them at Yoshi's, was the original cornetist in avant garde saxophonist Ornette Coleman's group only to be replaced by Don Cherry when the Army came calling. However, Bradford is best known for his 40-year partnership with Carter.

The output of their work can be heard in the four-volume series Roots and Folklore: Episodes in the Development of American Folk Music, in which an octet performs Carter's compositions reflecting on the African-American musical experience.

"Bobby Bradford is my

"Bobby Bradford is my favorite trumpet player," says Goldberg who met him at a tribute to Carter at Yoshi's in 1991. "I used to hear him and John Carter

play every time they were in town. I heard them in duo at the North Sea Jazz Festival (Netherlands), and they were just captivating. When I got this grant, the first thing I did was call him up and invite him to play."

Goldberg's own road to jazz started in Denver, where he began playing clarinet in the fourth grade. While performing in his high school's stage and concert band, he fed himself regular doses of Charlie Parker, Sonny Stitt, Rahsaan Roland Kirk, Art Pepper and the Beatles.

After high school, he came to

After high school, he came to the Bay Area and stopped playing for awhile; however, three years later he caught the bug again and began playing soprano sax. A decision to pursue a music educa-

tion took him to UC-Santa Cruz in 1980, while he pursued clarinet studies with retired classical giant Rosario Mazzeo in Carmel.

Rosario Mazzeo in Carnel.

Since returning to the Bay Area, Goldberg has kept busy in both the jazz and klezmer music scenes. While balancing these interests between groups like Papa's Midnight Hop, the five-clarinet Clarinet Thing, the Klezmorim, and Hotzeplotz, he's combined the two genres in his own New Klezmer Trio (also with drummer Wollesen).

Between tours of Europe, they've recorded the CD The Relative Value of Things for 33-1/4 Records.

Meanwhile, Goldberg says all the featured composers share the See GOLDBERG on page 16

Masquers' 'Amadeus'

fearless Masquers of Point ond, who more often to take a chance on off-l plays than stick with the d popular, win big with a d production of the word ar Amadeus, on stage at

Stage

unusical out a play with withmusic, Amadeus opened ion in 1979 and, as a lush, led movie produced by ey entrepreneur Saul in 1985 swept the Acade-ards, winning Oscars for ture, best screenplay by

playwright Peter Shaffer and best actor for F. Murray Abraham as Antonio Salieri, Who had risen to the height of music-world fame as composer to the court of the Austrian Emperor Joseph, in 1823 is a dying old man dogged by a senile aberration: he poisoned Wolfgang Amadeus Mozart, he insists.

Shaffer's fictional account of what might have happened is told in Salieri's flashbacks from 1781 to Mozart's death 10 years later.

With high expectations of his first encounter with the renowned child prodigy, Salieri is shocked to find Mozart under a piano at the castle, talking dirty and pinching Constanze Weber's bottom.

As a poor Italian youth, Salieri made a pact with God: he would See AMADEUS on page 21

Pacific Mozart Ensemble: A religious experience

By Rocky Leplin

Tackling a timespan of 800 years, the Pacific Mozart Ensemble came as close as could be to offering a musically mystical experience on the evening of Jan. 7, at Berkeley's St. Mark's Church

In the words of its director Dick Grant, it was a concert "about love of two kinds," the spiritual and the personal. The personal was supplied by Brahms'

The chorus brought out famous Liebeslieder Waltzes (Op. 52), and the spiritual by devotional music of composers from the Medieval and Middle Ages, and the 20th century.

Chorus

Throughout most of the reli-Infougnout most of the ren-gious portion of the performance, the church was steeped in dark-ness, the only light coming from Grant's conducting stand and pen-cil flashlights the singers used to

Song followed song with the only pauses between them for

carefully rehearsed movements of choral groupings, including one that surrounded the audience. The rest were sung on the stage or at the back of the nave or both.

All of the religious music was lovely. The interpretations of these songs focused on a seamless flow of sound that emphasized their devotional character and made works separated by centuries sound strikingly but comfortingly familiar.

This was accounted for by the choice of two 20th century composers—Poulenc and Duruflé—who wrote in the elegant, refined idiom characteristic of French

music. (A work like Persichetti's Stabat Mater would have produced a different effect entirely.)

duced a different effect entirely.)

Especially circumscribed to elevate piety was the opening piece, O Ierusalem, aurea civitas by Hildegard of Bingen (1098-1179), the abbess of a Benedictine monastery and "the most celebrated (female) ... visionary of her age." While the men, in darkness on stage, hummed one note, a soprano soloed in the back of the church.

She was joined by a female

She was joined by a female chorus that, under the direction of Donna Warrington, sang with See PACIFIC on page 21

least Bay Events This Week

er openinas

eteen Rabbit' in Alameda

Alameda Children's Musical Theatre Alameda Children's Musical Theatre is 1993 season tomorrow with a musical attion of The Velveteen Rabbit, Margery ms' classic tale about a simple toy that is real" (and saved from burning) by a boy's bitten East Bay kids are in the cast, including dans Almee Barnes, Alexis Davis, anie Keegan, Mari Lim, Julia Rabe and 8 mith and Oaklanders Shauna Fallihee, 18 musical runs Fridays at 7:30 p.m. and Satur-3 pm. through March 27 at the Little Theatre meda High School, at Central Avenue and Street in Alameda. Tickets are \$4 to \$7; call 65 for reservations. (See picture on page 16.)

edy about S.F. Japantown

Asian American Theatre Company seatinues this week with Warren Sumio Kubobater Street Blues, a look at life in San Franlapantown in 1972, at the start of the
daterican movement. The play focuses on
chetypal young Japanese Americans." Wintale 1988 Will Glickman Award, the play runs
hiday and Saturday at 8 p.m. at the Julia
Theater, 2640 College Ave., Berkeley. Tickets are \$8 to \$12;

ley Valentine at Via Veneto

Aliance Repertory Theater presents Willy Russell's Shirley is the story of a disillusioned housewife who follows her fandle Greek Isles and finally finds happiness in Liverpool. Nick of directs; Jacinta Martin stars. It plays upstairs at Via Veneto av., 5356 College Ave. (near Broadway), Oakland, Fridays and 18 p.m., through March 6. Cocktairs for dipper Tickets av. \$12 achides a drink); call 652-8540 for reservations.



'Crimes in Hot Countries' stars Deborah Fink, left, Amy Ukena and Samuel Gregory (see below).

U.S. premiere of Howard Barker's 'Crimes in Hot Countries'

Central Works, a Berkeley-based theater company, is presenting the U.S. premiere of Howard Barker's dark comedy Crimes in Hot Countries. Set in a British military outpost in the African desert after World War I, the play's character engage in dialogues "replete with earthy humor, nostalgia and sexual grotesquery as well as the raw poetry for which Barker's work are known." It opens Friday and runs Fridays and Saturdays at 8 p.m. and Sundays at 7 p.m. through March 27 at St. John's Presbyterian Church, 2727 College Ave., Berkeley. Tickets are \$8 to \$10; call 549-0753 for reservations.

More events

God Is Struggling, Theatre Is Dead' at LaVal's

This Monday at 7:30 p.m. Keverikos Produc-This Monday at 7:30 p.m. Keverikos Productions will present a staged reading of God Is Struggling, Theatre Is Dead, a new play by Howard Rabinowitz. Kevin Koster directs. A discussion with the playwright and director follows. The play is a two-act comedy about theater, baseball and Cartesian philosophy. LaVal's is a pizza restaurant at 1834 Euclid Ave., Berkeley, just north of the UC campus; the theater is a tiny one downstairs. You can bring pizza down to eat during the play. A \$5 donation is requested. Call 704-8358 for reservations.

Young poets, medieval music at the Coffee Mill

The Torsiello Gallery's Poetry Series continues at 7 p.m. tonight with readings by six "younger poets"—Kyle Byron, Mishell Erickson, Michael Koenig, Sarah Murphy, Elizabeth Newman and Michael White. The gallery is at the Coffee Mill, 3363 Grand Ave. at Elwood, Oakland. Admission is \$3; phone: 465-3236.

On Saturday at 8 p.m. at the Coffee Mill, Heliotrope presents "Winter Laments and Celebrations of Spring," a concert of mostly medieval music featuring lyric and instrumental dances. Joyce Todd (mezzo-soprano, percussion, harp) and Kim Swatsler (hurdygurdy, bagpipes, fiddle, recorder) perform works by Hildegard of Bingen, Joyce Todd and others. Admission is \$7 to \$10.

Exhibit of works by 11 women artists

Paintings and sculpture by 11 artists are featured in the exhibit "East Bay Women Artists: Youth to Maturity," currently at the Giorgi Gallery, 2911 Claremont Ave. (one-half block north of Ashby), Berkeley. The show includes both well-established artists to young rising stars. An example of the former is painter Gloria Brown, of the latter, 16-year-old Vassia Alaykov. The show closes March 28; phone: 849-4967.

■ Events This Week - continued



Anne Aronov and Freddie Long in 'Lola' (see below).

Dance series continues this weekend with performances by two groups

The Bay Area Dance Series presents the dance/theater piece Lola tonight and Friday at 8 p.m. (see above). Lola, by John LeFan, Freddie Long and Anne Aronov, is based on the story of Lola Huth, a dancer who at the height of her career died of an illegal abortion, just before the Roe v. Wade ruling. The piece celebrates Huth's era in dance history and is a tribute to those who have died from illegal abortions. The Axis Dance Troupe appears Saturday at 8 p.m. and Sunday at 3 p.m. and 7 p.m. The troupe integrates disabled people into its fully professional performances. This weekend's program consists of Tellings (1992), six personal stores of disabled and non-disabled women, performed to a vocal score by Susan Alexjander and Amy Neuberg, and Helix, in which a low-flying trapeze is used.

Tickets to either performance are \$5 to \$14, available through BASS/TM outlets (762-BASS) or at the door. All BADS performances are at the Laney College Theatre, 900 Fallon St. (at Ninth Street) in Oakland. Call 889-9500 for more information.

Garth Fagan Dance at UC-Berkeley

Cal Performances presents Garth Fagan Dance in the West Coast premiere of GriotiNew York, an evening-length work inspired by the experiences and impressions of its African-American creators, choreographer Garth Fagan; sculptor/designer Martin Puryear; and trumpeter Wynton Marsalis, who composed the score. The performances are tomorrow and Saturday at 8 p.m. at Zellerbach Hall on the UC campus. Tickets are \$13 to \$20; call 642-9988 to order them.

Philharmonia Baroque Orchestra

Nicholas McGegan conducts his Philharmonia Baroque Nicholas McGegan conducts his Philinarmonia Baroque Orchestra Saturday at 8 p.m. and Sunday at 3 p.m. in a program of English Baroque composers. Soprano Dana Hanchard, countertenors Brian Asawa and Damon Brown, baritone Leroy Kromm and the UC Chamber Chorus will join the orchestra. It's at the First Congregational Church, Dana and Durant in Berkeley. Tickets are \$19 to \$27. Call (415) 392-4400 for more information.

Another Chamber Music Sundae

Members of the **San Francisco Orchestra** play Spohr's Duo for Two Violins, Lee's *Hylidae for Bass, Violin and Piano* and Beethoven's Archduke Trio this Sunday at 3 p.m. at the Julia Morgan Theater, 2640 College Ave., Berkeley. Tickets are \$9 to \$12; call 84-JULIA. This is part of the Chamber Music Sundaes series.



Precious little passion in 'Passion Fish

the Louisiana bayous is surprisingly slack.

By Basil De Pinto

Director-screenwriter David Sayles had considerable success with two films based on real-life events: Matewan, the story of a coal miners strike, and Eight Men Out, a gripping account of the Black Sox baseball scandal of

Movies

Those pictures were marked by Those pictures were marked by a taut structure and a strong sense of character that made them alive and absorbing. Fiction proves a more elusive area for Sayles. Passion Fish, his latest film, is bland and only intermittently comes to life, and it suffers from an inordinate number of loose ends in the script.

script.

May-Alice (Mary McDonnell),
a successful if somewhat limited
TV actress, wakes up in a hospital. A car accident has left her a
paraplegic, bitter and apathetic,
unwilling to engage in even minimal rehabilitative activity.

she returns to her childhood home in the Louisiana Bayou country where she lives alone, drinking and addicted to television. Her only contact with people is a series of full-time nurses whom she insults and abuses until they coil.

they quit.
Enter Chantelle (Alfre Woodard), so badly in need of a job that she has to endure the treatment. Her perseverance leads to a renewal in May-Alice and a standoff between the two women that leads to friendship in the end.
That this is all rather predictable is no surprise in a Holly-

That this is all rather predictable is no surprise in a Hollywood buddy flick. That it follows closely on the heels of Scent of a Woman (same basic plot with female characters replacing male) may be an accident of timing. But that it should all be so wooden and unsympathetic has to be laid at the door of the filmmaker.

There are some affecting aspects to the script, especially when it focuses on Chantelle and her courageous effort to make a new life for herself as a recovering addict. But this only serves to

Goldberg -

Continued from page 15

distinction of existing on the

"This music is not even in the mainstream of jazz," he says. "Especially not the way it's been defined and redefined by the people who have been recording the so-called young lions. Excepting Mingus, that whole movement of players, critics and record company people don't seem to be concerned with this music."

Goldberg reveres all of them

Goldberg reveres all of them for being artists who share (shared in the case of Carter, Nichols and Mingus, who also passed away) a very personal approach to writing that doesn't follow the conventions of most jazz composing.

However, he believes that Mingus' compositions, whose works received more public exposure, were always works in progress.

"You get the feeling that the last version of any song he recorded might not have been the last word," says Goldberg. "(From a performer's standpoint) you can take that trajectory and do some-

performer's standpoint) you can take that trajectory and do something yourself."

With this in mind, Goldberg insists that imitation is not the raison d'etre for the concert series.

son d'etre for the concert series.

"Carter was a monster clarinetist," says Goldberg. "My idea is not to imitate John Carter or try to duplicate what he did. I don't know if I could. My goal in all these concerts is to get together some musicians to play the music of various composers—with due respect to their intentions—but in the spirit of music, we will do something personal."

Correction

In last week's issue, a review In last week's issue, a review by Rocky Leplin of a performance of Piano Etudes by Gyorgi Ligeti contained a typographical error.
Ligeti was quoted saying "I can't do anything."
The correct quotation was "I can't do anything halfway."
We regret the error.



Vondie Curtis-Hall and Affre Woodard in John Sayles' 'Passion Fish'

distract from the principal story.

distract from the principal story.

The paralyzed May-Alice is pathetic in her present plight, but nothing much from her past gives a clue as to what might have contributed to making her what she is.

An Uncle Reeves (Leo Burmester) turns up for one scene. A hard drinker like his niece, he holds out the promise that he may help to unravel her personal obscurity. But he disappears without a trace on the plot.

obscurity. But he disappears without a trace on the plot.

Chantelle too gets a fleeting visit from a menacing ex-lover and drug dealer (Tom Wright), but he also enters and exits with no bearing on the proceedings. There is a trace of romance between Chantelle and a local cowboy type, Sugar Le Doux (played with easy charm by Vondie Curtis-Hall), but it remains just another side issue.

All these sails flapping in the wind do nothing to drive forward the encounter between the two women at the heart of the story. But even when they are center screen there is not a lot of chemistry between the two Chaptelle's istry between the two. Chantelle's occasional flare-ups at May-Alice's rigid self-absorption are a welcome but infrequent relief from the lassitude of their interac-

tion.

Typical of the inexpressive quality of Sayles's direction: The action takes place in Louisiana in July, and many of the scenes are shot out of doors. But nobody seems to sweat in this picture; May-Alice tells us how sticky and humid it is. This would normally be an insult to the audience but in this case it's a life-preserver.

The performances are corre-

The performances are correspondingly slack and uninteresting. McDonnell has never been an actress of much range, as evidenced by her fussy mother in Grand Canyon or her weepy captive in Dances with Wolves.

To be fair to McDonnell, May-Alice is not written as a role with much development, but a more vivid player or a different kind of direction might have enlivened it.

Woodard thus becomes the lone dramatic anchor for the picture. She too suffers from the slack

direction, but she clearly is an

to go.

The title refers to a bayou legend that holding a certain fish in

San Francisco Boys Choir honors founder Madi Baco

The San Francisco Boys Choir will host a tea honoring the choir's founder, Madi Bacon, Sunday, Feb. 28, from 3 p.m. to 5 p.m. in the Grand Ballroom of the St. Francis Hotel, in San Francisco.

The event celebrates the 45th anniversary of the chorus and the 87th birthday of Bacon.

Participating will be members of the San Francisco Conservatory of Music, the Pacific Musical Society and the San Francisco Opera, as well as members of the boys chorus and alumni.

Opera, as well as members of the boys chorus and alumni.
Tickets are \$35. For reservations, call (415) 665-2330.
Founding and directing the boys chorus is just one part of Bacon's long career in music. She was dean of the music school at Roosevelt University in Chicago before moving to the Bay Area. Here she developed the music program of UC-Berkeley's Extension.

For many years, and she has taught both vo piano students at her hom Berkeley hills.



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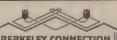
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onducted by an Individual ad with County Clerk of Con-January 14, 1993 nal, February 4, 11, 18, 25,

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NESS NAME STATEMENT son is doing business as Advan-2469 A San Pablo Ave.. Rich-

0. 93-458 is doing business as Di-gement Co, 174 Marina CA 94804 ean, 174 Marina Lakes

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FICTITIOUS BUSINESS NAME STATEMENT File No. 93.787 te following person is doing business as Alcong organge Service Co., 2669 App an Way, Phos 1,9458.

March 4, 1993
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File No 93-720
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And Son's DBA Four Aces Construction, 744 Marend Name Committee of the Committ

4564.
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farch 4, 1993

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The following person is doing business as Chúbby's #105, 195 El Cerrito Plaza, El Cerrito, CA 94530

ng Ku Pak, 434 E 17th St., Oakland, CA

94549 nette Mae Nunez-Cruz, 207 Babette Ct nt Hill, CA 94523 business is conducted by a General Parl

I, 1993

FIGTITIOUS BUSINESS NAME STATEMENT
File No 93-576
Pile No 93-576
Per following person is doing business as
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Willie M McGowen, 351 26th Street, Richond, Ca 94804
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7 Earl S. de Guzman, 283 Brighton St CA 94547 le R. Turner, 783 Brighton St., Hercules

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Pablio, CA9-496
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Jim Fye as Salieri in the Masquers' 'Amadeus'

Amadeus

Continued from page 15

remain a chaste and faithful servant if God would make him famous. Comparing the sublimity of Mozart's music with the his own mediocre work, Salieri grows own mediocre work, Salieri grows increasingly jealous of Mozart's genius, spreads false rumors about him, suborns his wife and undermines his career. Salieri becomes famous, but it is Amadeus who is "beloved of God."

The success of the Masquers' Amadeus turns mainly on outstanding performances by Jim Fye and Tim Hart in the two major roles.

roles.

The tall, slim Fye skillfully contrasts youth and age, changing from a stooped, creaky-voiced Salieri to an upright, prissy younger man right before audience eyes. On stage from beginning to final curtain, Fye plays the long and difficult role of the obsessed Salieri without missing a beat.

Hart, who says the role is one of two he feels he was "born to play," equals Fye as the 26-year-old, high-spirited but socially retarded Mozart. The diminutive Hart plays the silliness and particularly the laugh of Shaffer's Mozart, whom critics of the original production called a "braying ainny," with the underlying pain of the genius' personal failure.

J.P. Finch in How To Succeed in Business, which he also played to enthusiastic applause with the Masquer's, is Hart's other favorite role.

Sandra Gordon, making her Sandra Gordon, making her Masquers debut, plays Mozart's foolish wife, Constanze. And Michael Storm is the fop Emperor Joseph, who dismisses Mozart's music, saying "too many notes. There are only so many notes a person can hear in the course of an evening."

There are only so many notes a person can hear in the course of an evening."

Music from Mozart's Cosi Fan Tutre and Magic Flute, wondrously filling the Masquers Playhouse throughout Amadeus, are necessarily, and thankfully, from recordings of a full orchestra.

But making it all feel live are a pair of duets beautifully sung at intermission, in the flesh, by Helen Nace, who also plays A Lady, and Amadeus director Betty Baker Bindner. Bindner's onenight performance as the diva of easy virtue, Katharina Cavalieri, was an extra treat.

Carefully crafted period costumes designed by Julie Cravotto and Jo Lusk, smoother scene transitions than the Masquers sometimes achieve, the illusion of a full opera house created on the little theater stage, way-above-amateur acting and direction come together to make a thought-provoking, entertaining production.

The thought provoked is the nature of genius. The question posed is: Did Salieri poison Mozart? The movie, more than the play, hints the answer is Yes.

History, however, is 99 percent sure that Mozart died at 36, piti-

History, however, is 99 percent sure that Mozart died at 36, piti-fully and tragically to Mozart idolaters (count me in), either of kidney failure or, as a line in the play has it, "of syphilis, like everyone else."

Pacific -Continued from page 15

befitting purity.

The abbess, who once "saw tongues of flame descend ... upon her," took the simplicity of music intended for deep reflection and spiced it up with images of "glimmering," "shimmering," "topaz and sapphire," a "blaz(ing)" saint and the promise of Eternity "resplendent in the ... heat of the sun." (Hidegard lived in the precursor to Germany, frigid much of the year.)

The stage then lit for the male chorus, which sang Quatre Petites

The stage then lit for the male chorus, which sang Quatre Petites Prieres de St. Francois d'Assise, by Poulenc. These pithy prayers are set to lyrics of the most ardent praise; one addresses the word "salut" to God's mother six times. Insinuated between traditional tertial writing were some of the jaunty polytonal chords one would expect from a member of the famous "Les Six." Also interspersed were the most heart-rendingly gorgeous harmonies.

spersed were the most nean-renuingly gorgeous harmonies.
Following this, the female choir, intermittently accompanied by organ, sang Poulenc's more conservative Ave Maria, from the back of the church, to quintessential perfection.

back of the church, to quintessential perfection.

In darkness, the women walked to the stage for Maurice Duruflé's Tota Pulchra Es from Quatre Motets sur des Themes Grégoriens. The a cappella piece, sung in three-part harmony, filled the church's resonant acoustics with lush sonorities.

With a mixed choir onstage, and a female choir alternating rear

and a female choir alternating rear corners with a tenor soloist, the Ensemble then sang the *Miserere* of Gregorio Allegri. A setting of

Psalm 51, it has been performed by the Sistine Chapel Choir every Holy Week since it was written in

Holy Week since it was written in 1629.

The last Canticle from the Lamentations of Jeremiah, it is sung after the last candle is extinguished, in total darkness.

A work of serene introspection, it was performed without decoration of any kind. Its several high C's rose from the back so beautifully that I wouldn't be surprised if many people in attendance found the piece to have been a religious experience from both points of view.

The multiple spirits in which the Liebeslieder Waltzes were performed provided a total contrast from the devotional music. Still, it was easy to imagine what they may have been about without referring to the program.

Styles ranged from broad, sweeping themes comparing nature with one's lover to snappy remonstrances about the impertinence of public opinion ("Come, locksmith, and make me padlocks ... without number! I'll close their malicious mouths once and for all!").

The Ensemble lightly soared

all!").

The Ensemble lightly soared for "a little bird fly(ing) far and wide," caressed "waves when the moons shines down," and flew into a rage when bemoaning "love (as) a dark pit."

Freellent solos were sung by (as) a dark pit."

Excellent solos were sung by soprano Kate Berenson and tenor Tom Warrington. Grant expressed the many dynamic fluctuations not just with his body but with his

It was another world-class per-formance from a pearl among Northern California choirs.

Immortal-

achievements of Ernest Knell,

achievements of Ernest Knell, associate chorusmaster of the San Francisco Opera, who was brought in to conduct the piece.

The performances are at Berkeley's North Church, a former Congregational Church that is now home to several non-profit organizations, one of them the Berkeley Opera. There is no stage, but there are two choir lofts, more important for this oratoriolike work.

The former sanctuary has

tant for this oratoriolike work.

The former sanctuary has excellent acoustics. The performers take up slightly more than half the available space; the remaining space was well filled at the start of Saturday's performance. It was still well filled 2-1/2 hours later, and if we weren't spellbound, we were well on our way.

The piece is a sort of Celtic Ring cycle, and this surely is the key to its popularity 70 years ago, when England and the rest of the Europe was still recovering from its intoxication with Wagner's

its intoxication with Wagner's

Its intoxication with Wagner's Ring.

Wagner would never have stood for a drama so lacking in incident and melodrama, but the libretto is still mighty Wagnerian: it's as if you were to extract three non-action interludes from the Ring. Ring — especially, the Norns' scene in the prologue to Act I of Götterdämmerung — and had then stand alone as the entire

The pace is the same in both; The pace is the same in both; characters sing for 20 minutes at a time in barely intelligible pseudomythic language. If they're asked a question by another character, the response is likely to be "more I cannot say, for on my mind a strange forgetful cloud bewilders me."

It's hard not to make fun of *The Immortal Hour*— the libretto, for instance, is by "Fiona McLeod," who was born William Sharp (1855-1905).

(1855-1905).

Halfway through a successful writing career, Sharp (to quote Hurd again) "became aware of the need to express another, more intuitive, feminine side of his nature, and thereupon began to write as Fiona McLeod."

His writings as McLeod were in the style of a Celtic bard, more or less. The score is filled with lines like: "Laugh not, ye outcasts of the invisible world; for Lu and OEngus laugh not, nor the gods ages as the second of the provide balance." safe set above the perishable

The problem with making fun of this rubbish is that Wagner's plays are just as silly; yet audiences love them. Nobody really hears the words over the music; they just set up an otherworldly mood that is then realized through

That's what happens in the Ring, and it happens in The Immortal Hour too — just not as

Strictly speaking, Boughton has no musical style of his own. He borrows a number of other styles and uses them in sequence, not really synthesizing them. The biggest source by far is Wagner, and mainly the Ring.

Moments of poignance are accompanied by choirs of cellos at the top of their range, giving way to strings and swirling harp figures. Clarinets play melancholy solos. When the hero, Eochaidh, enters in Act I, the orchestra achieves a real Wagnerian ecstasy with thumping chords and loads of brass.

When Eochaidh talks of a foun-tain, we hear the music of the Rhine, busy strings with harps and

Rnine, busy strings with harps and glockenspiel.

The other primary influence is the pentatonic folk tune, lushly orchestrated. Boughton loved minor chords, and he loved to rock back and forth between a prinor tonic chord and a minor tonic chord minor tonic chord and a major

A third style appears in the

choral music. Almost all of the choruses, of which there were many, were a cappella (or nearly), and most were in the English 19th-century oratorio style that has lived on into this century in the hands of Protestant church choirs.

None of this has the slightest originality, but it's all records.

None of this has the slightest originality, but it's all very pleasant to listen to. The beauty is right on the surface. If you like the operatic voice, rich orchestration a la Wagner and the basic tools of diatonic harmony, what's not to like?

Boughton has no musical style of his own. He borrows styles without synthesizing them.

Berkeley Opera's performance provides nearly all you can ask. It might add something to stage the work, but there's very little action work, but there's very little action to stage. The orchestra was generally excellent. There were no gaffes in the many obbligate parts, though the horn section occasionally lost ensemble.

The orchestra was too small for

The orchestra was too small for real Wagnerism, but the tiny house made it a commanding presence nonetheless.

The choral singing was superbly done. Enunciation, ensemble, pitch — all were pretty near perfect. However, it was wasted on me; the style of the choral writing is one I find insincere and annoying.

Only at one place does Boughton drop this simpering style for something more Wagnerian, and the choral sound was suddenly glorious.

denly glorious

denly glorious.

Three of the four principals were really first-rate, and they did the spell-weaving. Virginia Pluth sang beautifully as Etain, with a limpid lyric soprano that was pure and true at every level.

Baritone Dennis Leach, the wonderful Figaro in the company's Barber of Seville last spring, was wonderfully eloquent as Etain's lover, the doomed Eochaidh. Tenor Richard Walker, as the Lohengrinlike Midit.

Eochaidh. Tenor Richard Walker, as the Lohengrinlike Midir, sounded like a slightly more heroic Jerry Hadley.

All three proved the point that if you don't need to fill a 3,000-seat opera house, the world has many more "great voices." There was really nothing more you could ask from these three.

The fourth principal was general director Richard Goodman, a good comprimario bass-baritone

al director Richard Goodman, a good comprimario bass-baritone who has delighted in many past performances. One suspects that Goodman devotes such untiring effort and skill to the company because he likes to take the stage.

Alas, he has built the company to the point where its vocal standards are higher than he can meet. His voice is healthy and even, but The Immortal Hour begins with a 20-minute monologue by Goodman as Dalua, and with no stage action, more voice was needed.

The other soloists were good

The other soloists were good by amateur standards; Ed Levine was very good as the Old Bard, turning a sad ballad into a touch-ing interlude.

ing interlude.

It's hard to give enough praise to conductor Ernest Knell. His chorusmastery was evident, and in general he brought out the magic in Boughton's masterpiece.

Tickets are \$8 to \$15, available at the door or by calling 524-5256. The second performance is Saturday at 8 p.m. at Berkeley's North Church, 2138 Cedar St. (at Walnut).

dnut). The pews are punishing; bring

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REAL ESTATE

Government leases help office sector in East Bay market

Local picture much healthier than U.S. average

By Steve Miller

The East Bay office vacancy rate remained lower than the national average last year, despite the sluggish local economy.

Government agencies at the federal, state and local levels have helped brighten the picture for Oakland, having leased hundreds of thousands of square feet of office space. Several large firms have relocated to Oakland and signed long-term leases.

The one soft spot in the area appears to be Berkeley, which fell from a 6 percent vacancy rate in 1991 to an 18 percent rate last year. With a lack of large office complexes, some firms have opted to relocate to other areas that offer larger accommodations. For example, TRW Financial Services will relocate soon from Berkeley to Oakland and lease 67,000 square feet of office space.

Emeryville has shown a recent trend toward reducing its vacancy rate, thanks partly to the presence of software maker Sybase, and Chiron, a biotech firm. But Emer-yville also lost CH2M Hill in the

Hendrickson: 'We must work together'

It may be a little difficult to imagine a peaceful, progressive relationship between the Berkeley City Hall and an organization in the latter of the city's business establishment.

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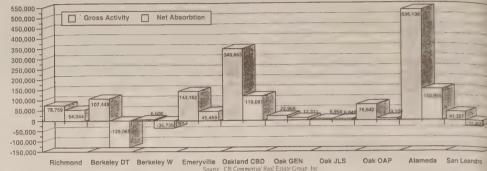
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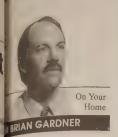
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joy whenever you're in your home.

1-story vs. 2-story structures

Depending on the type of house you own, the heat will escape from different areas. For example, a one-story home loses 70 percent of its heat through the roof, but only 16 percent through the walls and

floors.
With a two-story house, only about 27 percent of the heat escapes from the roof. Where the two-story house loses heat is in the larger amount of wall space and additional floors. In these areas, heat loss can reach levels of 40

percent.

As might be expected, heating one and two-story homes differs. You might be surprised to find that the two-story home is actually more energy-efficient. It's the single-level structure that requires 15 percent more heat to keep it as warm as the home with a second floor.

Because heat is lost from differ-ent areas in the two basic types of single family homes being built

today, those living in one-story homes will want to approach insu-lation differently than people liv-ing in the two-story models. Where to insulate

Single-level homes should have Single-level homes should have the attic spaces between roof and ceiling insulated, because this is where most of the heat loss takes place. In a two-story building, the walls are the main leakage area. Ideally, however, insulating the walls and the attic spaces will give maximum benefit to the home owner.

Rating and insulation

Important when insulating is gaining an understanding of the types of insulating materials that are available and how they are used. The National Bureau of Standards has set guidelines for all areas of the country, and the level of insulation suggested in each region depends on the insulation's "R" rating.

The R-rating or R-value represents the resistance to outward

resents the resistance to outward heat flow. It used to be that insula-

tion was only measured by its thickness, but as you will see, with the variety of materials used to-day, thickness is no longer a valid

Types of insulation

There are several types of insulation currently available. The technology is likely to continue to

technology is likely to continue to change as new materials are tested and found to be effective. It's a good idea for a home owner to keep abreast of these developments if possible.

Cellulose insulation is made from recycled paper products. It's normally blown into unfinished attics. The bags of cellulose should be clearly marked as having been treated for both rodent and fire resistance.

Mineral wool is a combination of fiberglass and rock wool.

Mineral wool is a combination of fiberglass and rock wool. Fiberglass is actually made from glass fibers. Rock wool isn't a new music group your teenager may be raving about — it's a material spun from molten slag rock. This popular insulation is made into a variety of forms including handblown and hand-pourable pieces, flexible "blankets" and stiff insu-

lation "boards."
Polysterene is a rigid, board-like material which is dually resistant to weather and moisture. It is, however, easy to dent and ignite and therefore should be covered by wellboard.

Urea-formaldehyde foam is rather expensive but excellent for insulating walls, which would be of special interest to people living in multiple story homes. This type does have high R-value and notable fire resistant properties.

Urethane foam gives off a toxic gas if it catches fire, so using it in walls is discouraged. On the plus side, because it it a foam, it tends to fill up the spaces where it's blown, which gives it one of the highest Paraluse highest R-values of any insulation,

Brian Gardner is marketing di-rector for Montclair Construction and Maintenance Co. His articles are syndicated by Copley News Service. Questions may be sent to him at Hills Newspapers, 5707 Redwood Rd., Oakland 94619.

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FILE VALUE Price reduced \$100,000! Buyer leaving country & must sell.	\$695,000 1.47
ges swimming pool, dance room, 4BR, 3BA. Helen Buty, 568-6499	

LERIS MOTIVATEDI 2yr. custom contemp. Pano view. 3BR, 3++BA + office.

Ischools, good play a load to the common of UNN DR., MONTCLAIR.....a pin. 3BR, 2½BA, very light. Ed Lindorfer, 531-8401

BALFOUR AVE., CROCKER.....\$305,000 lady awaits facelift! Super buy for 3BR, formal liv/din, yard. Near shops. CRANE WAY, MONTCLAIR HILLS.....\$289,000
DEN GATE VIEWI Large sunny garden yard. 3+BR, 3BA, Au Pair Potential.

MERRIEWOOD DR., MONTCLAIR......\$259,000 LISTINGI Sunny, private cottage with outdoor living! 2BR, 2BA, formal dining.

BY APPOINTMENT

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Martha Shin, 531-8643
Private yard Carol Cohen 531,4218
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restal touches, Judy Maher, 531-6121
This you save! - Extra large lot, with bay view. 3BR, 2BA, Montclair sois. Harriet Schoen, 531-2437\$255.000

MODEL - To your own specs. Major fixer in a neat neighborhood. 3BR, 2BA & xdyard. Jeff Hillgert, 893-7545 \$185,000

ı	Condominiums
NG E	UE CONDO PENTHOUSE! Spacious 2BR, 21/2BA with expansive decks,
8 8	to elegance near BART. D.C. Hodges 531-7667
ST	n. 122 sq. ft. Carol Cohen, 531-4218
OR OR	Mod floors. D.C. Hodges, 531-7667
	\$ POINT AREA - A minimalist's dreaml Great design, storage & space in the condo w/fireplace. Joan E. Hause, 339-6160 x239

OAKLAND LOTS

EPING S.F. BAY- view on cul-de-sac, Piedmont Pines area, close to BART Pagne Terr. Jeanette Roach, 547-1760......\$339,000

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3740 HARBOR VIEW. Redwood Heights. Fresh, clean & cute Inside and out Big eat-in kitchen, 2BD, large yard. Sandi Klemmer 654-4804	\$215,000
3275 ARIZONA, Mormon Temple. Adorable, Immaculate 2BD bungalow	\$214,500 32-0860
3760-39TH AVE., Laurel. New construction. V.A. financing. 2/2.5	.\$175,000+
2202 DAMUTH #3, Dimond. 2BD, 1BA. 6 units/1.5 years old. Fabulouskitchen, deck, fireplace, in-unit laundry. Dick Cohen 339-1117	\$167,500
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LOVELY TRADITIONAL SUNNY CORNER LOTI. Charming detailing	000
HOUSE PLUS SEPARATE IN-LAW UNITII 3BD bungalow with formal	000
4-PLEX. 2 attached units plus 2 separate cottages in rear\$167,0	000
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INCREDIBLE VIEW FROM EVERY ROOM!. 19th floor, 24-hour doorman,	\$187,000
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LOTS
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PIEDMONT BY APPOINTMENT

191 ESTATES DRIVE: MARION SCHWARTZ	\$1,850,000
Architectural jewell Beautiful details, 4/3.5, sitting room with	fountain.
PIEDMONT MANSION: ANGELA WEI GRUBB	\$1,745,000
Private & secluded English Country estate. 8,500 sq. ft. of living	ng space.
284 MOUNTAIN AVENUE: ANIAN PETITIT TUNNEY	\$1,695,000
Elegant English Normandy Estate. 1986 Decorator Showcas	se home.
460 MOUNTAIN AVENUE: ANIAN PETTIT TUNNEY	\$1,250,000
Restored family home on approximately 1/3 acre. 5 BR, gourme	tkitchen.
9 WYNGAARD AVENUE: SALLY MORRISON	\$1,175,000
Beautiful English Tudor. Exquisitely maintained, handsome	detailing.
144 WOODLAND WAY: SANDRA VOGL	\$919,000
Classic Colonial. Lg. eat-in country kit., 4 BR (master ste.), bor	nus room.
111 RICARDO AVENUE: ELIZABETH DICKSON	\$590,000
Adorable Colonial. 4/21/2 plus study & sun porch. Updated	kitchen.
114 ALTA AVENUE: DONALD GRUBB, JR.	\$225,000
Piedmont building, site, Sunny canyon vistas, Approved pla	ans avail.

OAKLAND BY APPOINTMENT

	20 CASTLE LANE: MARION SCHWARTZ Reduced! \$569,000 Dramatic Contemporary with incredible views, 3+BR, office/darkroom.
	huge, private master suite, solarium entry, soaring ceilings, decks.
1000	5575 FERNHOFF ROAD: DONALD WOOLHOUSE \$569,000
İ	Hillcrest Estates Ranch. Formal LR & DR, 3/2, eat-in kit. w/ fam. room.
	1601 MOUNTAIN BLVD: ELIZABETH DICKSON Reduced! \$498,500
	Charming Fernwood Carl Warnecke design. 3/2. Sep guest house.
	1693 WOODHAVEN WAY: ELIZABETH DICKSON \$439,000
	Storybook Cape Cod in garden setting. 3 /2 , master suite, deck & spa.
	850 NORTHVALE ROAD: ANGELA WEI GRUBB Reduced! \$355,000
	Crocker Highlands family home. 4/2, spacious landscaped yard.
	6281 GIRVIN DRIVE: SUSANNE PAUL \$349,000
	Piedmont Pines ranch. 3/2, hdwd floors, 2 fireplaces. In-law potential.
	6681 HEARTWOOD DRIVE: DONALD GRUBB, JR. \$319,500
	Attractive and comfortable, 3 BR (master suite), new kitchen, garden.
	400 MC AULEY STREET: ANGELA WEI GRUBB \$269,000
	Rockridge Craftsman. Beautiful woodwork and detail. 2+/1+, garage.
	5335 BROADWAY TERRACE: ELIZABETH DICKSON \$205,000
	New listing! Third floor unit. 2BR/2BA. Won't last at this price!

OAKLAND NEW CONSTRUCTION

32 NORTH HILL COURT: JOHN KARNAY	\$849,000
Spectacular view! 4,000 sq. ft. Traditional. Gr	acious entertainment rooms.
536 MOUNTAIN BLVD: JOHN KARNAY	\$449,000
Traditional style 3/2.5, family room, leve	el yard, partial Bay view.
626 CALDWELL ROAD: JOHN KARNAY	\$349,000
Sharp 3/2 home on a level lot. Best scho	ols, easy commute access.
6114 PINEWOOD ROAD: JOHN KARNAY	\$339,000
On quiet cul-de-sac, sunny 3/2.5 Traditio	nal. Family room, level yd.

OAKLAND LOTS

OARLAND LOIS
DENTON PLACE: JOHN KARNAY Starting at \$265,000 Hillcrest Estates homesites. Sweeping views, nearly level building pads.
5341 GOLDEN GATE AVENUE: ELIZABETH DICKSON \$183,000 Just listed! Prime Upper Rockridge property. Over 12,000 sq. ft.
Gentle downslope, upscale neighborhood. Owner may carry financing.
9062 BROADWAY TERRACE: CHERYL KNICKERBOCKER \$139,000 Panoramic SF Bay view. Gentle downslope. Soils report available.
1 CAPTAIN'S COVE: MARION SCHWARTZ \$115,000 Beautiful Hiller Highlands lot. SW view. Some plans available.
108 SHERIDAN ROAD: DARRAN ROSS \$98,500 Upper Rockridge. Gentle downslope with level building site.
112 SHERIDAN ROAD: DARRAN ROSS \$95,000 Gentle downslope. Sunny, open vistas. Approx. size 50 x 111.
7167 SKYLINE BLVD: JOHN KARNAY \$86,000 8,000 sq. ft. downslope. Canyon and partial Bay view. Soils & survey.
1981 TUNNEL ROAD: JOHN KARNAY 7,900 sq. ft. dwnslp. off a private road. Building permits. Seller may carry.
7018 NORFOLK ROAD: JOHN KARNAY Reduced! \$55,000 4,100 sq. ft. dwnslp. Current survey, topographic map & soils report.

BERKELEY BY APPOINTMENT

ı	2811 CLAREMONT BOULEVARD: NANCY ROTHMAN	\$1,095,000
ı	Elegant English Tudor. 7/5, grand living and dining rooms, exqu	isite detail.
ı	765 SAN LUIS ROAD: NANCY ROTHMAN	\$595,000
ı	Exquisite English country masterpiece with exceptional qualit	y & detail.
ı	708 GRIZZLY PEAK: JOHN KARNAY	\$310,000
1	Berkeley Hills view fixer. 3+/2, fireplaces. Level yard. Full t	pasement.

1960 Mountain Boulevard, Oakland

Realtors...

continued from page 22

branch will be offered to the City by Dennis Hendrickson, president of the Berkeley Association of

One has to close one's eyes and daydream a bit to envision the two groups sitting down together, breaking bread and striving to attain goals in a spirit of harmony. Bad blood between the two goes back three decades. (On May 6,1970, the office of the Berkeley Board of Realtors, as is was known then, was firebombed as a consequence of the board's position opposing rent control.

board's position opposing rent control.

Blame was never fixed on any one person or group, but damage was extensive, and it was nearly four months before staff members could reclaim their offices).

The past 10 years, the years of "The People's Republic of Berkeley," have seen a further widening of the gap.

But, the sociologist that dwells inside Hendrickson drives him to seek a better day for all the people of Berkeley.

seek a better day for all the people of Berkeley.

"We're all in the same boat," Hendrickson said recently. "We all live in this community, and if you want things to get better, you have to work at it."

Affordable housing issue

The issue of affordable housing, which gnaws at Berkeley and every other community in the Bay Area, is tailor-made for participation from real estate professionals, Hendrickson maintains. What sector of society, he asks, understands better the role of housing and its financing?

financing?

"We (Realtors) can bring a lot of experience to the table, when it comes to the issue of (housing) affordability," he said.

Hendrickson holds both a sociology/political science degree as well as a law degree. He readily acknowledges that his view of the real estate sector is a bit clinical.

"Ultimately, I view myself as a kind of scientist and Northern California as a laboratory."

This approach no doubt fosters his vision of a platonic relationship between the Realtors and City Hall. His belief seems to he "If it's beaten it likely and the seems to be "If it's beaten it likely and the seems to be "If it's beaten it likely and the seems to be "If it's beaten it likely and the seems to be a "If it's beaten it likely and the seems to be a seem be, "If it's broken, it likely can be

be, "If it's broken, it likely can be fixed."

It won't hurt Hendrickson's cause that Berkeley voters have put in place a council regarded as moderate compared to those of recent years. This, he says, "opens the door" to discussions on various issues. The present council's "neighborhood orientation" is likely to open their ears to suggestions from the B.A.R., he believes.

Rallying the troops

But Realtors themselves, Hendrickson says, must play a part in improving their image at City Hall. He says one of his biggest challenges this year will be "rallying the troops" — his colleagues — and getting them more involved in civic affairs.

Already in place is a program organized by the Independent Elders Network called "Christmas in April," the purpose of which is to renovate 30 or 40 homes each year in the Berkeley-Albany area that belong to low-income and disabled homeowners.

Over 1,000 volunteers are needed to perform various home improvement tasks, and many B.A.R. members enlist each year.

"I see this as the kind of thing But Realtors themselves, Hen-

that real estate people should be more involved in. I see it from the standpoint that it's a good thing to do.'' It builds the community, he said, it shows that Realtors are interested in more than just commissions, and is "an intrinsically rewarding activity."

A stake in community

Hendrickson's community interest, however, goes beyond helping people who already own homes; it includes searching for ways to make property ownership available to more people. Home ownership, he believes, stabilizes communities.

"If people feel they have a stake in a community — and that means homeownership — they will work harder to keep property up. But, if they just see everybody else owning property, they don't feel the same about where they live."

live."

There are, he said, "untested ways of making homeownership available" to more people. "I think we would be better off if we could figure out a way to help people afford to own their hous-

ing."

Thus, Hendrickson comes back to his primary goal for the year:
Forging a decent, working re-

lationship with City Hall, to the end that he and his colleagues can address housing issues — distribution of housing, cost, and homelessness — and know their voices will be heard.



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Dennis Hendrickson, 1993 president of the Berkeley Association

"Real estate people have to be just have to. We don't have a involved in local government. We choice."

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The hon-profit National Tennis League was for 1974 by Arthur Ashe in phia, and has grown single chapter to more chapters across the national tension of the profit of the The San Francisco cha worked for six years will Tennis/San Francisco to used rackets for the least summer tennis program. The Raise-A-Racket Coldwell Banker was able nate 129 rackets to the which, when added to the ing stock, will produce hanceded rackets for this approgram.

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NEIGHBORHOOD CONSCIOUS? Enjoy all the advantages of Bay Farm Is family living starts here in this 3 bedroom, 2 bath home, Hardwood floors, fi in-home office. Easy walk to schools, shopping, golf course, transportation Margaret Gadsby today, 748-5305

ONE NEAT PACKAGE from the brick and wood exterior to the spacious living room, formal din Master bedroom with bath and second bedroom with atrium. Den/office is easily convertible to thi 2-car garage, flagstone patio, landscaped rear yard. \$295,000. Ask for Bart Smith, 748-5314

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GREAT BEGINNINGS! That's what you'll find in this classic bungalow-style North Oakland home. Two+ be with fireplace, separate dining room, hardwood floors and a truly roomy eat-in kitchen. Plenty of storage in to car garage and fenced back yard. Priced to sell at \$179,000. Won't last! Call Stan Hammond now, 891-0 FOR THE DISCRIMINATING! Check out the features in this very special 2 bedroom, 2 bath confrom the beach. Track lighting, gas-burning fireplace, wet bar, built-ins, mirrored closet doors, this has pool and recreation room, \$149,500. Ask for Margaret Gadsby, 748-5305.

LARGER THAN MANY HOMES!! There's plenty of room for your cherished possessions in this 2 bedrooft, condo, Corner location with sun from 2 sides. Living room fireplace. Security building features pool, sa



STYLE YOU DIDN'T THINK YOU COULD FIND in a 1 bedroom condo. Remodeled from the tile en workstation to the tiled kitchen work/eating counter and built-in Jenn-Air. Berber carpets and ceiling fan and private patio. Courtyard entrance. Downtown location near the lake. Sparkling throughout. \$74,000.0854

GRAY? BEIGE? ROSE? BLUE? Finish the decorating by selecting your own carpets to go with the cheerful 1 bedroom condo near the Rose Garden. Third floor unit in newly redecorated building with pour Just \$75,000. Ask for Stan Hammond, 891-0854.

JOIN THE FUN ON CHRISTMAS TREE LANE. This 3 bedroom, 1 1/2 bath California bungalow will give you on Alameda's most decorated holiday street. Living room with fireplace and sunny formal dining room, both hardwood floors. Bonus family room, ample storage and a roomy lot. \$321,000. Call Andy Jordan, 748-531

LOOKING FOR SPACE AND INCOME? Try this triplex, perfect for owner-occupant. Traditional-st bedrooms, living room, dining room and laundry porch, hardwood floors, wood trim, plus a separate 1 tripleace, over a 3-car garage. Plenty of storage, parking, and yard. Pick your unit and rent the other tharmond for more details, 891-0854.

SO YOU WANT THE FINEST? It's waiting for you in this 4 bedroom, 2 1/2 bath masterpiece home. Vaulted ceiling in living room and master bedroom, formal dining area, random plank hardwood floors in entry, kitchen and dining area. One of the largest lots in Harbor Bay, with family-sized backyard 2 doors from the lagoon, park and bike path on a quiet cul-de-sac. \$439,000. George Gadsby, 748-5308.





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4 bedrooms, 3 baths, family room, gourmet kitchen master bedroom with fireplace and master bath. Panoramic San Francisco view from all rooms. Asking price from \$399,000.

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SHOWN BY APPOINTMENT

BREATHTAKING VIEWS. . \$479,000 **ELEGANT FRENCH PROVINCIAL** \$474,000

ance, you'll love this magnificent 3+ bdrm, 4.5 bath charmer. On a cul-de-sac of historic h m, large living room & dining room, master suite with fireplace, au-pair. All on a romantic c RI 531-1670.

NEW CONSTRUCTION.

Brand new Tudor, top of the line finish work. Gracious winding staircase, great family floorplan, 4 bdrm, fadining, 2 fireplaces. BAY VIEW. Call for a private showing or come to our open house. PATRICIA BENNE ATTENTION: BARGAIN HUNTERS. \$412,000

mont. 4 bdrm, 3 bath on quiet cul-de-sac. Landscaped level yard off far is of storage. Take advantage now. ELAINE JONES 547-5715 gournet kitchen; designer master bath, roads of sortings.

GREAT OWNER OCCUPIED INCOME UNITS.

views from 2 units EENE 635-9842 **NEW LISTING** \$295,000

ienda on 1/3 level park-like yard - 2+ bdrm, new kitchen, traditional floor plan. WHERE DID MY COMMUTE GO?\$279,000
Lose it completely at this quiet Upper Piedmont Avenue gem with original wood trim inside and beautiful leaded glass. Easy home office for the mobile business personl Call Now! ARTHUR MACOMBER 287-2658

COMPARE PRICES!!! \$269,9500 two story with huge master suite, family room measures over 400 sq. ft., firep von't last! PATRICIA BENNETT 482-9000

TRIPLEX EUPHORIA. droom lower unit with a 2/1 and 1/1 upstairs. Rent the art studio in rear for extra ils is the one! ARTHUR B. MACOMBER 287-2658

rate meters. Call fodday - this is une output of the comment of th

LOWEST PRICE IN MONTCLAIR re surrounds this delightful home. Snuggle up to the cozy fireplace or bird watch from one of s all appliances - a perfect first home! PATRICIA BENNETT 482-9000

AN ISLAND OF PRIVACY

\$189,000
Describes this charming fenced property with a beautiful 3 bdrm, 2 bath craftsman brown shingle home. Inside you'll find natural wood, waincoating, and a beautiful updated country kitchen. THOM BENNETT 531-0800

INCREDIBLE PANORAMIC VIEWI \$179,000

Fire lot in Upper Rockridge, Hillcrest Elementary. Level building pad. Soils and survey. ELAINE JONES 547-5715 Lake Merritt with bonafide 24 hr. security. Walk to BART, Snow Park, and the Lakeview Club. Take ion and still move upl ARTHUR MACOMBER 287-2658 RETIREMENT CENTRAL AWAITS!

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annon to head Berkeley ffice; Designations awarded

son-McDuffie Real Estate mounced recently that Tim on will be manager of the ley North office. He served istant manager of the firm's at 1539 Shattuck Avenue in two gript to his prometion.

e at 1539 Shattuck Avenue in sley prior to his promotion. We are proud to have such a ive and dynamic person as on our management team," Mason-McDuffie president

is a lifelong resident of

y and Berkeley.

ji Ikeda and Francesco
ia, both of Century 21 Teptealy Co. in Berkeley, earI.P. Specialist designations
completion of the firm's Caak continuing education

am.

program is designed to enthat sales agents and fran-Rebuilding Permits

property owners at the follow-burn area sites have applied for ministrative building bulk re-se, zoning permits and varian-The public may review and ment on these plans at the muunity Restoration De-opment Center, 5354 Clare-

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1im Cannon

chises maintain a professional level in the real estate industry. Century 21 president John Hat-ten said the training would enable the two to provide higher quality service to their clients.

mont Ave. Call 238-6000 for additional information.

Now under consideration are:

• 4951 Proctor Ave.: Minor conditional use permit to construct a single-family residence with a retaining wall 20 feet in length, 3 feet to 10 feet in height (6 feet allowed).

100 Alpine Ter.: Bulk review to construct a 3,241-square-foot single-family residence, and minor

Keep you castle secure from burglary By Stan Hammond

Your home may be your haven. But unless certain safety precau-tions are taken, it might also be a burglar's heaven.

Burglars look for certain things Burgiars look for certain things in a home. Whether it's an un-locked window or an unlit area that home owners often don't even think about. By becoming aware of your home's weak spots, however, the risk of being burglar-ized can be significantly reduced.

Begin with a mock break-in by "casing the joint" as a burglar would do. Deliberately lock yourself out (making sure someone is available inside to let you back in), and see if you are able to enter your home without keys. This will give you an idea of what points of entry need to be made more se-

conditional use permit to construct a wall along the driveway of 2 feet to 8 feet in height.

• 261 Sheridan Rd.: Minor var-

• 261 Sheridan Rd.: Minor variance to construct a single-family residence on an uphill lot with a height of 20 feet within 20 feet of the front property line (24 feet required).

Decisions on these requests will be made by CRDC staff after Feb. 25.

One factor to look for is the strength of the doors that lead into the home. The safest doors are made of metal or solid core wood at least one and three-quarters inches thick. Hollow-core doors are easily knocked in easily knocked in.

Home owners also need to be conscious of using locks effectively. Many burglaries take place with almost no effort on the part of the burglar because entry is made through an unlocked door or window. It's important to keep points of entry locked whenever

they are not being used. Multiple locks provide added safety.

Adequate lighting is another important deterrent to burglars. Exterior lighting should illuminate large areas, especially near doors or windows. Since dark areas provide hunglass with an opportunity. or windows. Since dark areas provide burglars with an opportunity to enter the home unobserved, in interior lighting should always give your home the appearance of being occupied.

Whenever you are going to away from home, whether it's for a night or a month, use a timer or indoor and outdoor lights, and

even on the radio and TV to make it appear that someone is home.

Other preventive measures against burglars include participating in a neighborhood watch program, or establishing one if none exists. Consider installing an alarm system, which may range from a battery-operated, self-contained alarm that is mounted on the door to a professionally installed system that provides 24-hour monitoring and response.

Stan Hammond is associated with Gadsby & Associates Real Estate.

When it's necessary to attach or hang something from a standard house wall, the best method is to drive a screw or nail directly into a framing member behind the wall

The basic Toggler is the screw The basic Toggler is the screw anchor which can work in both solid-wall and hollow-wall applications. It consists of a polypropylene anchor and a small plastic setting key. all you do is drill a hole in your wall and slide the anchor in place.

hole in your wall and slide the anchor in place.
For solid walls, the anchor is just wedged into the hole, like a normal plastic anchor. If the wall is hollow, you simply slide the key setting pin into the anchor and push. This action forces the wings on the anchor to pop out and bear against the inside surface of the

Once you remove the setting pin, all you do to attach something is drive a self-tapping machine screw through the object and into

The basic anchors come in difthe basic anchors come in dif-ferent sizes, depending on the thickness of the wall material. Each anchor will hold at least 40 pounds of weight and is designed to accept screws ranging in sizes

from No. 6 to No. 14.

The basic anchor is complemented with other models used for specific purposes: a picture hook, an anchor for mounting perforated hardboard with the correct spacing from the wall, and ones designated for mounting wire rack storage systems, adjustable metal shelf standards and all sorts of electric

If you have to support heavier loads — up to 150 pounds per anchor when installed in concrete block — the Toggler toggle bolt fills the bill in ways that a standard toggle bolt can't.

This version is installed in the wall independent of any bolt. Bewall independent of any bolt. Because the support wing on the basic inside of the wall is secured by
the fixture, instead of the bolt, the
bolt that holds the object can be
removed and replaced at any time
without the wing falling down inside the wall.

How to hang things on walls

traming member behind the wall surface.

But as we all know, this isn't always feasable. More often than not, you'll have to select a fastener that was specifically designed for gripping in the hollow spaces between studs and joists.

Plastic anchors, Molly screws and toggle bolts can all accomplish these tasks very well. When you add to these three fasteners the venerable lead anchor — for joining materials to masonry surfaces — you've covered just about all the fastening bases. You've also got a lot of different anchors.

The Toggler anchoring system can cut down on your hardware clutter, because these devices were designed with versatility in mind.

places, woodwork, stained glass. View from tower! Walk to U.C., Northside shops, 8.3 GRM. Bruce Amundson

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-66TH STREET - Wonderful Craftsman. Two-story traditional. 3 spacious bedrooms with skylights.
aled kitchen and 2 bathrooms. Level, small backyard. ADRIANA GIACOMELLI......\$232,000

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NUNEARNEY AVE	MONTCLAIR	ARD/2RA	\$330,000
4 LAIMBANKS	OAKLAND	3BD/11/8A	\$329 000
ES MAGELLAN.	MONTCI AIR	ARD/3RA	6200 000
TAN CLEAVE WAY	CRESTMONT	3BB/2BA	000 000¢
CHEIGHTON WAY	CRESTMONT	3BD/2BV	\$250,000
HENHAGE	SEQUOYAH HEIGHTS	3RD/2RA	\$224 000
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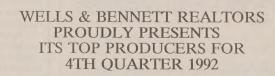
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■ Real estate mailbag

Fire sprinklers help save lives

Real Estate Editor:

In the Feb. 5 Real Estate Sec-

In the Feb. 5 Real Estate Section, the article "Reasons For Buying a Brand New House," By Dennis Hart, correctly points out that fire sprinklers are included or available in new houses. He mentions that they "can help keep insurance bills to a minimum.

But the most important reason for fire sprinklers is that they save lives, and prevent the house from burning down! Think of your family. While fire sprinklers can be added to existing houses, they are much easier and cheaper to install while the house is being built, before the gypsum wallboard is installed.

Sprinklers cost less than the

stalled.

Sprinklers cost less than the carpeting, and last longer. Only the sprinkler in the fire room willl operate, and only if the temperature at the ceiling remains at 165 degrees F.

The article also mentions tile toofs. A tile roof is good, but make sure the structure is strong enough to hold it, especially in an earthquake. Actually, any fire-rated roof will help with both the fire resistance and the insurance costs. Class A is the best rating.

In addition to clay tile and lightweight concrete tile, the Class A rating includes some composition roofs, and the fibreglass composition roofs that can last 40 years. Oakland now requires Class A for roofing and re-roofing within the Hill Area.

Another advantage to a new house is the Interconnected Smoke Detector. When one detector senses smoke, they all sound. This gives precious early warning, and is particularly important in a multi-story house or a large house. The new Uniform Building Code now requires this effective and economical protection on every level and in every sleeping area. These can be installed in existing houses, but the low voltage interconnecting wire requires as much effort as adding a telephone.

However, old traditional ways

However, old traditional ways of building homes are much better than some of the modern construc-tion methods available in terms of fire performance, earthquake-resistance and strength. Ligh-tweight prefabricated roof trusses, often installed at 24 inches on center, may lack nailed connec-tors, leading to early collapse in case of fire.

tors, teading to early collapse in case of fire.

"Composite" wood joists might be used in place of dimensional wood joists, and at wider spacing. Plywood is sometimes replaced with other materials including "Strandboard," made of wood fibers and chips resembling pressboard. Once the interior finishes are applied, these building methods are concealed.

Unless the house is fire sprinklered, the buyer may wish to check for these by looking in the attic, or at the structural plans.

Whether your house is new or old, concern for fire safety makes sense!

James E. Art

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James E. Art Fire Protection Engineer Oakland

First-time buyer's program in Oakland

Real Estate Editor:

I have heard that there is a program which helps fund downpayments for moderate income, first-time home buyers in Oakland. It this true, and, if so, where can one learn more about it (e.g. whether it is restricted to certain neighborhoods, types of housing and how they define "moderate income")? Lappreciate your help I appreciate your help.

Klaus Kirschbar

Contact Oakland's Office of Housing and Neighborhood De-velopment at 238-3502.

Who to see about a property dispute

Would you know to whom I could talk about a property dispute, line of ownership?

Mattie Bibb

Call Mr. Dan Robbin at the Berkeley Dispute Resolution Ser-vice. His office deals with issues of this sort every day.

Many homeowners rarely think twice about what goes over their heads, until raindrops start falling on their heads. But even if you

heads, until raindrops start falling on their heads. But even if you don't notice any immediate problems, it's wise to make a roof inspection a regular part of your home's exterior maintenance program, according to Popular Mechanics magazine.

Roof damage arises from a variety of causes. But many home owners plant the seeds of roof deterioration from inside the house by not installing adequate insulation, vapor barriers and ventilation in their ceilings or attics. This permits warm moist air to rise to the underside of the roof.

Condensing there, it can rot the rafters and eventually even the roof deck. It also damages the roofing itself. Roofing materials also perish from constant exposure to the elements.

For a thorough roof inspection, both in the spring and in the fall, the only tools you'll need are a flashlight, screwdriver, putty knife, binoculars and a ladder.

After a hard rain, go up to the attic to examine the underside of the roof deck. Poke with your knife and screwdriver to locate wet, darkened or deteriorating wood on the ceiling beams or raf-

Deal with roof maintenance

before it becomes a problem

ters. If you find any, trace the moisture path back to its origin.

This may be tough; the steeper the roof's pitch, the farther the moisture can travel from its entry point to where it is collected. Next, turn off the lights and look for pinholes or cracks of daylight in the roof surface. When you find the leak, measure its location in relation to a reference point, like a chimney or vent stack. This will help in locating it from the top of the roof.

the roof.

Aside from checking the shingles, you should also inspect the flashing and the rain gear. Flashing is the thin metal bands that form a watertight seal where the chimneys, vents, dormers, sky-lights and vertical walls meet or enter the roof. Rain gear, the roof's downspouts and gutters, channels water from the roof to the ground.

In doing so, it prevents water stains on siding, trim and masonry and reduces the chance of decay and ice damage to those parts. Rain gear also lessens the chances of water dripping from the side of the roof and eroding soil where it lands and from leaking into the basement.

lands and from leaking into the basement.

While standing on the ground, search the roof with your binoculars. Look for obvious trouble

spots, like missing, warped shingles. Ther loose flashing or rust flashing caused by cor Pay especially close flashing around chir stacks and in sort look

stacks and in roof for cracks in the roofing often used with the fithat has been applied Unclog gutters if necess Different types of roofing the control of the

ches from blown-away greated roofing felt.

Once you find the troub do you decide if it needs; patch-up or professional and If your exterior inspection up a few missing, loose to shingles, defective flashingles, defective flashin

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in times of low interest, how does one get bigger yield?

If you are a safety-conscious in-sor, you could be faced with a fous dilemma today. With ort-term interest rates at their rest levels in two decades, your milty investment income has abably declined framatically.

ng to Dr. Maury Harris,

In the late 1970s and early 1980s, investors in money markets and CDs were rewarded when interest rates roared to 17, 18 and even as high as 20 percent. But those days of high interest rates are long gone and are not likely to return any time soon.

In fact, many experts believe est rates, you do not need to tie up your money for 30 years in order to earn significantly more income. By slightly extending maturities on some of your fixed income investments, by as little as five years, you can earn as much as 50 to 70 percent more than you could earn from CDs and money market

As a safe investor, you may want to look at bond funds that are rated AAA or equivalent.

that the current economic recovery will be characterized by slower than normal growth, low inflation and a continued decline in interest way to invest, consider this scen-

and a continued decline in interest rates.

So how do you increase your income in today's low interest rate environment without taking on a higher level of risk than you are comfortable with?

One answer is to look at fixed income investments with longer maturities. And today, there is a unique opportunity available: Because there is such a wide spread between short and long-term inter-

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striking results: CD rates would have to rise nearly two-and-one-half times the current levels by the end of the fifth year to equal the five-year Treasury note returns.

There are a multitude of fixed income investments available — government bonds, corporate bonds, municipal securities — that vary in maturity length, yield and bonds, municipal securities — that vary in maturity length, yield and degree of safety. With so many choices, how do you choose one that's right for you? Today, investors can take advantage of professionally managed fixed income funds that diversify investments across a number of securities to help reduce risk.

As a safety conscious investor.

curities to help reduce risk.

As a safety conscious investor, you will probably want to consider one that invests only in quality bonds that are rated AAA or equivalent by an independent rating agency. You may also want to invest in a fund that provides a steady stream of monthly income, especially if you are retired and living on a fixed income.

You should also find out the fund's investment objectives to see if they match your own objectives. All this information may be found in a prospectus, which you

3bd/1ba

2+bd/1+ba

5bd 1stOpen!

3br Exc.Value!

\$269,000

\$265,000

\$264 000

\$260,000

should always read carefully before investing.

Of course, no one is suggesting
that you move all of your money
into longer term investments in
order to increase yield. You should always keep at least a por-

investments so that you can meet any short term financing needs.

Greg Anderson is an investment executive with PaineWebber Walnut Creek.

Liven up the appearance of weary kitchen cabinets

Like a perishable food left out olong, your cabinets can grow better to remodel and create a better design entirely. too long, your cabinets can grow stale, or your taste for them may simply change. But replacing a kitchen full of cabinets can be an

975 Santa Barbara

If the kitchen has inadequate storage, inefficient appliance arrangement or if the cabinets are hung in awkward spots, then a refacing won't fix it. If small windows are partly to blame for a dark kitchen, remodeling may be the answer to let in more light. Metal cabinets cannot be refaced. If you decide refacing your cabinets is the best answer, the easiest route is to hire a company specializing in this kind of work.

Remodeling Ideas



1				
	AKLAND Open Sa			
ı	014 McKinley thur Weil, Art Realty 465	China Hill -4805	3bd/1ba	\$169,000
\$1,300 bar, ta	AKLAND Open Su	nday 2-4:30 nm		
1700 1782	30 Bacon en Buty, Better Homes	Skyline, Value!	4bd/3ba 1.47acre	\$695,000
nenitis	21 Ocean View Dr. on Kinkead, 655-7474; Ri		3bd/3bDramatic!	\$640,000
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BA	Il Davis, Wells & Bennet 75 Fernhoff Rd.	Hillcrest	3bd/2ba Ranch	\$569,000
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featua	artha Shin, Better Homes 50 Chelton Dr.	Montclair	3bd/3½ba Nu List	\$499,000
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om siz	Alford, Mason-McDuffie	339-8888		
712¢ C	Sto Moore Dr. Castle, Grubb & Ellis 3		4bd/3ba	\$418,000
opsati	47 Stoneridge Ct. argo Brady, Better Home	Ridgemont s 339-4000	4bd/3ba Vacant	\$412,000
\$37 COMP	57 Brentwood Rd. tooks Anderson, Pacific L	Oakmore Jnion 339-6460	3+bd/2+ba	\$410,000
275	by Faulk, Wells & Benne	Montclair ett 531-7000	Rumpus & AuPair	\$399,000
ous 3 auch m	10 Stoneridge Ct. ack Litzelselner 633-0468	Ridgemont OPEN 1-4:30	3bd/21/2ba	\$389,000
\$38 ablest	125 Bruns Ct. nian P. Tunney, The GRU	Traditional JBB Co. 339-0400	3bd/2ba 1st Open	\$379,000
\$38	370 Leona St. le Boscovic, Owner 655	Leona Heights -1171	3bd/2ba Decks!	\$375,000
ous4	Murray, Better Homes	Montolair	3bd/21/2ba Quality	\$355,000
\$318 erfect	Northvale Rd. Tgela Wei Grubb, The GF		4bd/2ba Reduced	\$355,000
\$31	45 Gunn Lindorfer, Better Homes		3bd/21/2ba Neat	\$349,900
orland	73 Harbord oward Rodkin, Pacific Uni	Upper Rockridge	6bd/2ba	\$349,000
rtaining \$3	Cornwall and Dolmage-Heath, Gr	Piedmont Pines	3bd/2baNu List!	\$349,000
flers in	352 Hilltop Cres. Chew, Mason-McDuffie	Destrides	3+bd/3ba Unique	\$335,000
eniis eniis	287 Saroni She English, Better Hom	A A A - I - I -	4bd/3ba	\$325,000
S8 07	Buckeye Ave.	Upper Rockridge	3bd/2+ba	\$321,000
e-lined	Heartwood Dr. Morrison, The GRUBI	Administration	3bd Garden	\$319,500
trees!			3bd/3ba	\$319,000
S. 52	Reiger, Realty Advocate Belmer St. Meld Wastl		5bd/4ba	\$319,000
rchited	meld Woolhouse, The Gi		3+bd/1+ba	\$318,000
g. ste	yn Stephens, Pacific Unio	on 339-6460 Corner Lot	2bd/2ba	\$315,000
ea-mil	83 cm-1	Montclair Cottage	2+bd/2b LargeYard	\$312,000
88 e 4 bil	Coslella, Mason-McDuffi Stantonville Ty Realty 530-5111	e 339-9290 Crestmont	3bd/21/2ba	\$309,000
			3bd Cul-de-sac	\$309,000
the	to Baltour		3bdSuper Buy!	\$305,000
085	8 Thornhill Dr.	339-8559		
			4bd/3ba	\$299,000
1	St And Better H	lomes 339-4000	4bd/3ba Ranch	\$299,000
19/10	Tile Linning Was	Sequoyan	2+bd/1ba Spanish	\$295,000
vithin	Med Schoen, Better Horr	Montclair Hills les 531-2437	3+bd/3ba View	\$289,000
erso*		Redwood Heights ion 339-6460	3bd/1+ba	\$285,000
AN	dyrone. Moone ha D	Lincoln Heights 339-9290	3+bd/21/2baViews!	\$285,000
3	Mattis Court	Redwood Heights	4bd/2ba	\$279,500

Your Weekend Guide to **Open Home Listings**

4121 Oak Hill Hd. Nakamura 848-2724; Denni:	s Long 667-1591 OP	EN 2-5	\$209,000
5687 Merriewood Dr. Helen Nicholas, Better Hom	Montclair	2bd/2ba New List	\$259,000
	Redwood	3bd/2ba View!	\$259,000
6950 Sayre Dr. Kirk Phillips, Pacific Union 3	Montelair	3bd/2ba	\$259,000
9621 Stearns Ave. Claudia Ellinghaus, Pacific		3bd/2+ba	\$259,000
5930 Balboa Dr. Chuck Corwin, Pacific Union	Montclair	2bd/1ba	\$249,000
4166 Montgomery Don Coelho, Pacific Union :	Piedmont Ave.	2bd/1ba	\$247,500
		2bd/21/2baTownhse	\$245,000
109 Mountain Valley Robyn Mohr, Pacific Union	Sequoyah Hts.	3bd/2ba	\$235,000
2324 Lakeshore #4 P. Cornford, Mason-McDuff	New List!	2bd/2ba Condo	\$225,000
135 Ironwood Robyn Mohr, Pacific Union	Sequovah Hts.	3bd/2+ba	\$216,500
3740 Harbor View Sandi Klemmer, Wells & Be	Redwood Heights	2bd LargeYard	\$215,000
3275 Arizona Jaya Bhimani, Wells & Ben	Mormon Temple	2bd Bungalow	\$214,500
326 Covington St. Marina, Re/Max 569-5555	Sheffield Village	2bd/1ba	\$209,500
6441 Valley View Patricia Bennett, Better Ho	Montclair mes 482-9000	1bd/1ba Cottage	\$203,500
206 Marlow Dr. Teri Carlisle, Pacific Union	Sheffield Village	2bd/1ba	\$203,000
1216 E. 34th St. Thom Bennett, Better Hom	Park Blvd.	3bd/2ba Shingle	\$189,000
3815 Wisconsin Dawn Ellis, Better Homes	Redwood	2+bd/1+baPotential	\$185,000
4361 Adelaide D. Scott, Mason-McDuffie 3	Oakland Hills	3bd/2ba	\$184,000
2247 E. 25th St. Dimond Winters Real Estat	Oakland	2 units 849-4210 OPEN 1-	\$182,500
561 62nd St. Stan Hammond, Gadsby &	Oakland	2+bd/ Hardwoods	\$179,000
3760 39th Ave. Susie Lipps, Wells & Benn	Laurel, New	2bd/21/2ba V.A.Fin.	\$175,000+
2202 Damuth #3 Dick Cohen, Wells & Benn	Dimond	2bd/1ba Deck	\$167,500
2487 Rawson V. Landes, Mason-McDuffi	Maxwell Park	2bd/1 Don'tMiss!	\$163,000
2801 Kingsland Judy Maher, Better Homes	Maxwell Park	2bd/1ba CornerLot	\$162,000
2164 Ransom Michael/Judy, Wells & Ben		Movein!	\$159,000
8024 Earl St. Marianne Jamison, Wells	Perfect Start	2bd/1ba Charm	\$159,000
7973 Fontaine St. Veronica Beverly, Re/Max	Oakland	2bd/1ba	\$155,000
3365 Suter St. Robert, Red Oak Realty 5	Affordable	2bd Charmer	\$134,500
5146 Congress Dimond Winters Real Esta	Maxwell Park	2+bd/1ba n Cook 452-6216	\$129,950
2005 Pleasant Valley#215 Annette Maddox, Wells &	5 Rockridge	1bd/1ba Pool	\$ 81,000
ALBANY Open Sund			
662 Key Route Blvd. Acorn Realty 886-3727, Da	Albany	3bd/11/2ba	\$295,000
1163 Santa Fe Joanna Gould, Pacific Unit			\$265,000
555 Pierce St.#1720 Sonja, Red Oak Realty 52	Top Floor Condo	2bd/2ba View!	\$149,000
Sorija, ribo Sak ribaky Sz	F-0007 EXI.121 OF E		
BERKELEY Open	Sunday		
2811 Claremont Bl. John Karnay, The GRUBE	Tudor 3 Co. 339-0400 OPE	7bd/5ba Grand! N 2-4:30	\$1,095,000
765 San Luis Rd. Darran Ross, The GRUBE	Exquisite 3 Co. 339-0400 OPE	Quality & Detail N 2-4:30	\$595,000
1 Roble Road Sandra Vogl, The GRUBE	Best Buy! 3 Co. 339-0400 OPE	Contemporary N 2-4:30	\$469,000
1221 Grizzly Peak Patrick, Red Oak Realty 5	New Listing 527-3387 Ext.110 OP	4bd/3ba BayView EN 1-4	\$445,000
38 Panoramic Way J&J Ratcliffe, Red Oak Re	Plus In-law	Penn View!	\$379,000



923 Euclid North Berk. 3bd/2ba +In-law Feri, Red Oak Realty 527-3387 Ext.116 OPEN 2-4

N	Marsha, Red Oak Realty 527	7-3387 Ext.107 OPEN	1 2-4	
	1421 Glendale B. Randall, Mason-McDuffie	Contemporary e 339-8888 OPEN 2-	3bd/2ba 4:30	\$325,000
	2709 College Ave. Nakamura 848-2724; Kathy	Traditional Greinke 633-8870	5bd Spacious! OPEN 2-4:30	\$299,000
	158 Panoramic Nakamura 848-2724; Ted 1	Penthouse Tagami 649-9006 OP	2bd + rental EN 1-5	\$255,000
	2212 Browning J.R.Long/Wendy Kashiwa,	Bungalow Grubb&Ellis 339-866	3bd/1ba 6 OPEN 2-4:30	\$239,000
	1238 Stannage Ave. Nakamura 848-2724; Sach	North Berk. iko 848-4859 OPEN	3bd/11/2baCondo 2:30-4:30	\$209,000
	2127 Acton Sandy, Better Homes 525-	Split Level 2727 OPEN 2-5	2bd/1ba Lg.Yard	\$204,000
	3217 Sacramento St. Nakamura 848-2724; Chris	Berkeley stopher 527-6824 OP	2bd EN 2-4	\$109,000
	EL CERRITO Open	Sunday		
	2027 Harper Nakamura 848-2724; Steve	Custom Built in Malaki 527-2839 C	4bd/2 PanoView! PEN 2-5	\$339,000
	2525 Alva Dale, Red Oak Realty 527-	Ranch Style 3387 Ext.107 OPEN	4bd/11/2baSpacious 2-4	\$285,000
	2025 Tapscott Sara, Red Oak Realty 527-	Mt.Tam View 3387 Ext.105 OPEN	2bd/2ba HugeLot 2-4	\$249,500
	1250 Norvell Nick, Better Homes 525-27	Large Lot 27 OPEN 2-5	2bd/1 Fireplace	\$239,000
				-
	KENSINGTON Ope	en Saturday and Su	nday	- 9

Mediterranean 3bd/1½ba Garden \$334,950

Sara, Red Oak Realty 527-	3387 Ext. 105 OPEN	2-4	1
1250 Norvell Nick, Better Homes 525-27	Large Lot 27 OPEN 2-5	2bd/1 Fireplace	\$239,000
KENSINGTON Ope	en Saturday and Si	unday	
329 Rugby - BeBe McRae, Mason-McDi	Contemporary uffie 845-0200 SUN		\$339,000
136 Ardmore Marcia Campbell, Grubb &	New Listing Ellis 943-5114, 743	3+bd/2ba Fixer -2333 SAT/SUN 2-4	\$295,000

Walde Campoen, Grabb a	Elia 340-3114, 740-1	2000 57175511 2-9	1
PIEDMONT Open Su	inday 2-4:30		Cartai
	Piedmont	5+bd/5ba · :	\$2,250,000
101 Huntleigh Rd. Judy Cain, The GRUBB Co	Contemporary . 339-0400	1/2 acre Private	\$1,290,000
340 LaSaile Ave. Jean Simmons, The GRUB	New Listing! B Co. 339-0400	5bd/3ba	\$1,200,000
144 Woodland Way Susan Veit, The GRUBB Co	Colonial b. 339-0400	4bd +BonusRoom	\$919,900
36 Crest Road Debi Fitzgerrell, Pacific Unio	Piedmont on 339-6460	4bd/3+ba	\$859,000
25 Valant Place Jeanette Roach, Better Hor	Approx. ½ acre nes 547-1760	All Level Home	\$795,000
136 Waldo Ave. Marcia Nebel, The GRUBB	Traditional Co. 339-0400	4bd/3ba AuPair	\$699,000
223 St. James Dr. Dick Wroldsen, Mason-McD	Move-in! Ouffie 428-0900	New Listing!	\$665,000
255 Scenic Ave. Mieko Winnaker, Better Ho	New Const. mes 284-9500, 530-8	3bd/3ba 3208	\$629,000
187 St. James Dr. Lisa Weil, Wells & Bennett	Executive Home 531-1653	5bd/3ba View!	\$599,000
5 Greenbank Ave. Joan Daniel, Pacific Union	Piedmont 339-6460	3bd/2ba	\$475,000
324 Olive Lyn Murray, Better Homes	Prarie Style 339-6666	3++bd Move In!	\$445,000
125 Ronada Ave. Dee Dee Bonham, Pacific	Piedmont Union 339-6460	3bd/2ba	\$395,000
316 Howard Holda Hirshberg, Wells & E	Family Home Bennett 531-6118	3+bd Form.Din.	\$385,000
1625 Lower Grand S. Yamamoto, Mason-McD	Affordable! uffie 339-9290	2+bd/21/2Fam.Hom	e \$365,000
1409 Grand Ave. Lisa Weil, Wells & Bennett	Remodeled 531-1653	3bd/2baCharmer	\$345,000
1135 Harvard Road Marion Schwartz, The GRU	Traditional JBB Co. 339-0400	2bd/1ba Charm!	\$329,600
960 Moraga Avs. Martha Holstlaw, Pacific Ur	Piedmont nion 339-6460	2bd/1ba	\$329,000
PICHMOND -			
RICHMOND Open S	Sunday 2-4 Charming	21-411-0-4-	200
415 Cariston	Charming	3bd/Lg.Garden	\$194,000

1546 Mariposa Richmond Annex 2bd Landscaped Joan, Red Oak Realty 527-3387 Ext.113

SAN LEANDRO
520 E. Merle Ct.
Charming Cottage
Morrie Feigenberg, Better Homes 547-6975

SAN LEANDRO
Open Sunday 2-4:30

\$189,000



The skiing in the Sierras is the best in years. If you're headed up to the mountains, and it's been a few years since you hit the slopes, let me offer two words of advice—be careful.

There is no question that skiing is safer now than it's ever been. Innovations in ski equipment, especially new bindings and boots, have reduced injuries dramatically, especially ankle and lower leg sprains and fractures, while adding a level of control to the sport that is unprecedented. They also allow people to go very fast.

Last winter, despite the new safety features of the equipment, speed and the influx of novice skiers to the sport resulted in half a million injuries in this country alone, many of them serious. And while the new boot and binding technology have saved many ankles and lower legs from injury, the twisting torque of high speed crashes has been transferred elsewhere.

Boots that are well locked into

where.

Boots that are well locked into bindings have turned uncontrolled skis into giant cranks that twist the next closest joint, which happens to be the knee. Forward and sideways falls have also increased the incidence of hand, arm, and shoul-

incidence of hand, arm, and shoulder injuries.

Of these, the most common injury is the knee sprain. This injury often occurs when novice skiers allow thair ski tips to part, twisting one knee at an outward angle while the other leg is locked in place. Since the knee is a joint that is only designed to bend in a forways twisting motion may severely stretch or tear the knee's sup-

Remove Barriers to Raise Profit, **Lower Taxes**

Opening your doors to people with disabilities could increase your business and lower your taxes. Each year you can deduct up to \$15,000 of the cost of improvements that you make to a building, parking lot, public transportation vehicle, or other facility to make it more accessible to handicapped and elderly people.

This rule applies to removing barriers that improve any part of a building, structure, road, walk, parking lot, piece of equipment, bus, railway car, or similar property. Publication 907, Information for Persons With Handicaps or Disabilities, describes the standards of the improvements that must be met in order to claim the deduction as an expense.

To renovate your parking lot, for

must be met in order to claim the deduction ast an expense.

To renovate your parking lot, for example, the standards state that you must set aside at least one parking space near the building marked for use by persons with handicaps. The space must be open on one side to allow room for people in wheelchairs or on braces or crutches to get in and out of a car onto a level surface, and must be located so that such people do not have to go behind parked cars. To install or replace a public telephone, you must place it so that the dial and the headset can be reached by people in wheelchairs and the coin slot must be less than 48 inches from the floor. In addition, the phone must be equipped for the hearing impaired and be so identified with instructions for use. Further renovation of an office would include making switches and controls for light, heat, ventilation, windows, fire alarms, and all similar controls that are needed or used often installed within the reach of people in wheelchairs. These switches and controls must also be no more than 48 inches from the floor.

Your costs can be deducted on your treasure for the tar year the

inches from the floor.

Your costs can be deducted on your income tax return for the tax year the expenses were paid or incurred. This deduction should be identified as a separate item, and should be supported with adequate records. Remember, you cannot deduct any costs that you had in completely renovating or building a new facility or public transportation vehicle, or in normally replacing depreciable property.

For more information, call the IRS at 1-800-829-3676 and order free Publication 907.

UPPORT American Heart Association

Skiing is safer than ever, but injuries can still be bad news

port ligaments. The opposite situa-tion, crossing the skis and falling, has a similar effect on the outside of the knee.

of the knee.

Surprisingly, the second most common skiing injury is the thumb sprain. This occurs when the skier falls on one hand while holding a ski pole. The pole plants and the pole strap hooks the thumb, transferring the weight of the fall to the thumb, ripping the ligaments away from the thumb joint. Bone fractures occur in one quarter of these

injuries, creating a potentially serious problem that frequently requires casting or even surgery.

Shoulder injuries occur when the skier falls on an outstretched arm, especially when the snow is icy or firmly packed. This forces the upper arm into the shoulder joint, spraining or even dislocating the joint.

Have I scared you yet? It's a potentially dangerous sport, folks, but with a bit of preparation, properly maintained equipment, and a

dash of caution, the risks are min-

The most important first step is maintaining your equipment, especially your bindings. Modern bindings are designed to release in response to side to side or up down stress, but they will only release if set properly — too loose and they will fall off on their own, too tight and they won't release at all.

The bindings need to be ad-justed with your boots only. Make

sure the boots fit snugly but not too tight; the proper fit gives you maximum control with minimal risk of ankle injury. Poles should be able to drop off during a fall. Saber-type hand guard grips instead of straps are safer, especially for novice skiers.

Finally, the most important adiustment you can make before hit-

justment you can make before hit-ting the slopes is the attitude ad-justment. Ski defensively and in control. Be aware of those around

by an out-of-control skies ly breaking her leg.









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